



SVENSKA ARALSJÖSÄLLSKAPET

Swedish Aral Sea Society



3. Energy

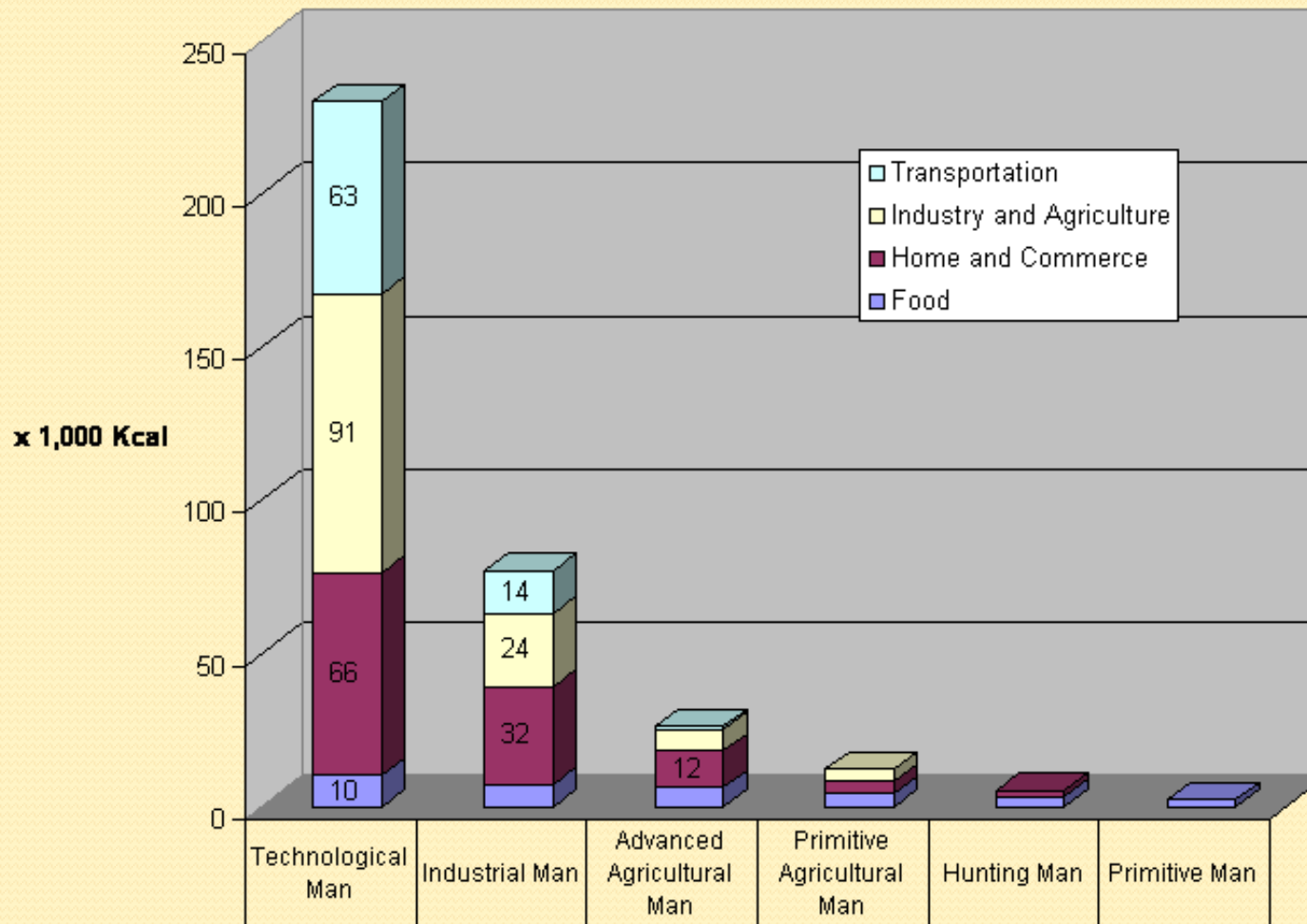
Lars Rydén
Professor Emeritus
Uppsala University

**Master Course on Sustainable Development and Sustainability Science
For Uzbekistan by SASS and Karakalpak State University Spring 2025**

Energy use per capita in different societies

| | | |
|----------------------|--------|---------|
| • Biological | 2.4 | kWh/day |
| • Gatherers, hunters | 10 | kWh/day |
| • Agriculture | 25-50 | kWh/day |
| • Industrial society | 50-100 | kWh/day |
| • Contemporary | 250 | kWh/day |

Daily Consumption of Energy Per Capita



| | | | | | | |
|--------------------------|----|----|----|---|---|---|
| Transportation | 63 | 14 | 1 | | | |
| Industry and Agriculture | 91 | 24 | 7 | 4 | | |
| Home and Commerce | 66 | 32 | 12 | 4 | 2 | |
| Food | 10 | 7 | 6 | 4 | 3 | 2 |

Two different kinds of energy

Non-renewable (fossil) energy resources

- Coal
- Oil
- Gas

Renewable – flowing - energy resources

- Biomass and other forms of bioenergy
- Hydropower
- Wind power
- Solar power

<https://ourworldindata.org/energy-production-consumption>

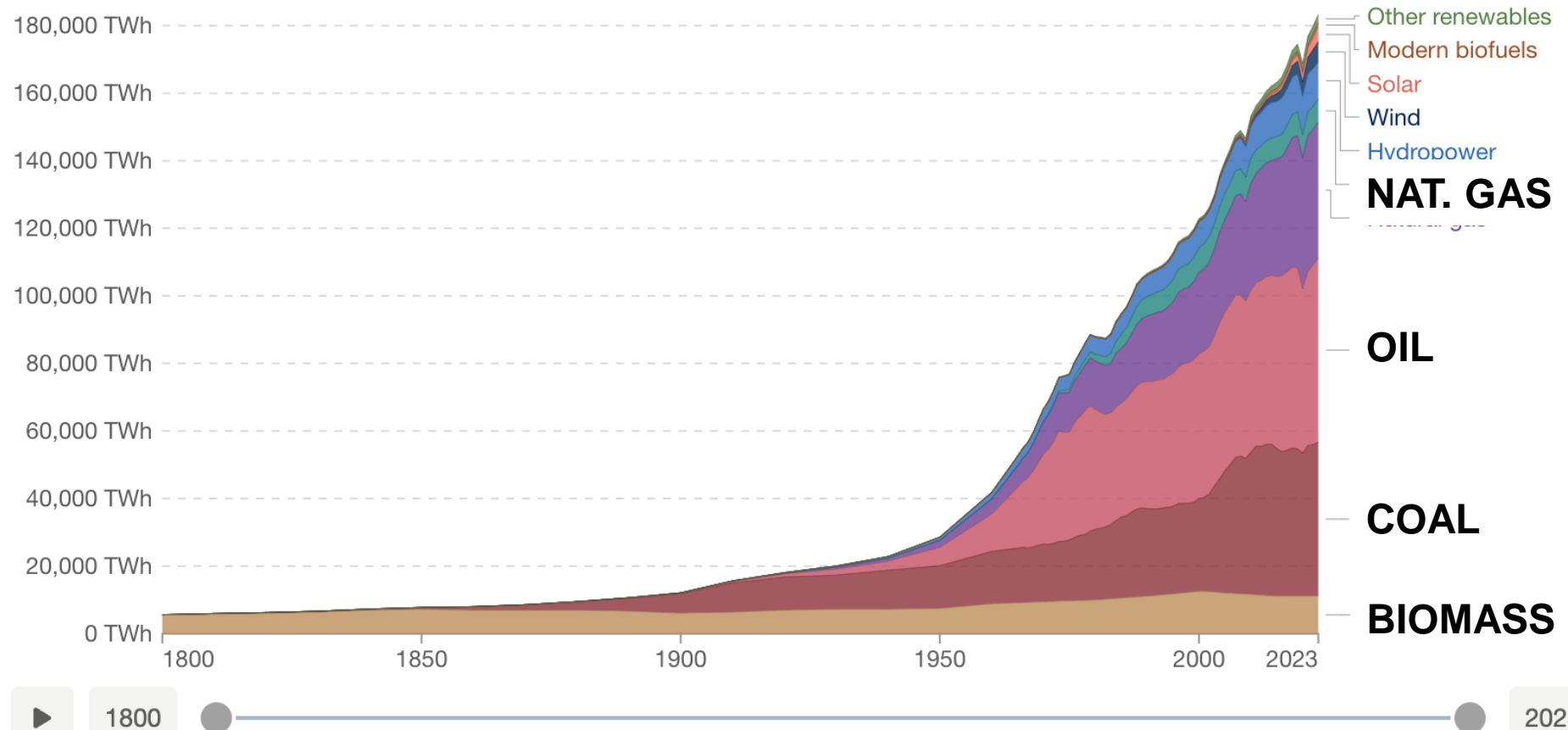
Global primary energy consumption by source

Primary energy is based on the substitution method and measured in terawatt-hours.

