



# SVENSKA ARALSJÖSÄLLSKAPET

Swedish Aral Sea Society



## 3. Energy

Lars Rydén  
Professor Emeritus  
Uppsala University

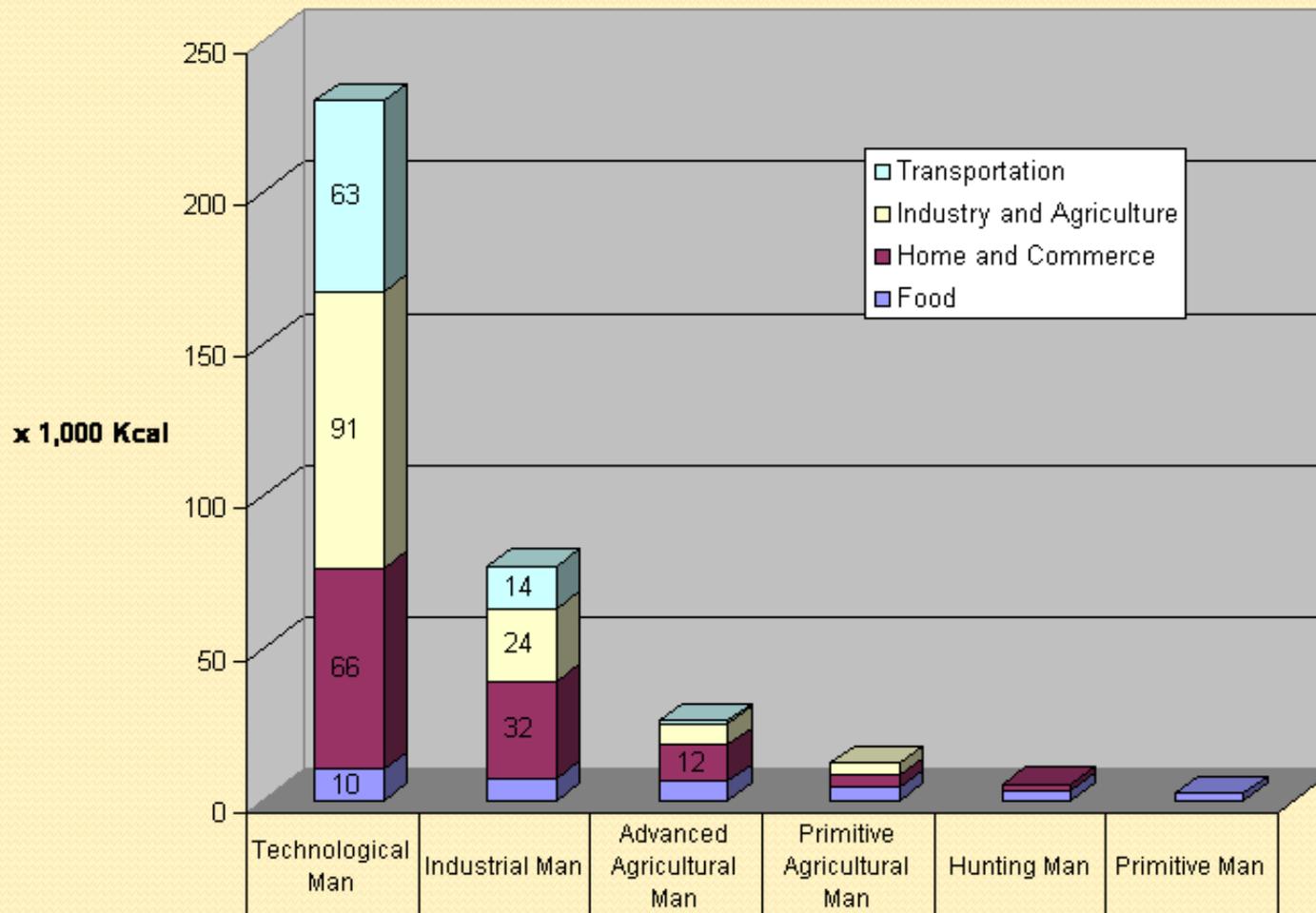
**Master Course on Sustainable Development and Sustainability Science  
For Uzbekistan by SASS and Karakalpak State University Spring 2023**

# Energy supply and use

# Energy use per capita in different societies

- Biological 2.4 kWh/day
- Gatherers, hunters 10 kWh/day
- Agriculture 25-50 kWh/day
- Industrial society 50-100 kWh/day
- Contemporary 250 kWh/day

## Daily Consumption of Energy Per Capita



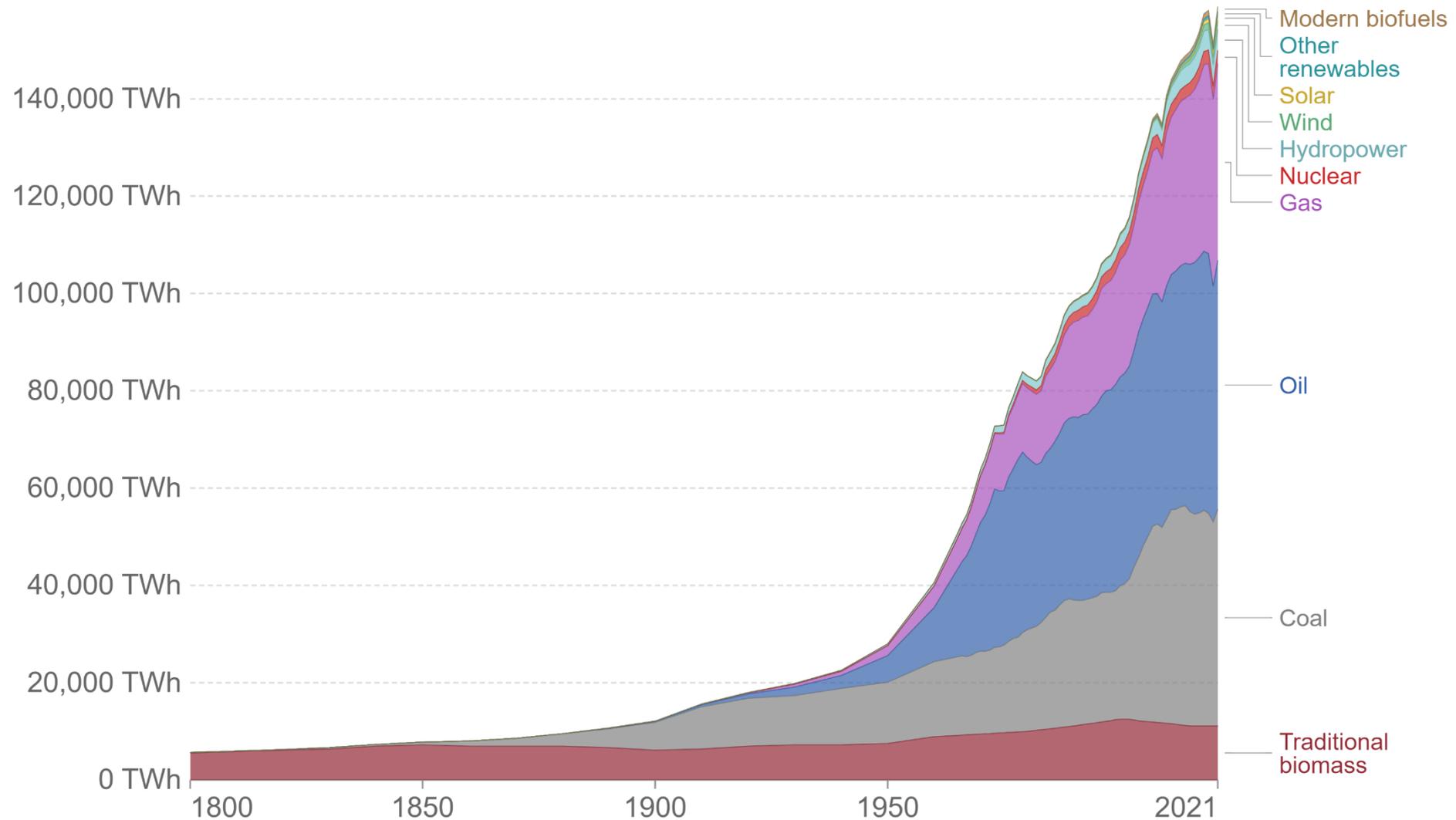
Transportation	63	14	1			
Industry and Agriculture	91	24	7	4		
Home and Commerce	66	32	12	4	2	
Food	10	7	6	4	3	2