Our World
in Data

Table Chart

Settings



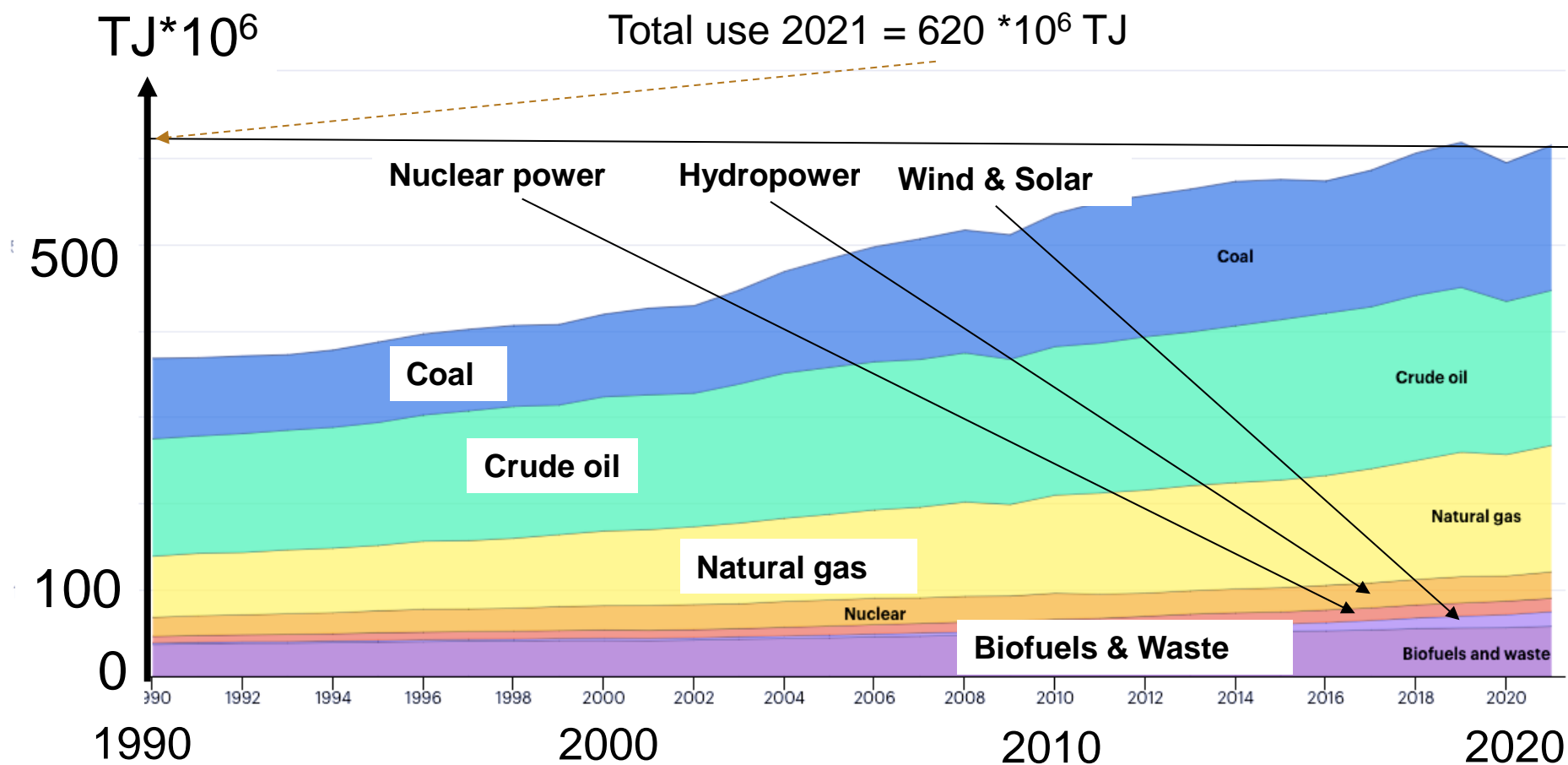
Data source: Energy Institute - Statistical Review of World Energy (2024); Smil (2017) – [Learn more about this data](#)

Note: In the absence of more recent data, traditional biomass is assumed constant since 2015.

OurWorldinData.org/energy | CC BY

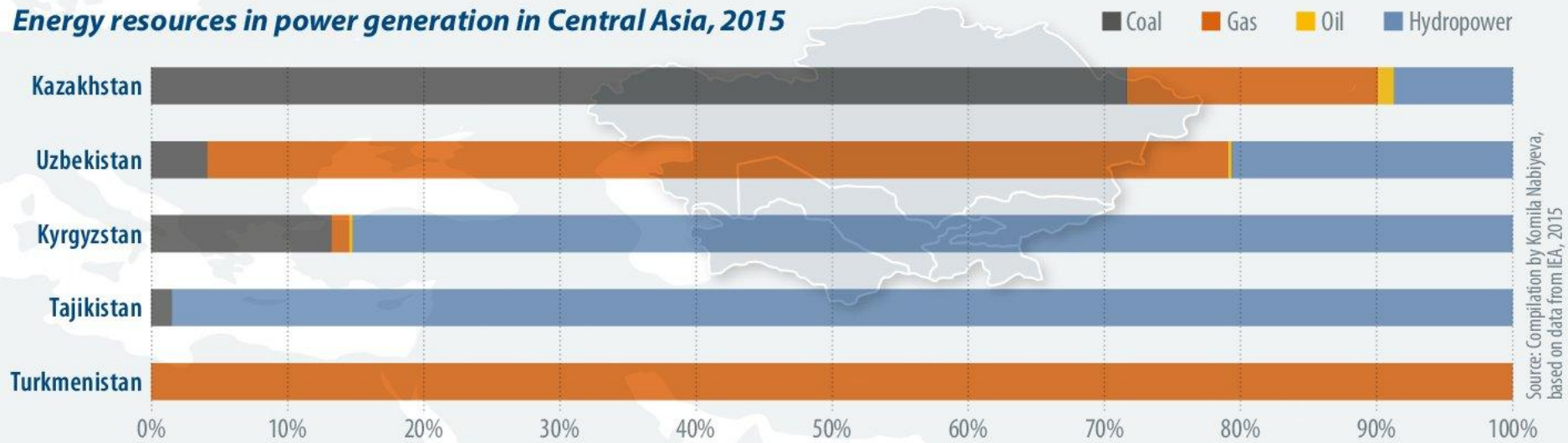


World total Energy use 1990-2021, TJ



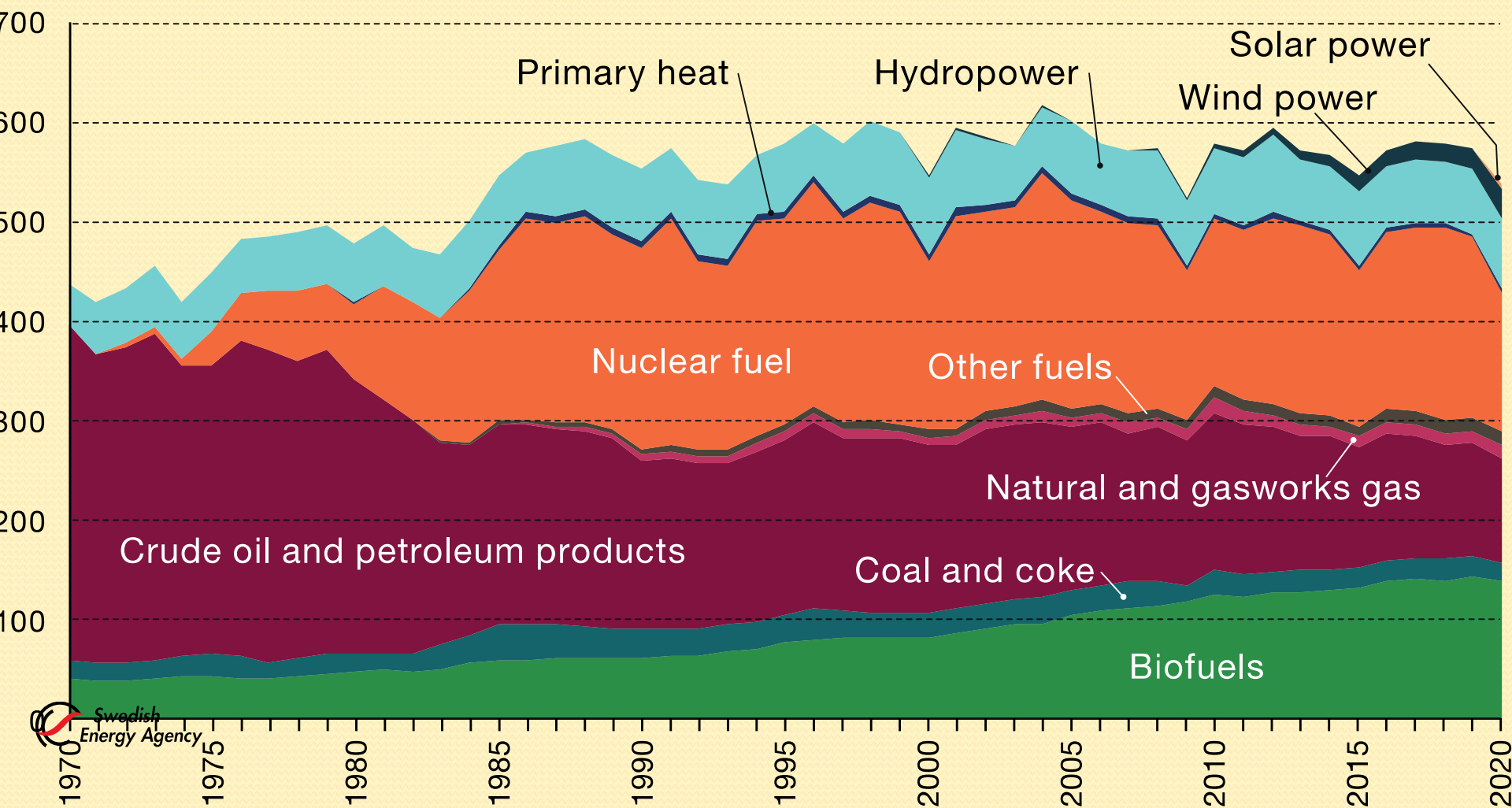
Source: International Energy Agency data browser, 2023

Energy resources in power generation in Central Asia, 2015

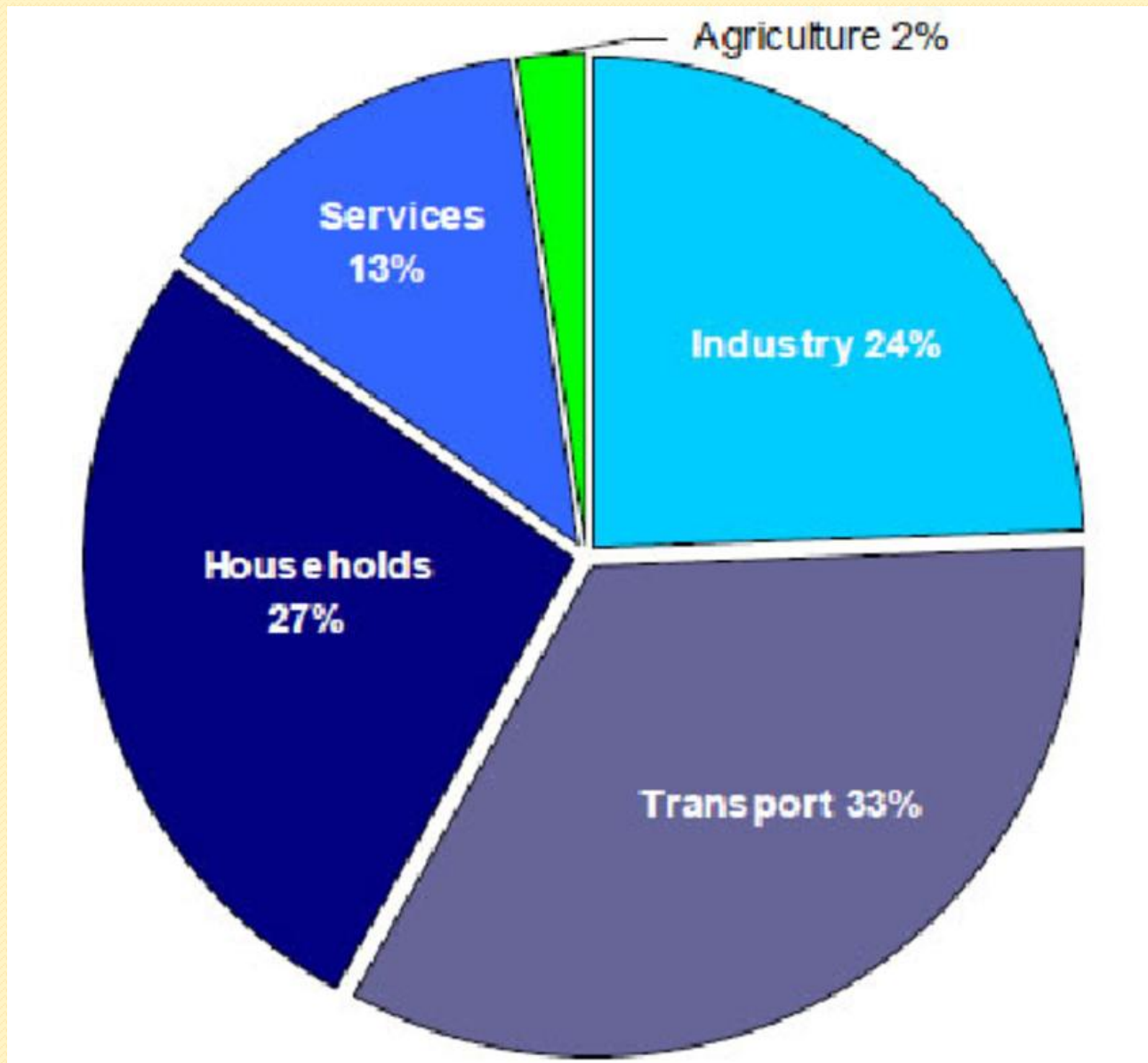


<https://energytransition.org/2018/06/central-asias-green-horizons/>

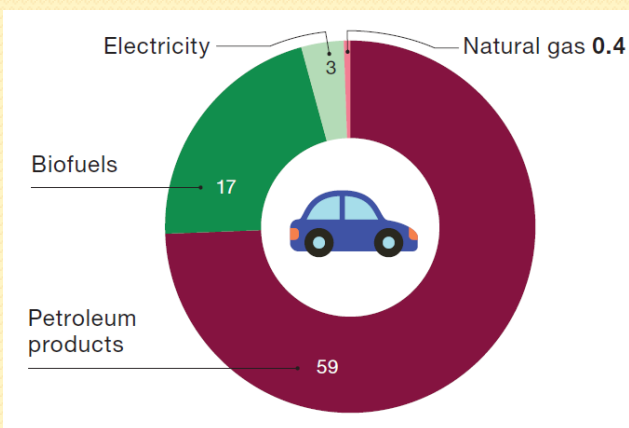
Sweden - Total supplied energy 1970–2020, TWh