# Two different kinds of energy

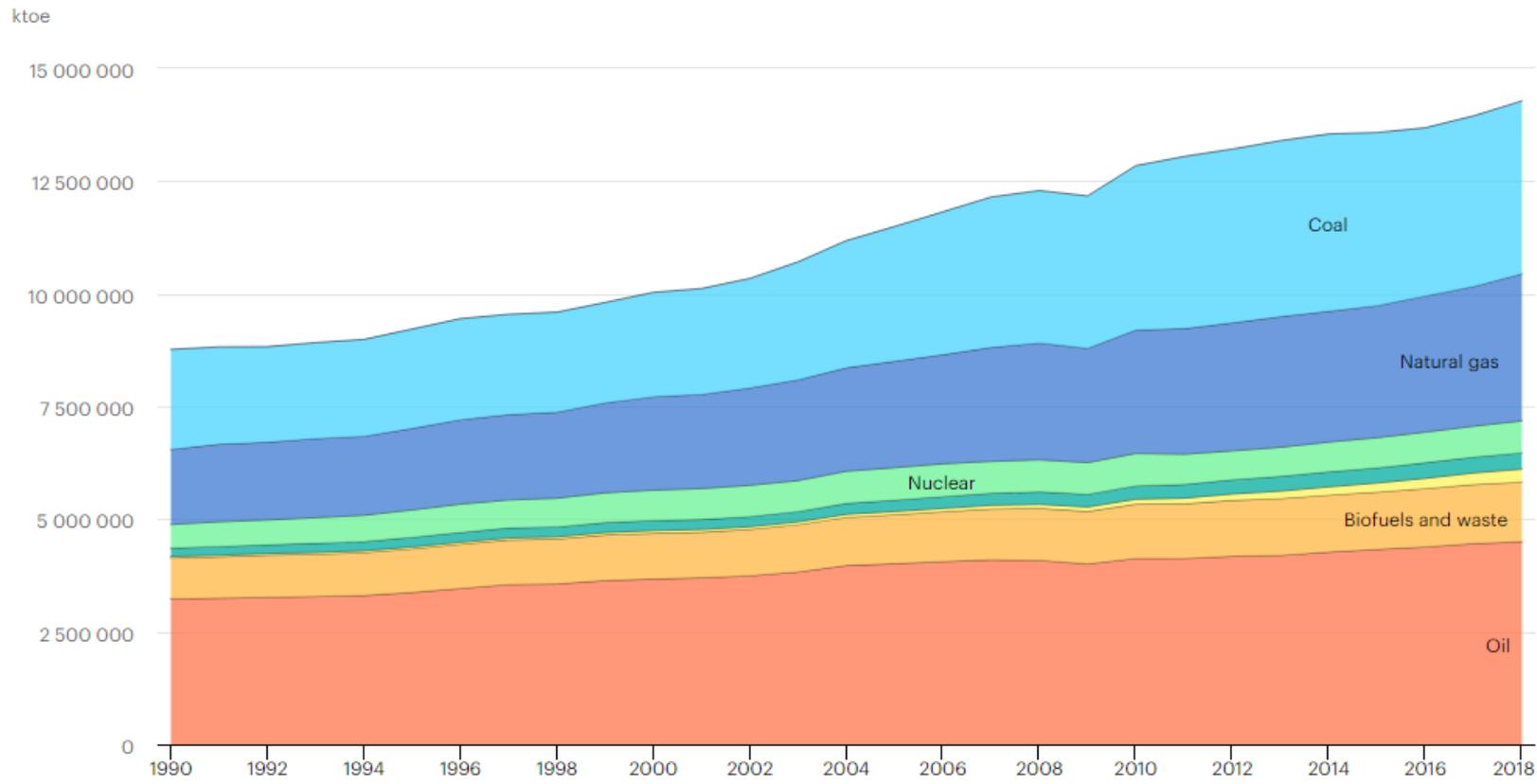
- **Non-renewable (fossil) energy resources**
  - Coal
  - Oil
  - Gas
- **Renewable – flowing - energy resources**
  - Biomass and other forms of bioenergy
  - Hydropower
  - Wind power
  - Sun

# Global direct primary energy consumption

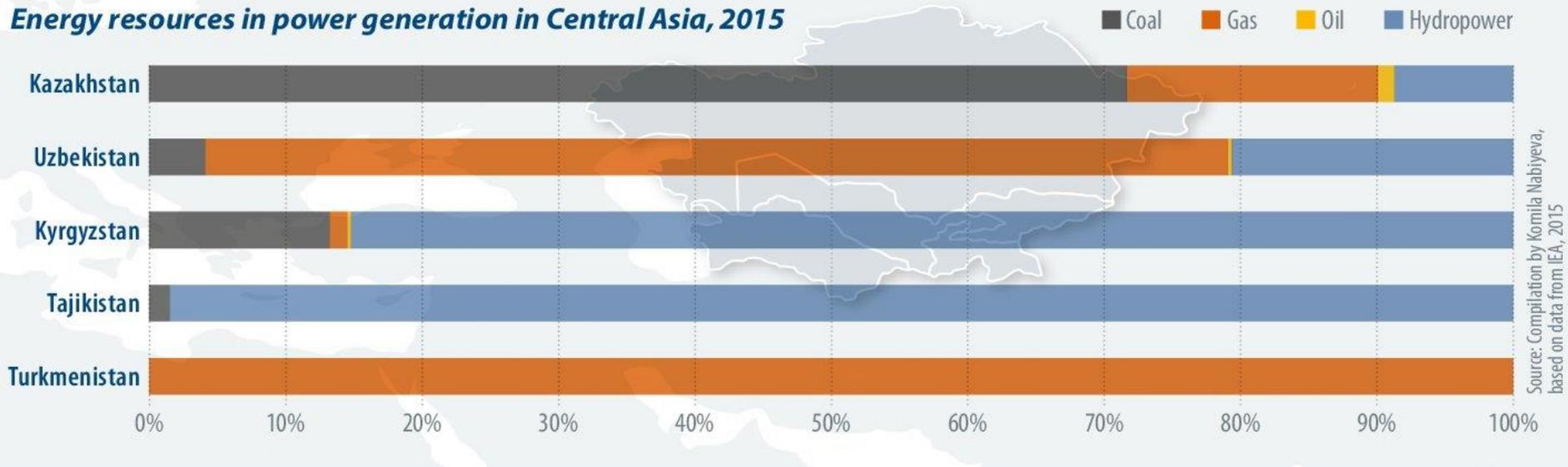
Direct primary energy consumption does not take account of inefficiencies in fossil fuel production.



# World Energy Outlook 2020 – Analysis – International Energy Agency, IEA



## Energy resources in power generation in Central Asia, 2015

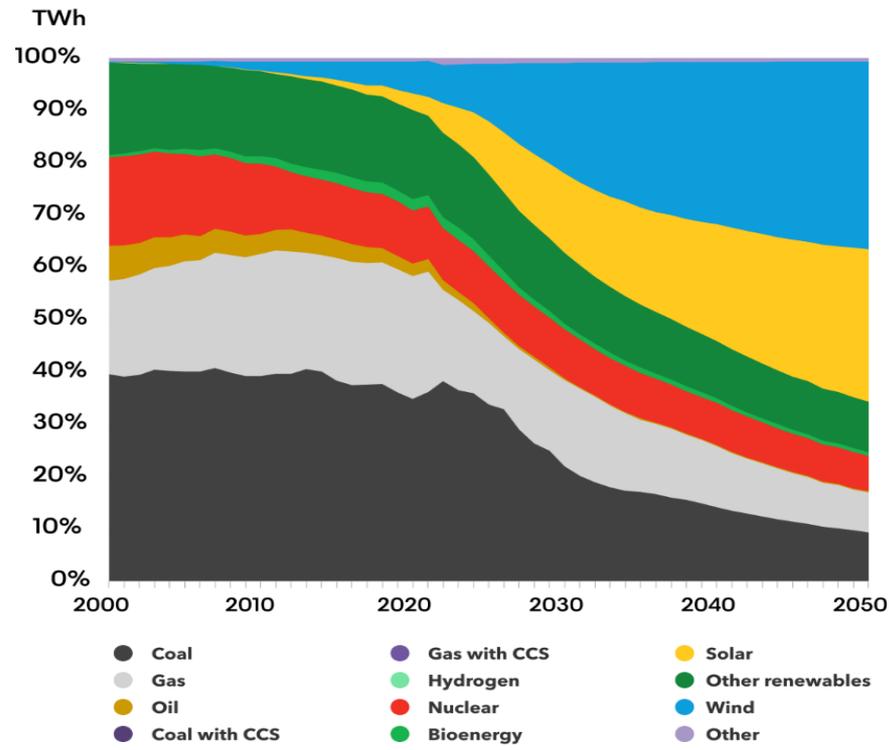


<https://energytransition.org/2018/06/central-asias-green-horizons/>

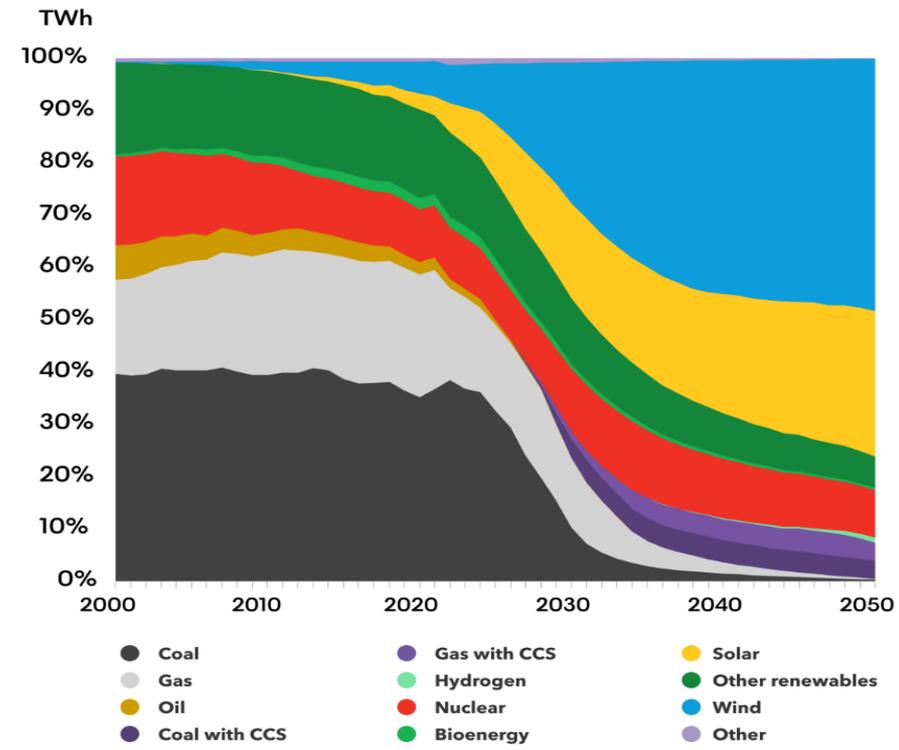
# Sun and wind power dominates investments today, and will dominate in the future