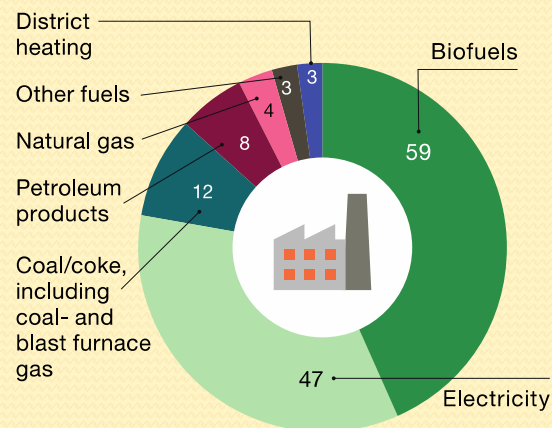
Energy use



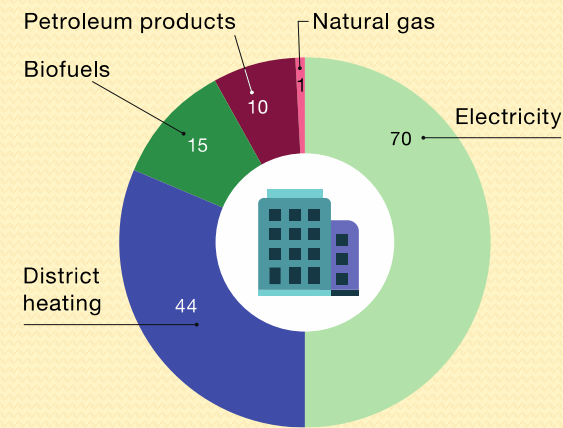
Final energy use in the different sectors 2020, TWh



Transport



Industry

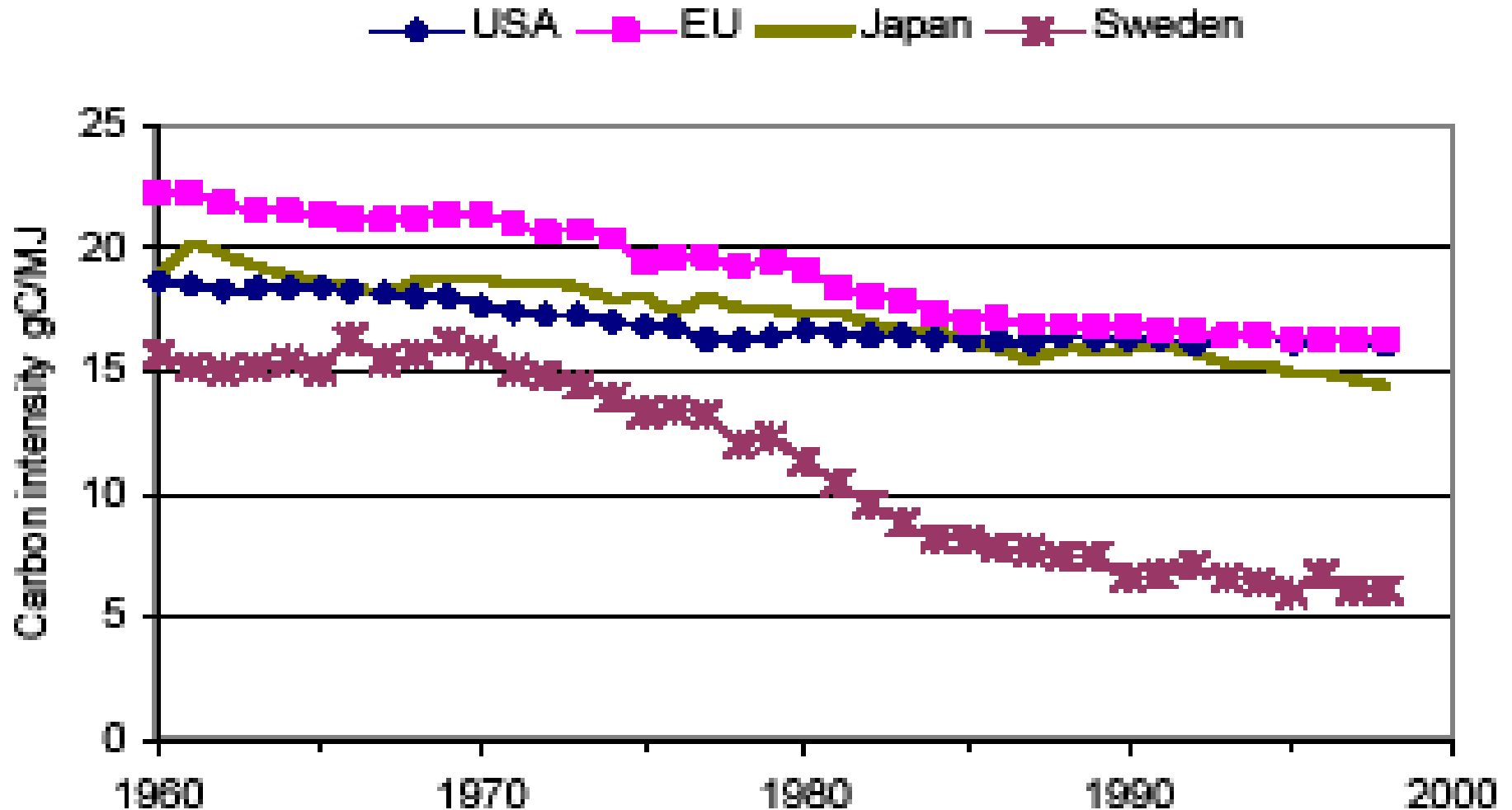


Households and business

Renewable Energy supply and use

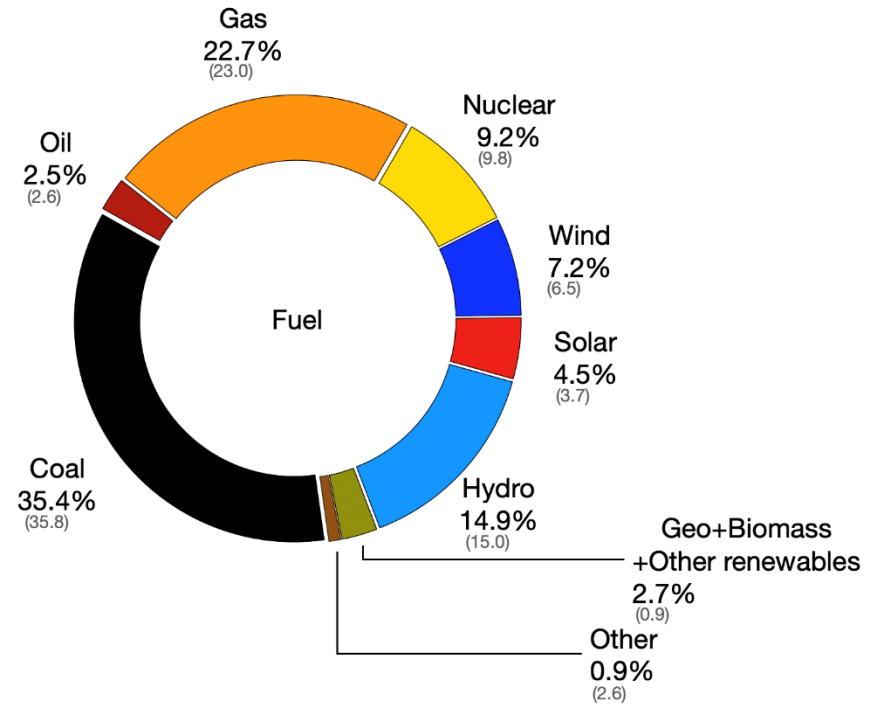
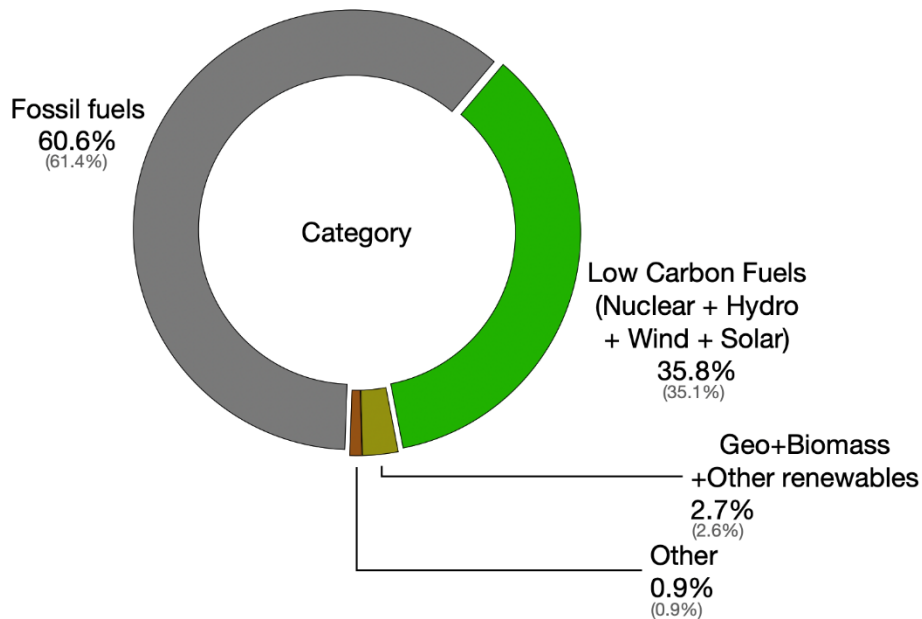
Carbon content of energy

From *Decoupling*, Azar, Holmberg and Karlsson, Chalmers University of Technology, 2002 based on IEA statistics



World Electricity Generation 2022

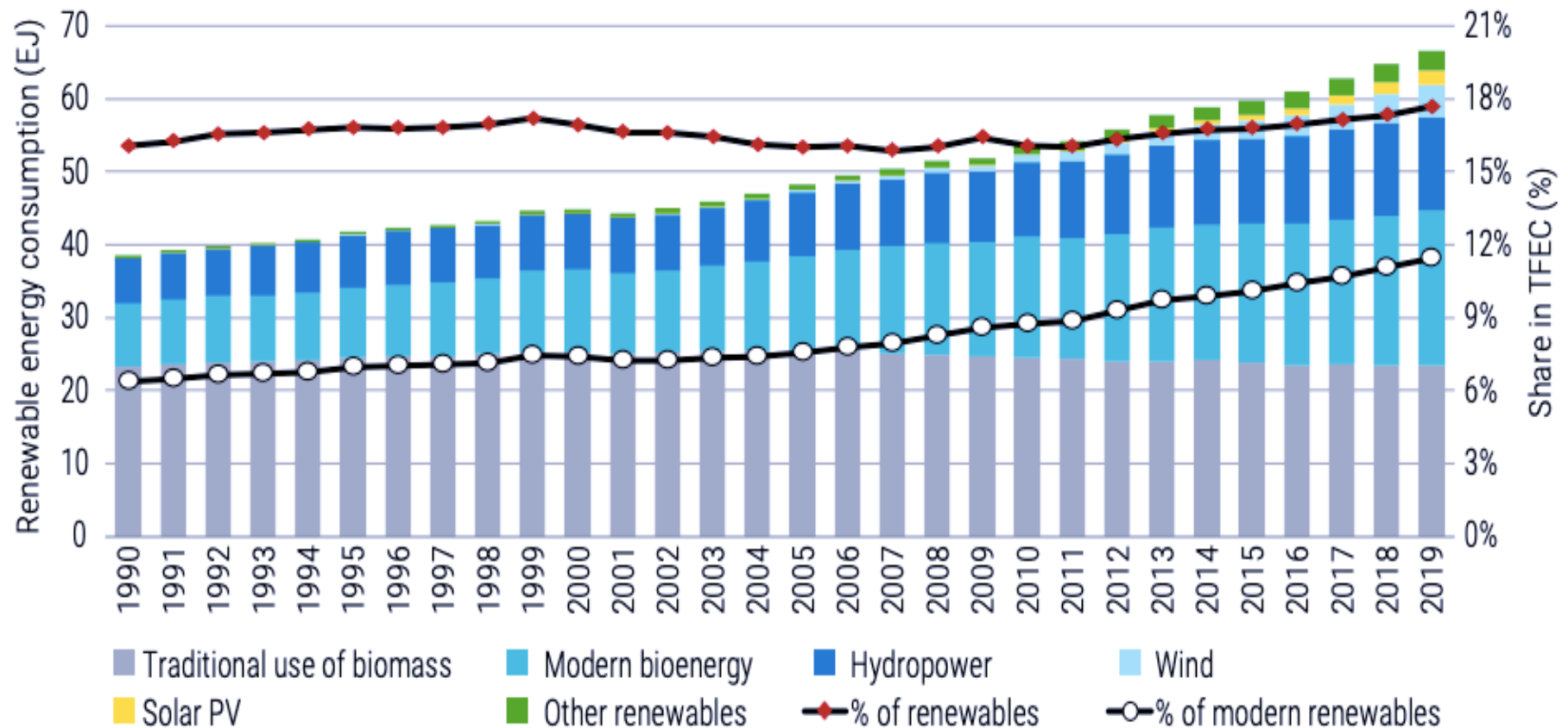
World Electricity Generation 2022
Grey values shown in brackets are 2021 values



<https://www.worldenergydata.org/world-electricity-generation/>

Renewable Energy in the world

FIGURE ES.5 • Renewable energy consumption by technology and share in total energy consumption, 1990-2019

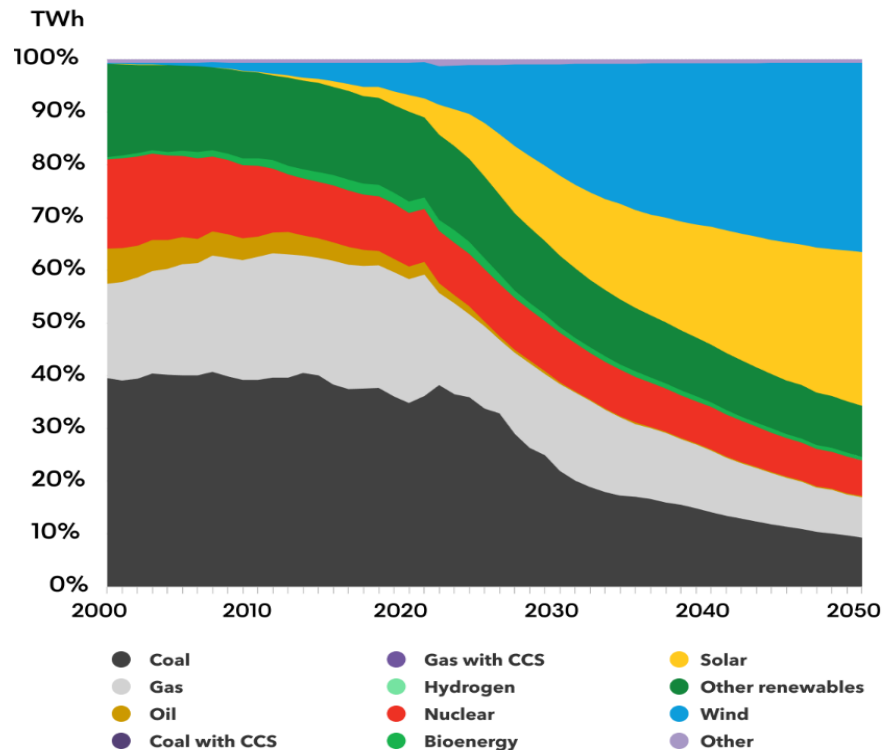


Source: IEA 2021a and UNSD 2021.