## Electricity generation by technology, by scenario

### Economic Transition Scenario

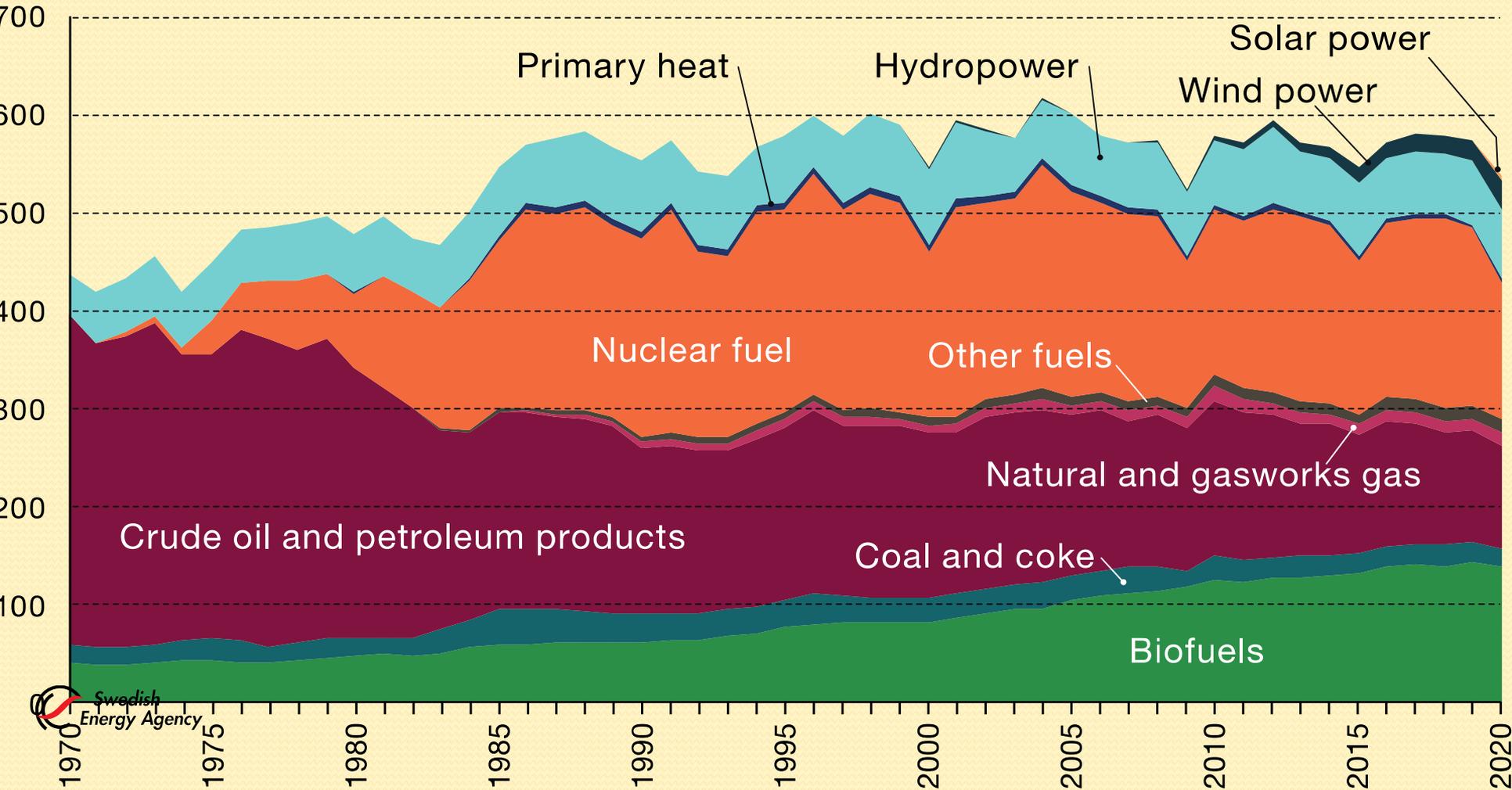


### Net Zero Scenario



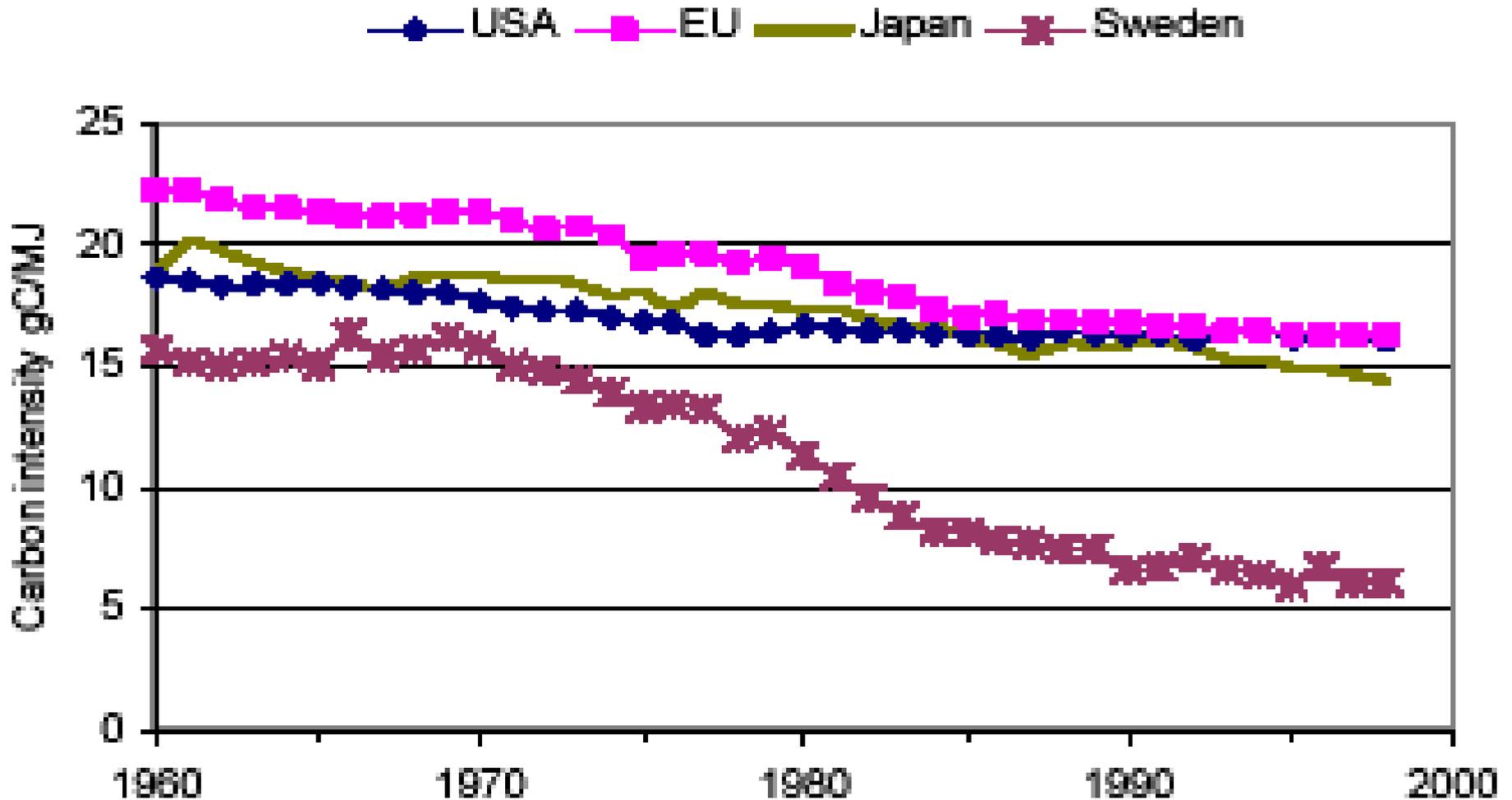
Source: The [2022 New Energy Outlook](#) (NEO) Bloomberg New Energy Finance