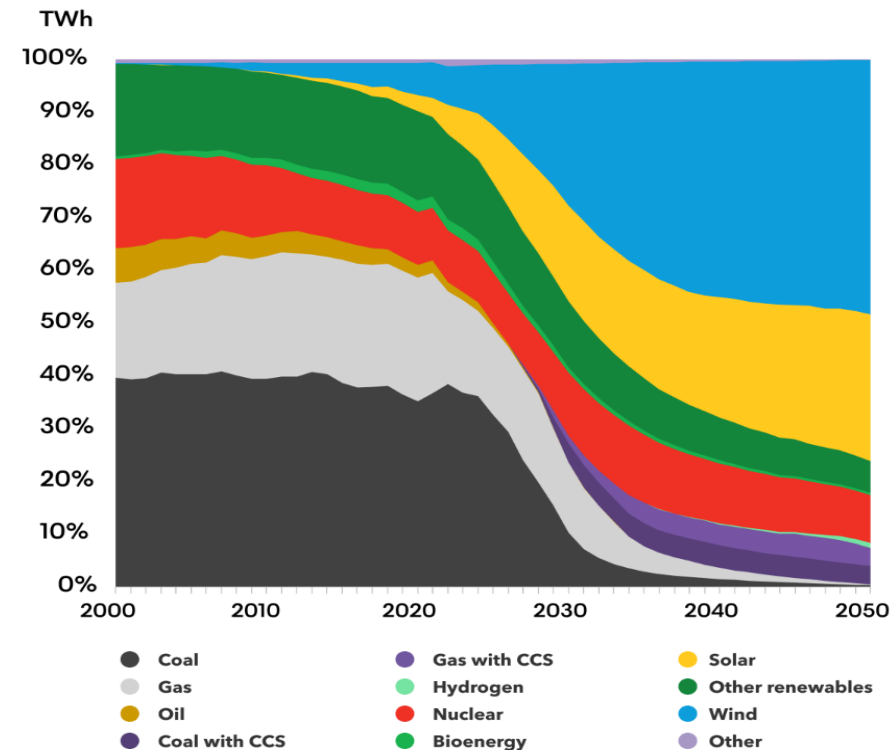
Sun and wind power dominates investments today, and will dominate in the future

Electricity generation by technology, by scenario

Economic Transition Scenario

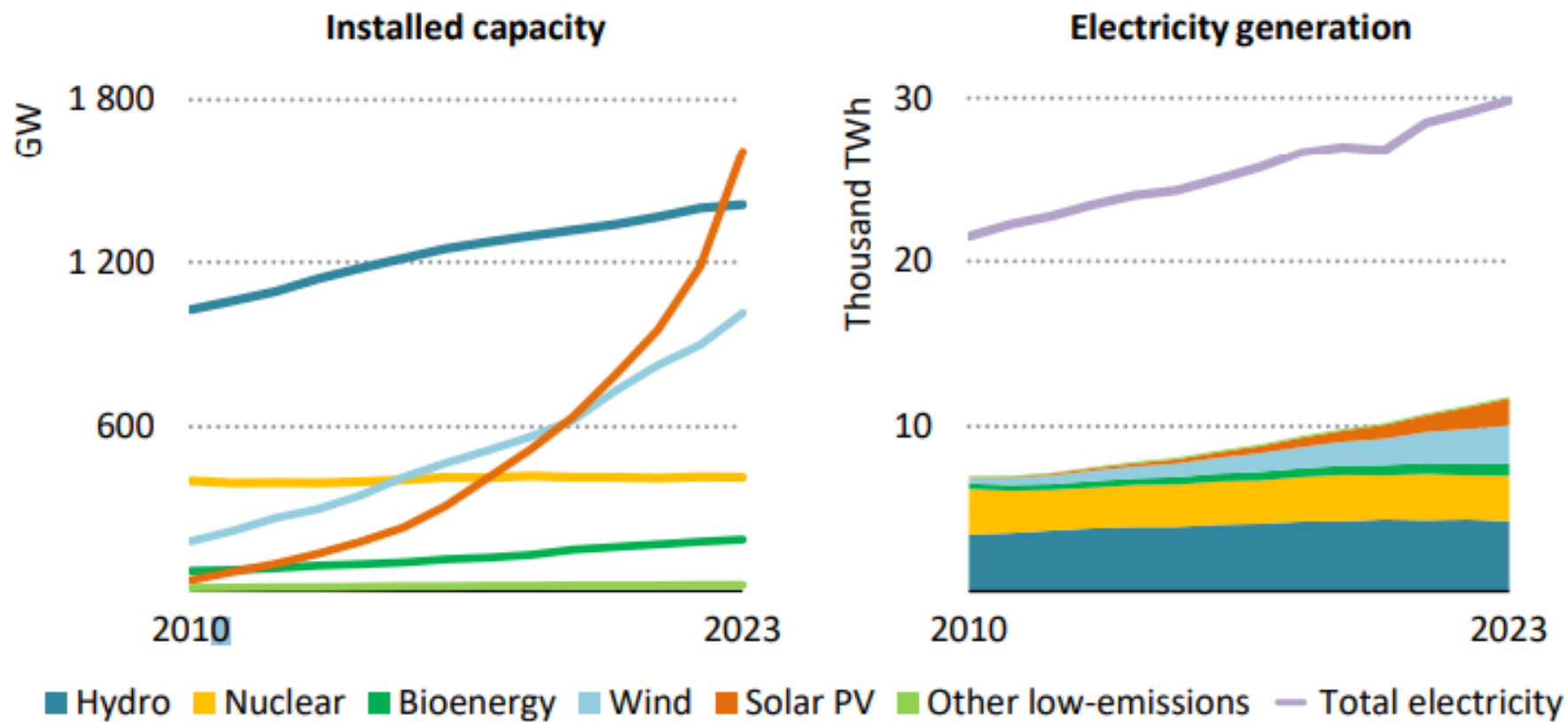


Net Zero Scenario



Source: The [2022 New Energy Outlook](#) (NEO) Bloomberg New Energy Finance

Figure 1.14 ▶ Global installed clean power capacity and electricity generation, 2010-2023



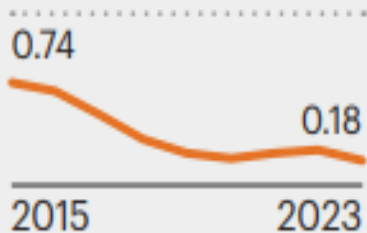
IEA. CC BY 4.0.

Falling clean energy prices

Recent years have seen large overall price reductions for many clean energy technologies.

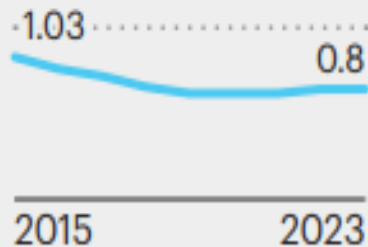
Solar panels

Million USD per MW



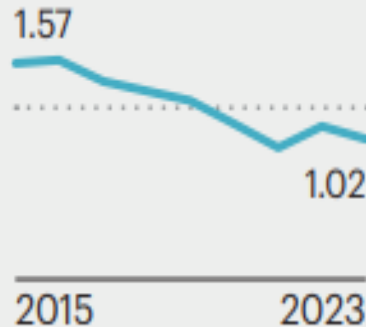
Wind turbines

Million USD per MW



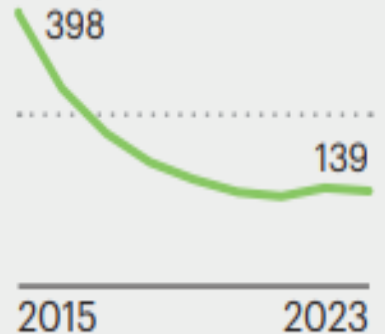
Battery storage

Million USD per MW



EV batteries

USD per kWh



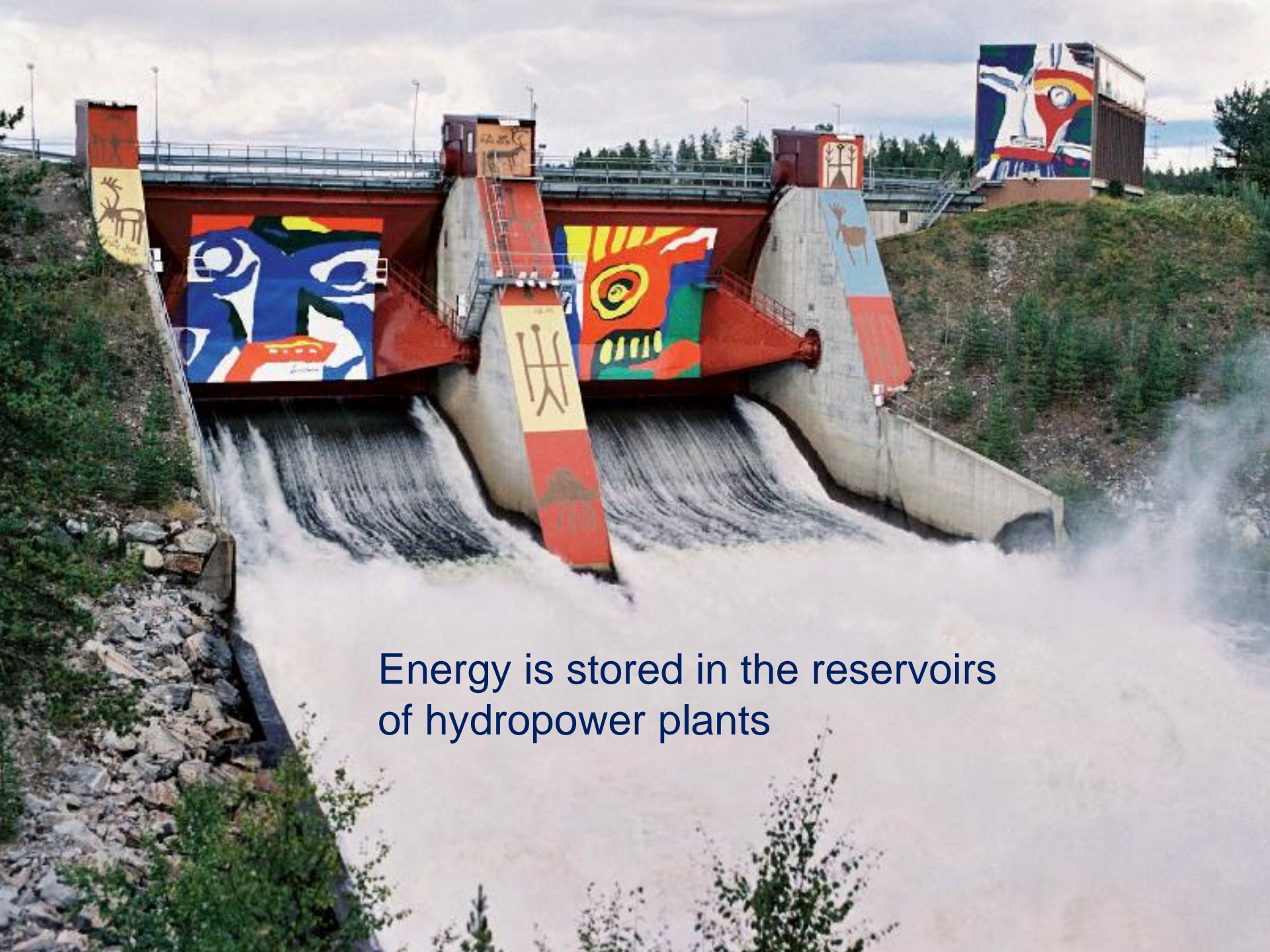
Storage of energy



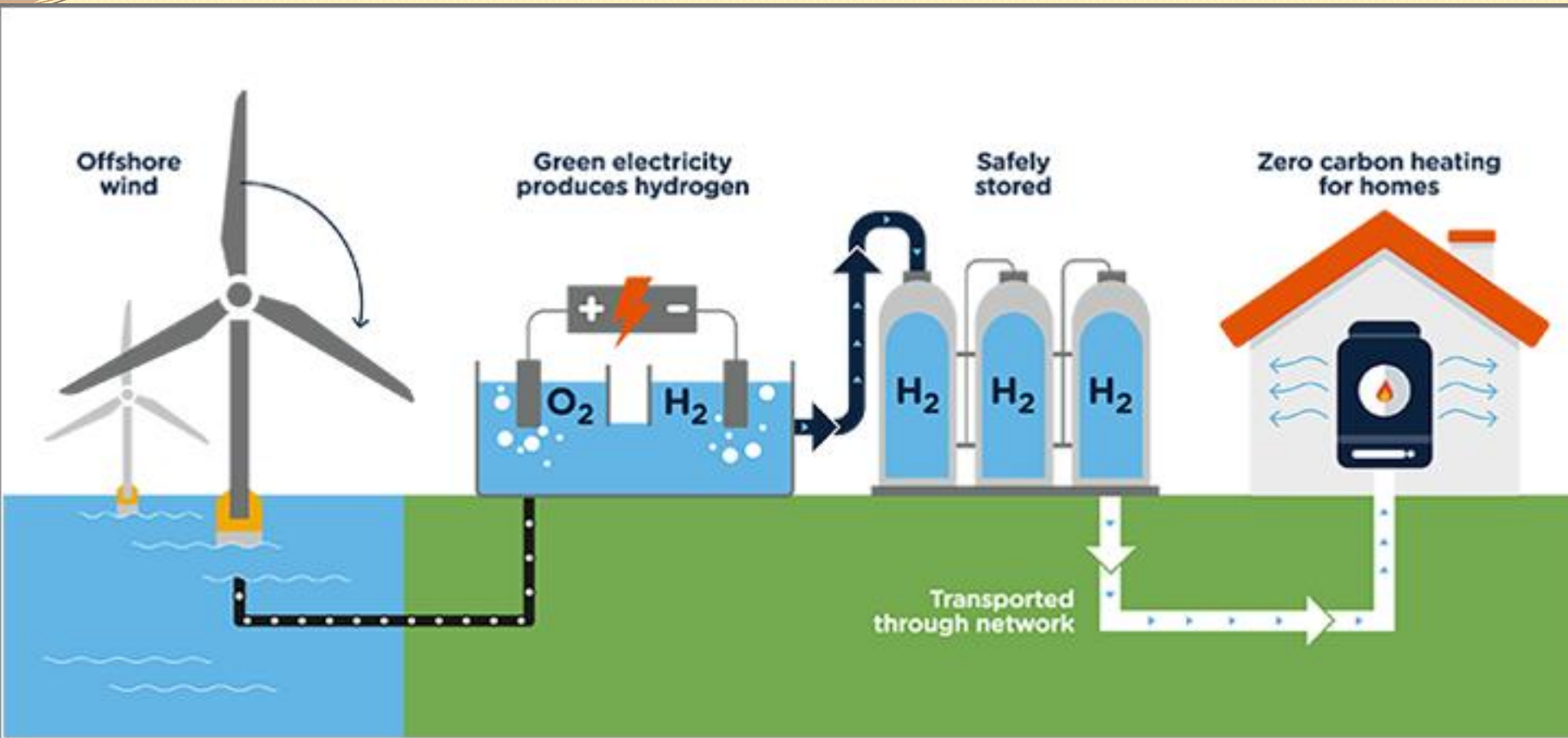
Enormous amounts of energy is stored in biomass



How can we best harvest the biomass?