# Sweden - Total supplied energy 1970–2020, TWh

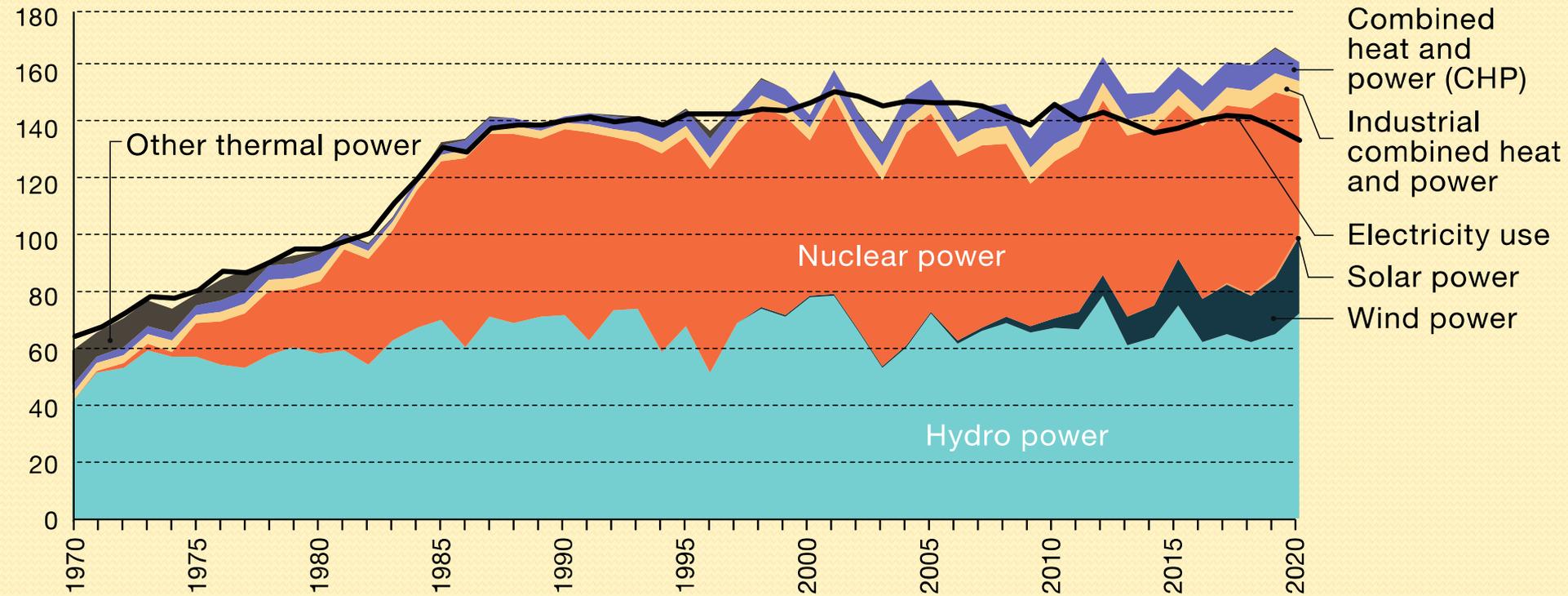


# Carbon content of energy

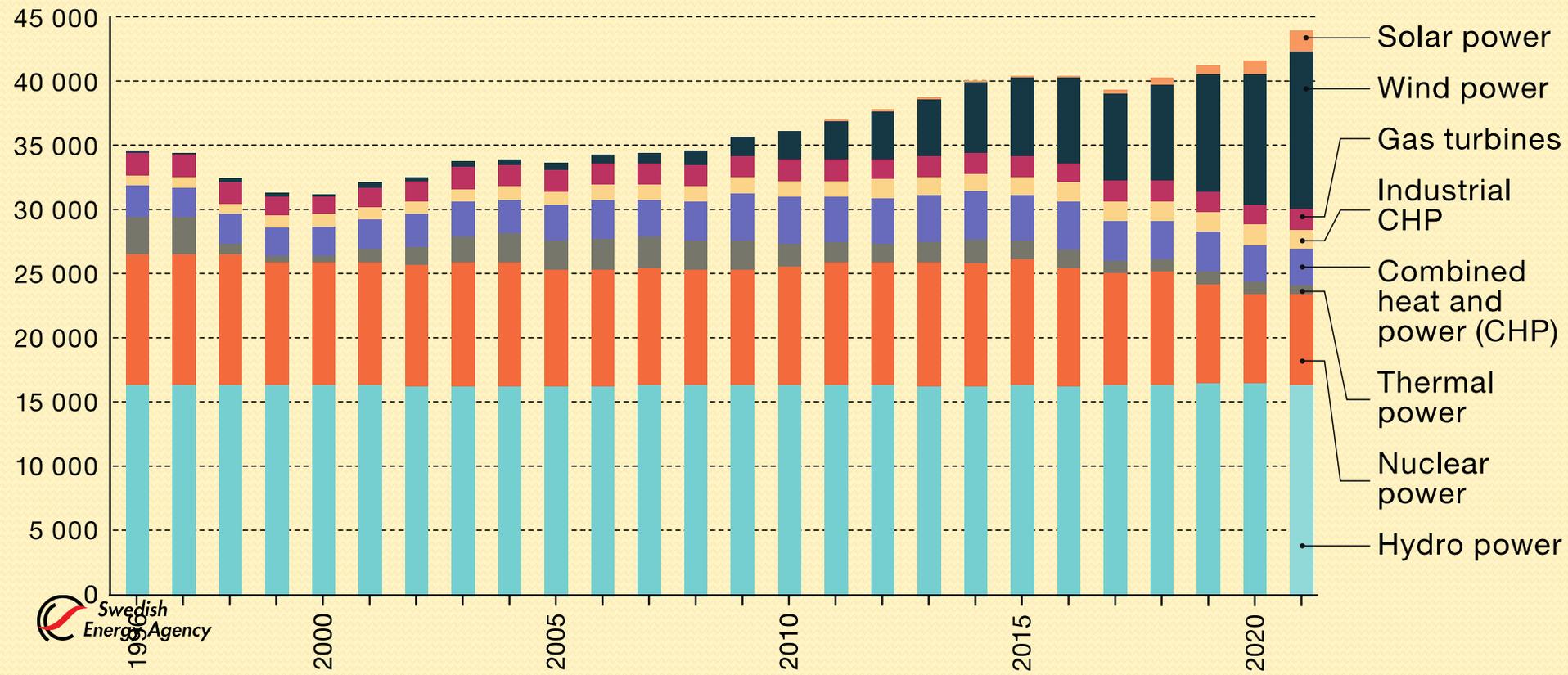
From *Decoupling*, Azar, Holmberg and Karlsson, Chalmers University of Technology, 2002 based on IEA statistics



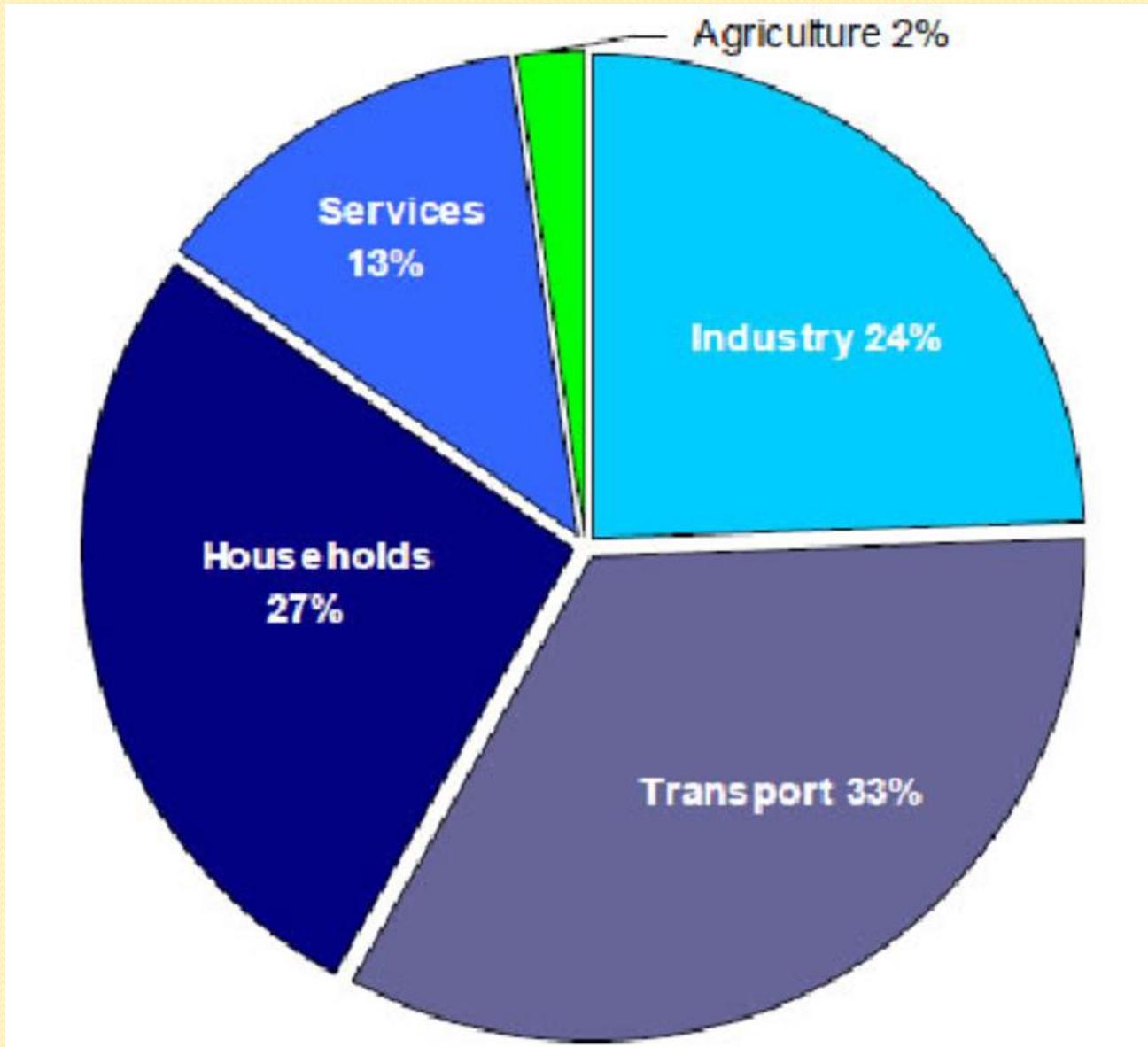
# Electricity use and electricity generation per type of power 1970–2020, TWh



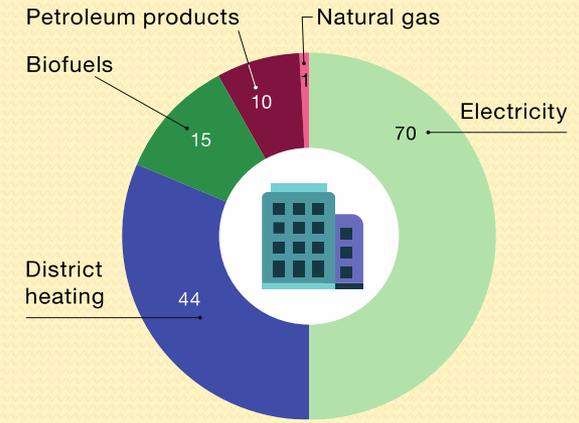
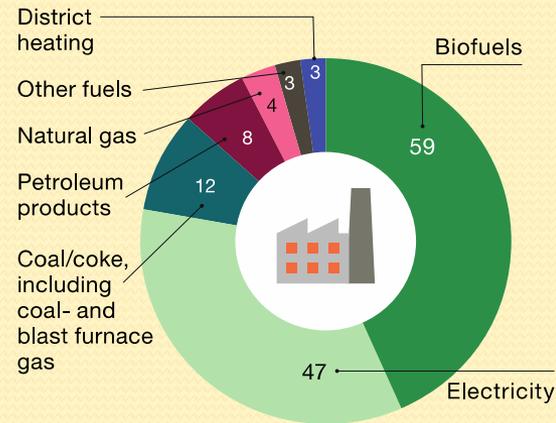
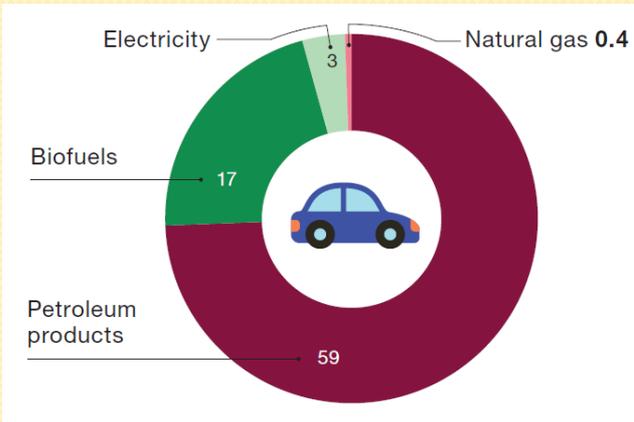
# Installed electricity generation capacity by type of power 1996–2021, MW



# Energy use



# Final energy use in the different sectors 2020, TWh



Energy intensity (J/h)	Activity	Happiness
Very low (zero)	Sex	4,7
	Socialising	4,0
	Relaxing	3,9
	Praying/meditating	3,8
	Eating	3,8
	Exercising	3,8
	Watching TV	3,6
Use of appliances: medium high	Shopping	3,2
	Preparing food	3,2
	Talking in phone	3,1
	Taking care of children	3,0
	Computer/internet	3,0
Commuting: high	Housework	3,0
	Working	2,7
	Commuting	2,6

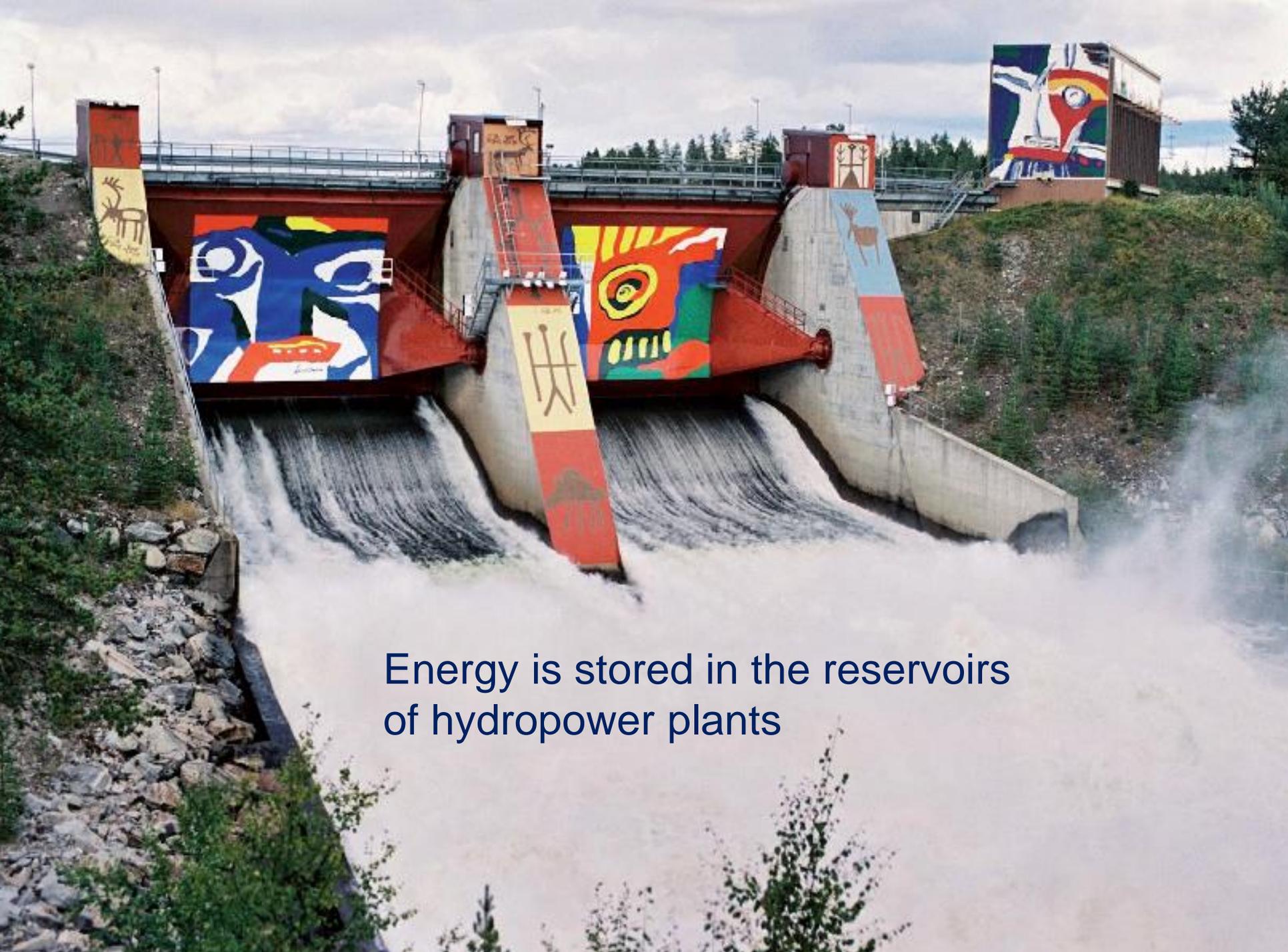
# Storage of energy



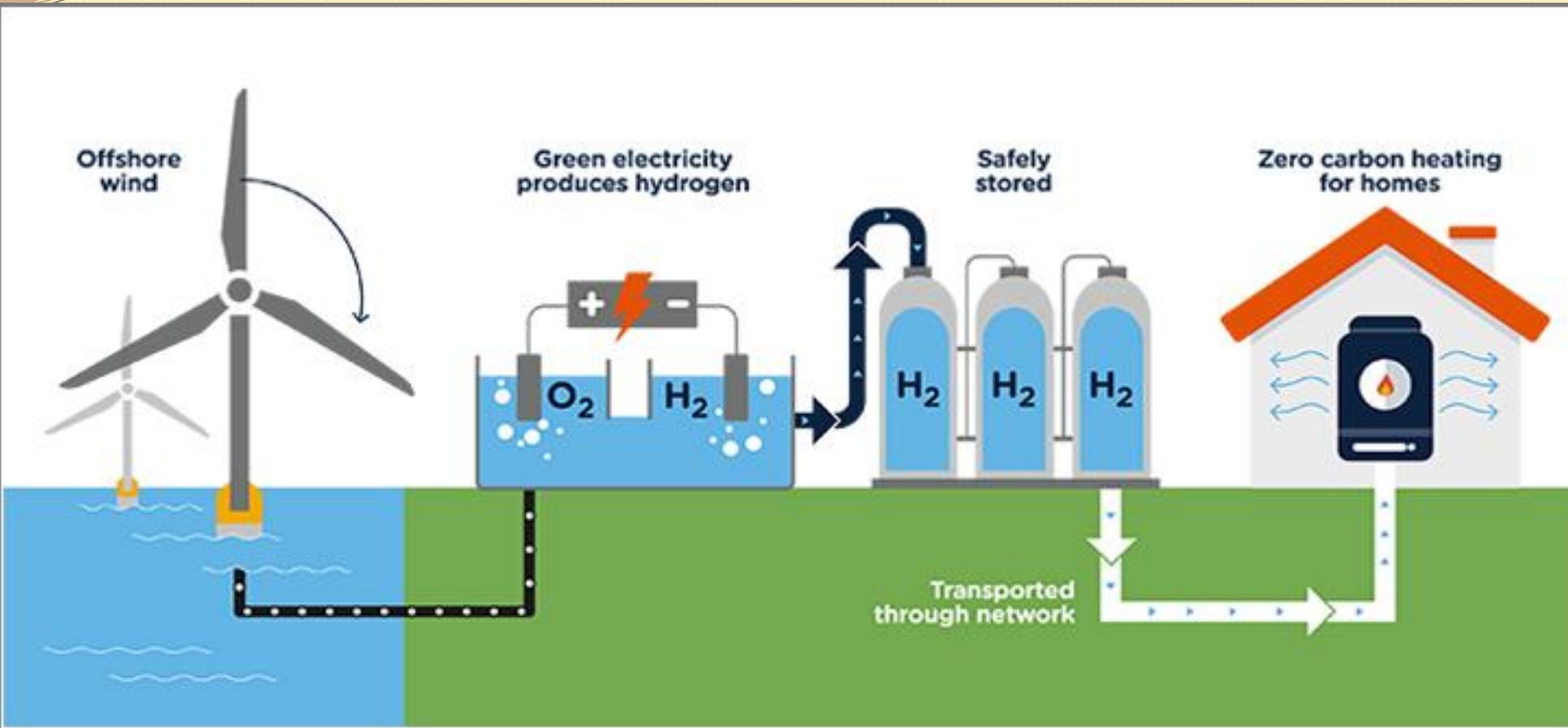
Enormous amounts of energy is stored in biomass



How can we best harvest the biomass?



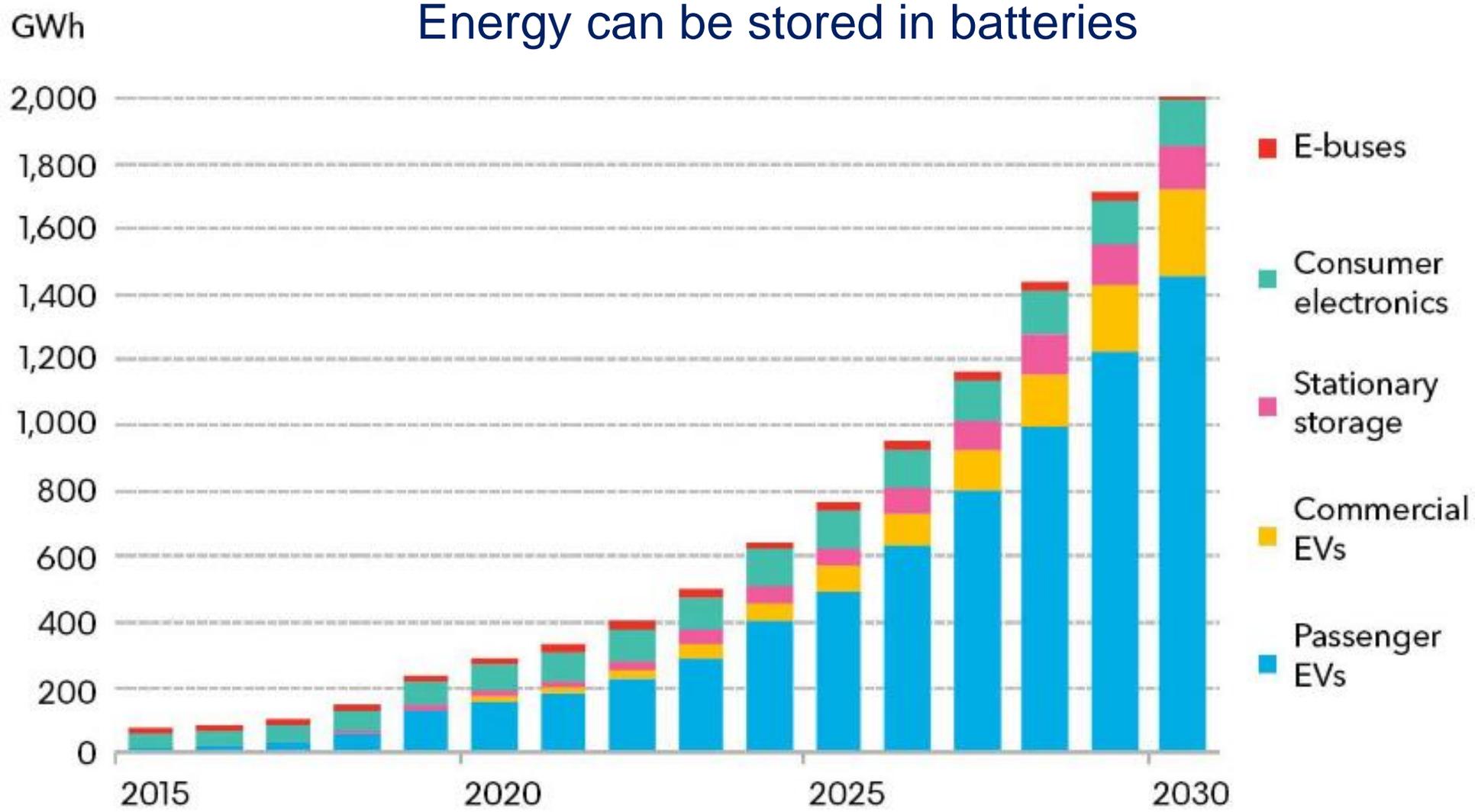
Energy is stored in the reservoirs  
of hydropower plants



Energy can be stored as hydrogen gas

# Annual lithium-ion battery demand

Energy can be stored in batteries



Source: Bloomberg NEF 2019 Electric Vehicle Outlook

# Energy efficiency

**Energy conservation:  
Insulation of pipes and  
covers on containers**



# Building a passive energy house





A passive energy house

# Improved technology

Torraca, Italy, has  
LED for all street lights

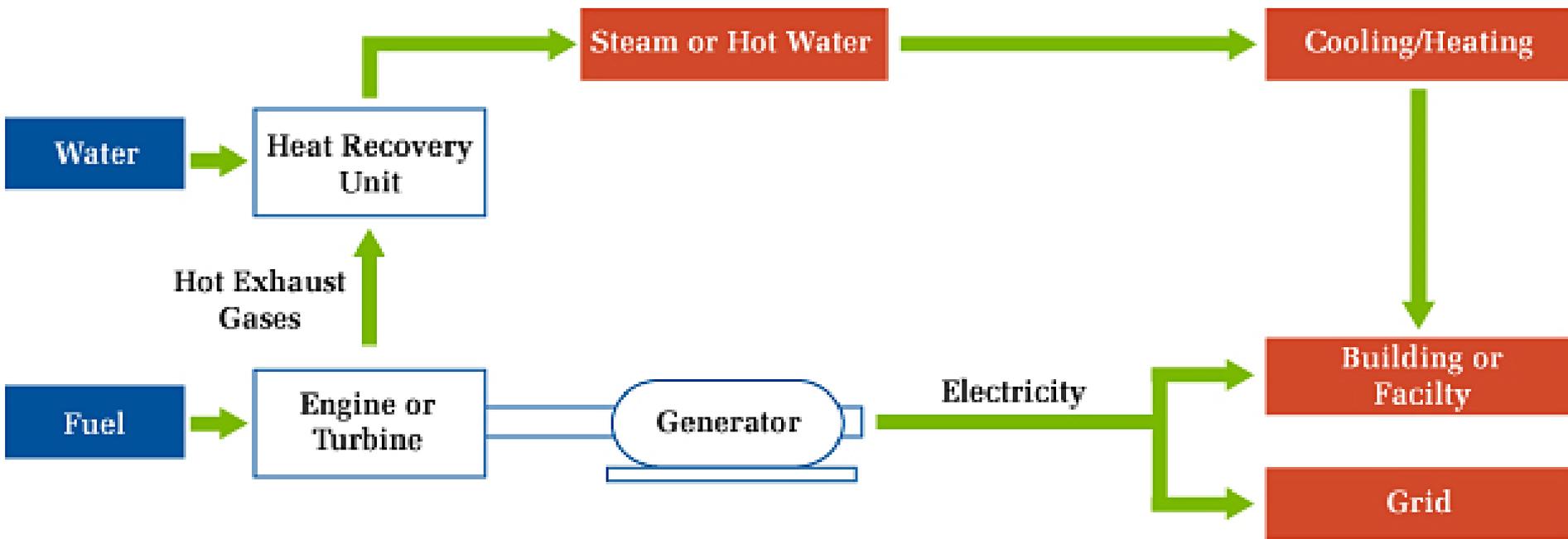




**Improved  
technology**

## **Electric cars**

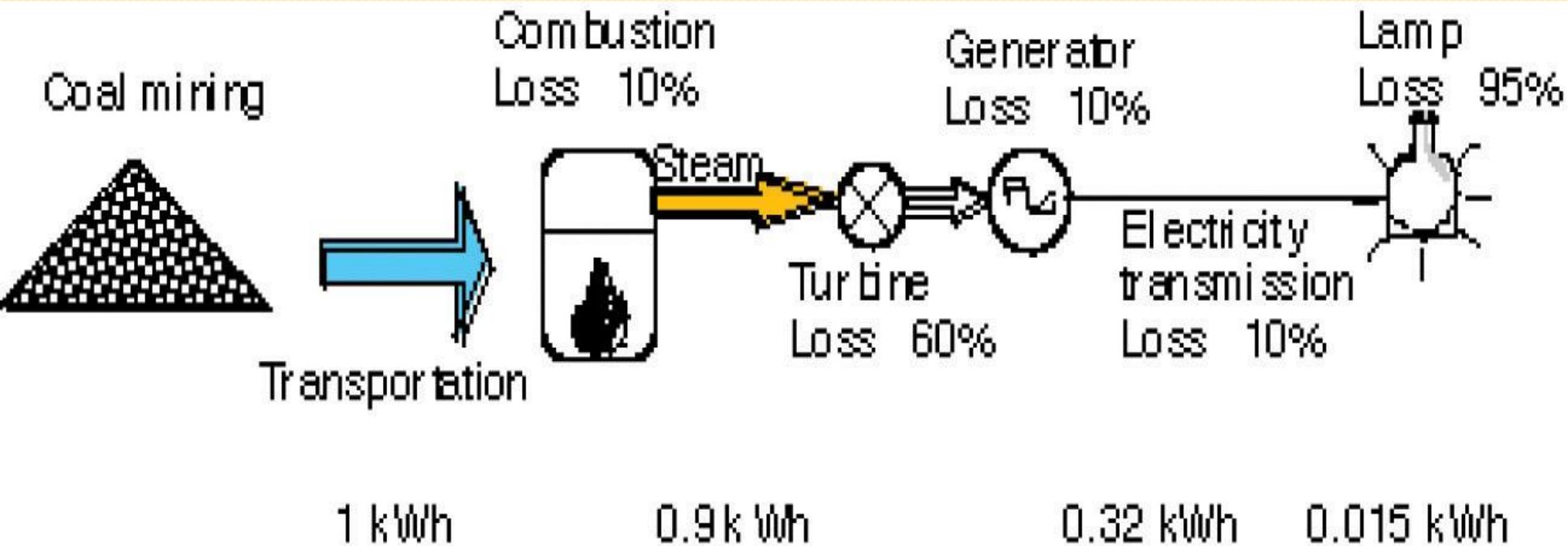
**Combustion engine: 15 % of energy comes to the wheels  
Electric engine: 90 % of the energy comes to the wheels**



# Power stations

Careful use of energy:  
Combined heat and power -  
cogeneration

# Why demand management is better than increased production



# PFE - Energy Efficiency in Large Companies

## Swedish Energy Authority

- 100 companies took part
- All made a complete energy use mapping
- All introduced a certified energy management system
- 1247 projects and 1.47 TWh less electricity annually
- 708 MSEK in investments
- 400 MSEK less energy costs annually
- Average return of investments 1.5 year
- Tax reductions 150 MSEK annually





# 52 projects during 2 years

## Primary improvements

- Temperature adjustments
- Heat recovery
- New valves
- Insulation
- Changed routines
- New lighting
- Toilets

## Secondary improvements

- Reduced water use
- Decreased fire risks
- Less air pollutants
- Less noise

## Results after 2 years

- Accomplished 19 304 MWh /year
- Under planning 32 942 MWh /year



# Increased use of renewable resources

- promoting local development
- creates new jobs
- combats climate change
- requires competence
- creates social capital
- promotes sustainable development

**The power plant in Enköping produces heat and electricity to the town using forest rest Products.**

Yield: ca 90 %

Emissions: 2,99 g CO<sub>2</sub>/kwh

<https://www.ena.se/>



# Biofuel - waste

A photograph of the Uppsala biogas station. The image shows several large, cylindrical, corrugated metal storage tanks in the foreground, with a large industrial building in the background. The sky is clear and blue. There are some young trees and a paved area in the foreground.

Uppsala biogas station use organic waste, including food waste from households etc to produce biogas, methane.

All citybuses  
in Uppsala are  
running on  
locally  
produced  
Biogas.

Similar in  
many  
Swedish cities.



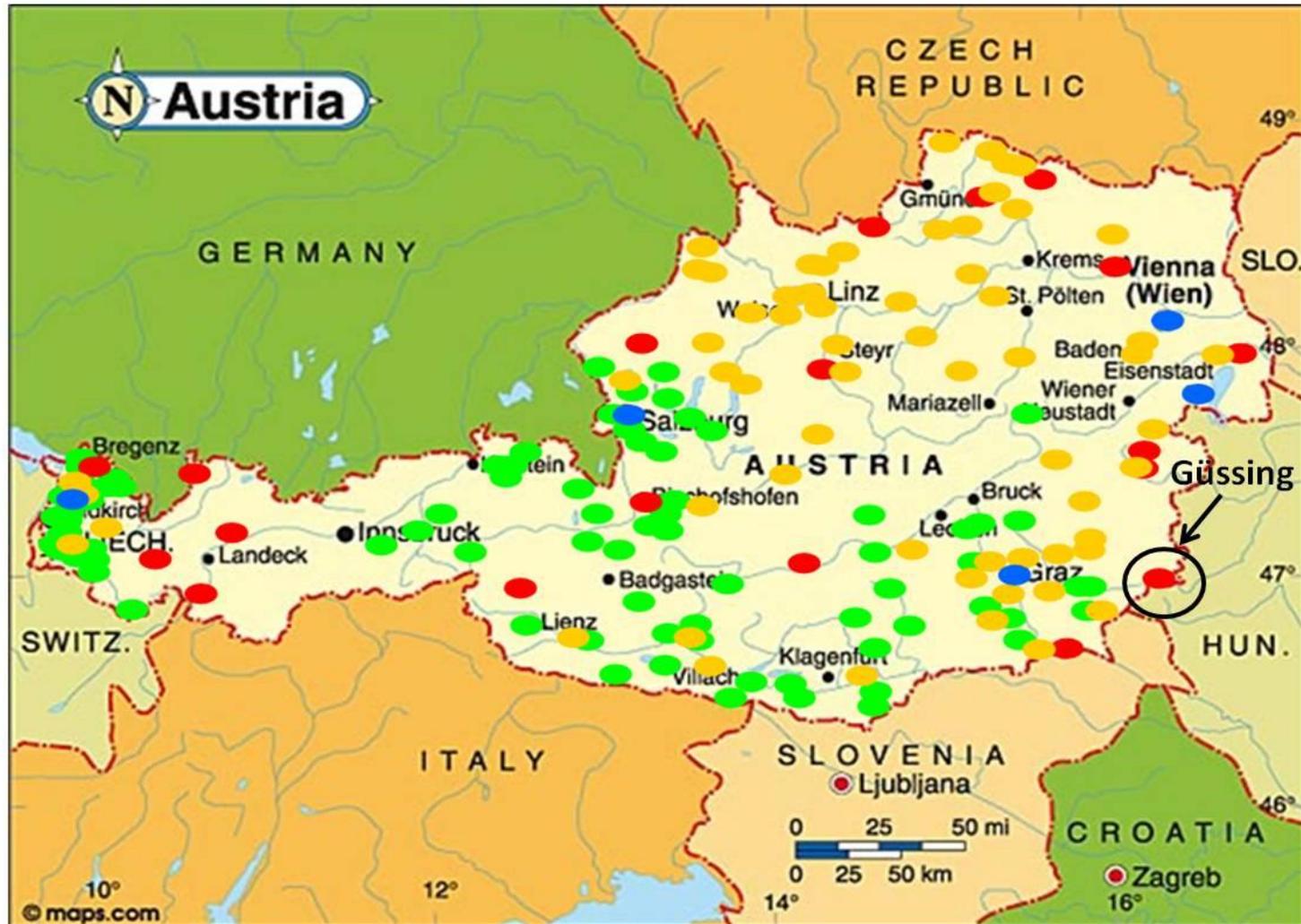
# Güssing, Austria

From 1992 and in 11 years, Güssing became self-sufficient in electricity, heating, and transports. In the process 60 new companies with more than 1,500 new “green jobs” were created and commuting decreased to 40 %. On top of this Güssing now sells green energy outside the municipality to \$28 million yearly and emissions of CO<sub>2</sub> decreased by more than 80%.

<https://www.100-percent.org/gussing-austria/>

# Energy Independence Growing on Regional Level

Regions Independent in Electricity, Heat and/or Transportation E-Mobility Pilot Projects  
Regions with growing Energy Independence Regions with high Energy Efficiency standards



# Networks of fossil-free municipalities in the world

- *Post carbon cities*, USA based
- *Local Renewables Initiative* run by ICLEI (local authorities for sustainability)
- *Solar Cities* network Australia
- *52 cities in Japan* develops energy autonomy
- *Transition Towns* A network for municipalities with local transition initiatives to tackle the double challenge of peak oil and climate change.
- And many more!

# 30 minutes

- Discuss which kind of energy you use
- Discuss which kind of energy your university uses
- Discuss how can you save energy

**After 10 minutes we meet and talk together!**

## **II. How to work with energy supply on the local scale**

# Policy choice

## 1. The reasons

- increases energy security
- reduces financial risks
- improves ecological profile

## 2. Adopting a policy of local energy supply

- several islands
- many municipalities
- households

## 3. Economic incentives

- Feed-in tariffs in Germany
- Governmental support for investments in Sweden
- Small energy companies promote local initiatives

# Rescaling as a strategy

Both *upscaling* (e.g. from individual heating of houses to district heating) and *downscaling* (e.g. from district heating to heat pumps).

Rescaling seems to be the most common strategy for improving sustainability in municipalities.

# Technology choice

The technical development makes renewable energy production increasingly realistic

## 1. Electricity/Heat - Sun/Wind/Streaming water

- Solar panels
- Solar cells for PV electricity
- Wind power
- New technologies

## 2. Fuels

- Biodiesel, ethanol
- Wood chips, pellets
- Biogas
- Green hydrogen

# Case 2 Samsø, Denmark

Samsø 114 km<sup>2</sup> with 4,000 people, as a model of sustainability changed daily lives for greater energy efficiency. 11 wind turbines generating 28,000 MWh annually meet the community's electricity demands and public transportation system, with 10 percent to sell.

The community experiments with electric cars as distances are very short, less than 50 kilometres. Farmers have adapted their tractors and other vehicles to consume ethanol or other fuels distilled from locally grown plants, like canola.

In 2007, Samsø's inhabitants were able to declare their island 100% energy self-sufficient based on wind, solar and biomass energy.

**Samsö Denmark**





Samsö Wind farm

# Case 3 El Hierro, Canary islands

The project was created by a local consortium with EU money to supply electricity for 11,000 residents, tourists, and three water desalination facilities.

2014, El Hierro opened its hydro-wind power plant - a complex of 5 wind turbines and 2 artificial reservoirs at a height of 650 meters of 380,000 m<sup>3</sup>.

The wind turbines can run fully most of the time generating 11.5 MW – more enough to meet the electricity needs of the island of some 8 MW.

The electricity surplus is used to pump water to the upper basin. When the wind drops the water is released to activates 4 hydraulic turbines producing 11.3 MW of electricity.

# CANARY ISLANDS



# Case 4 Vauban, Freiburg, Germany

- The city is working to grow its **green economy**. The green city initiatives are seen as a factor in attracting green businesses to locate in Freiburg. There are about 1,500 green businesses employing about 10,000 people. Of those ten thousand, about 1,500 people are employed in the solar energy sector.
- About 50 % of electricity is produced by **co-generation units** that also provide heat through district heating systems. In addition to larger co-generation units, there are about 90 small CHP units around the city.
- Solar energy is very visible around Freiburg. Currently **12.3 MW of solar capacity** is in place, producing over 10 million kilowatt-hours annually.
- There are 5 medium sized **wind turbines** installed on the hills around the city. They produce **14 million kwh** every year, more than produced by all the solar PV panels.

- Freiburg remains at the forefront of **green building** technologies. All new construction uses only the latest **energy efficiency** passive house standards. **Energy conservation** is central and energy efficient retrofits are being applied to existing structures. Residential **recycling** is mandatory as **compost** is also collected in the form of kitchen and garden waste.
- Freiburg promotes **biking and walking**, and has a pedestrian-only zone in the city center, where no cars are allowed. Biking accounts for over 1/4 of all transportation. Over 300 miles of **bike paths** in the city help to reduce automobile use.
- All roads in Freiburg, other than major roads, have a **max speed** limit of 50 km/h. A region card enables residents full access to all of Freiburg's trams, streetcars, trains, and buses.

<https://www.greencitytimes.com/freiburg/>





# Four steps for renewable energy

1. Energy mapping
2. Energy sufficiency
3. Energy efficiency
4. Energy projects

# Mapping renewable energy resources

## I. Electricity

### A. Solar

A1 Direct sunlight to electricity

A2 CSP combination panels for electricity and hot water

### B. Water

B1 Water flows in streams

B2 Water flows from reservoirs and lakes (hydropower)

### C. Wind and wave

C1 average wind speed according to map

C2 Wave at the coast

# Mapping renewable energy resources

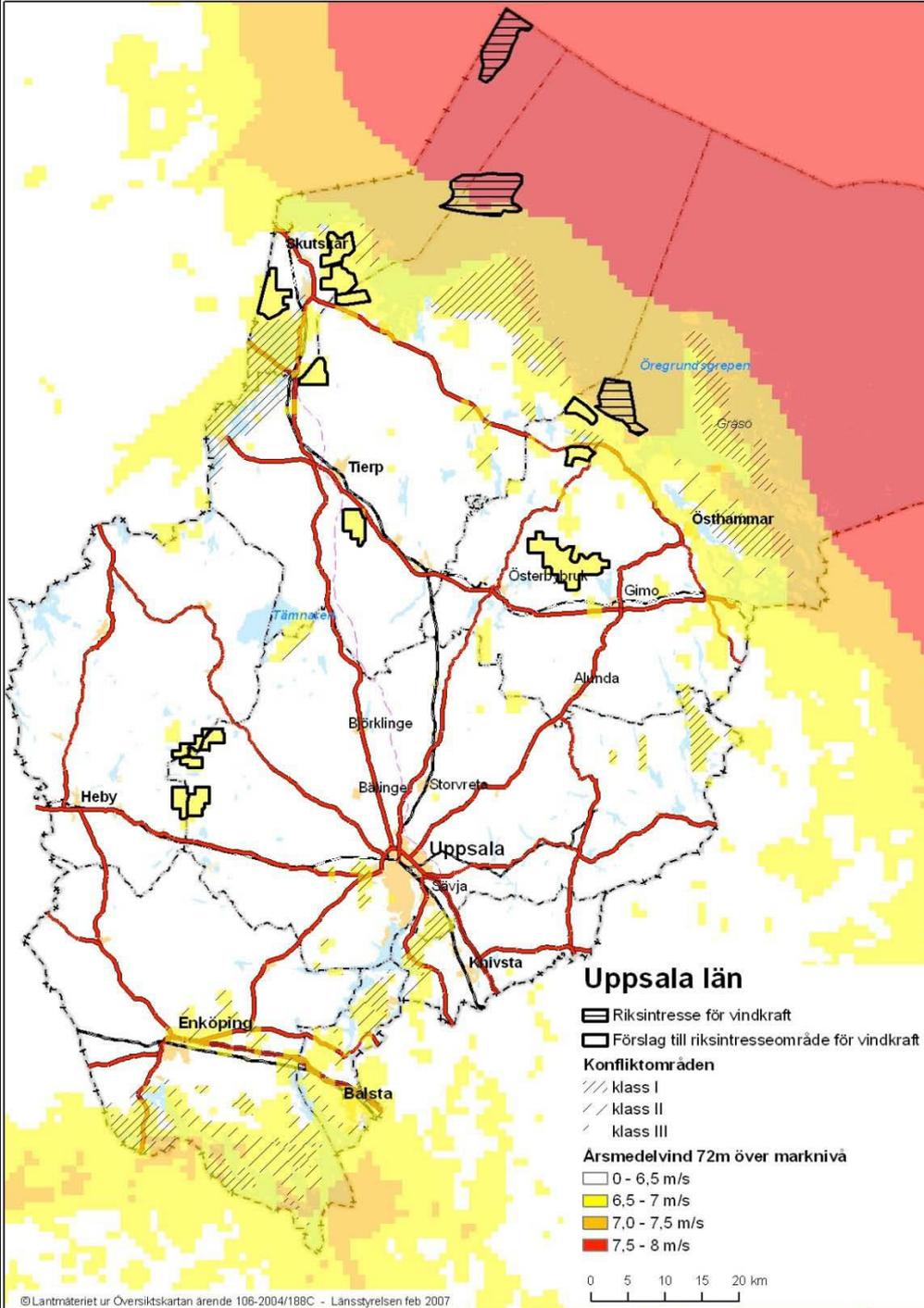
## III. Fuels

### F. Solid Biomass (to power plants)

- F1 Direct solid biomass as wood or forest residues
- F2 Energy forests
- F3 Peat
- F4 Household waste

### G. Ethanol or Biogas (fuel to filling stations)

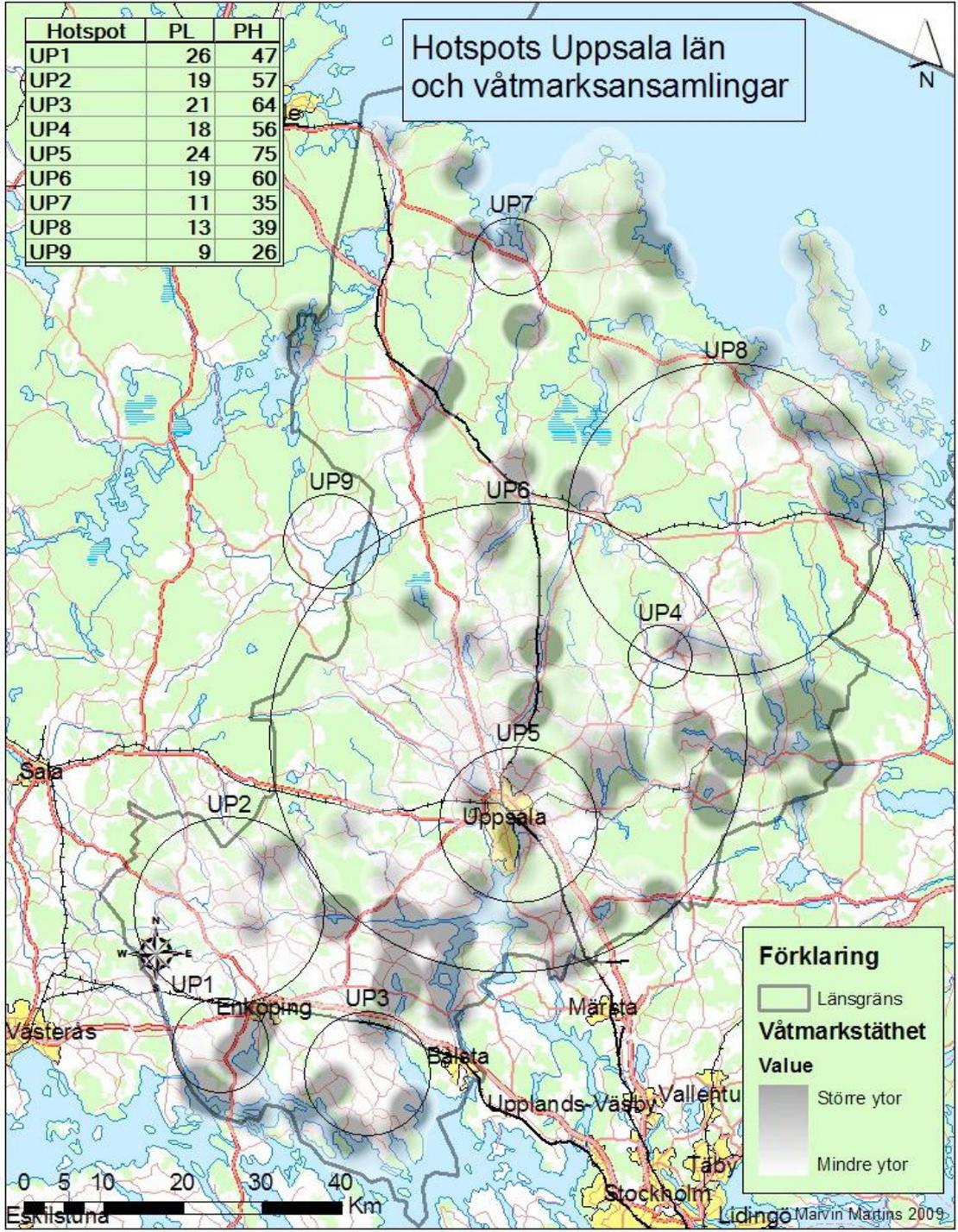
- F1 Slaughter waste to biogas
- F2 Conversion of harvest to ethanol
- F3 Conversion of e.g. reed or residuals from farms to biogas
- F4 Indirect biomass from manure to biogas
- F5 Indirect biomass from sludge to biogas



**Wind speed in Uppsala County**  
 (yearly average at 72 meters above ground level)

Hotspot	PL	PH
UP1	26	47
UP2	19	57
UP3	21	64
UP4	18	56
UP5	24	75
UP6	19	60
UP7	11	35
UP8	13	39
UP9	9	26

## Hotspots Uppsala län och våtmarksansamlingar



**Förklaring**

- Länsgrens
- Våtmarkstäthet
- Value
- Större ytor
- Mindre ytor

## Hotspots wetland for biogas production

# Solar electricity Heby



# Heat pumps

Sweden has today (2019) some 1.9 million heat pumps in households and other facilities, of which about 500 000 takes heat from the ground. It makes Sweden the No 2 country in the world in geothermal heating (after Iceland). A modern heat pump may reduce energy use by up to 80 %.



**Energy forest – Salix – is  
grown using wastewater**

# Collecting food waste





**Scharnhausen light rail tramways. Running on rail is much more energy efficient than on road.**

# To read

- Energy and Climate. Chapter 1 *Energy and Sustainable Development*. pp 11-22.
- Energy and Climate. Chapter 2 *How much energy do we use – energy statistics*. pp 23-34.
- Renewable Energy Policy Network for the 21<sup>st</sup> Century (REN21). *Renewables 2020 Global Status Report. Executive summary* pp. 15-26 (*reference literature*).