Energy is stored in the reservoirs
of hydropower plants

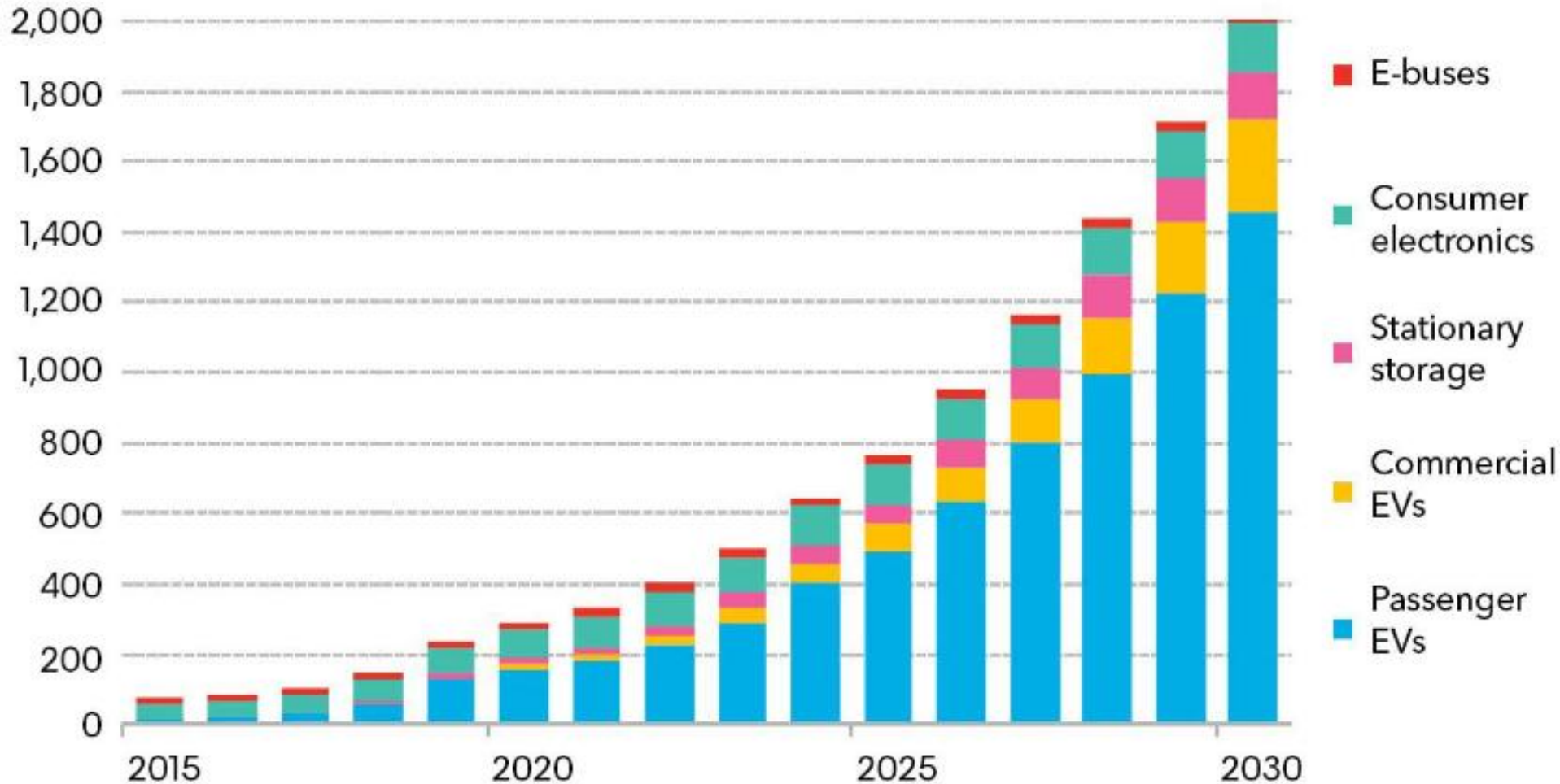


Energy can be stored as hydrogen gas

Annual lithium-ion battery demand

Energy can be stored in batteries

GWh



Source: Bloomberg NEF 2019 Electric Vehicle Outlook

Energy efficiency

**Energy conservation:
Insulation of pipes and
covers on containers**



Building a passive energy house





A passive energy house

Improved technology

Torraca, Italy, has
LED for all street lights

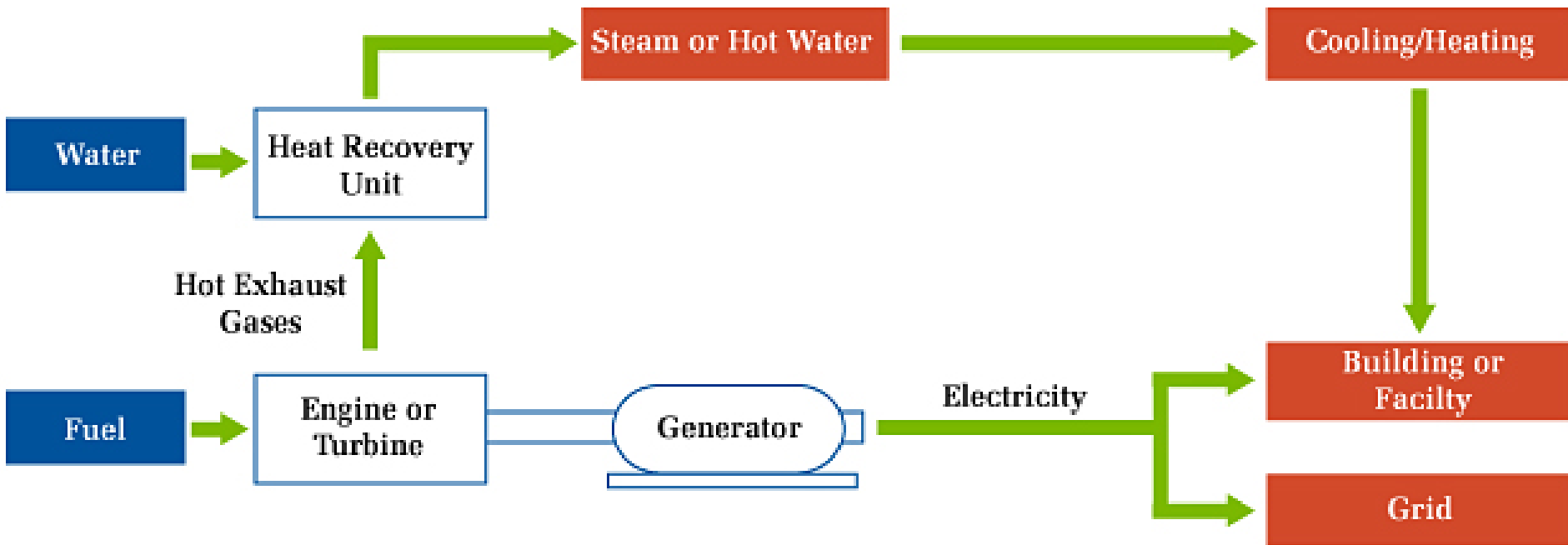




**Improved
technology**

Electric cars

**Combustion engine: 15 % of energy comes to the wheels
Electric engine: 90 % of the energy comes to the wheels**

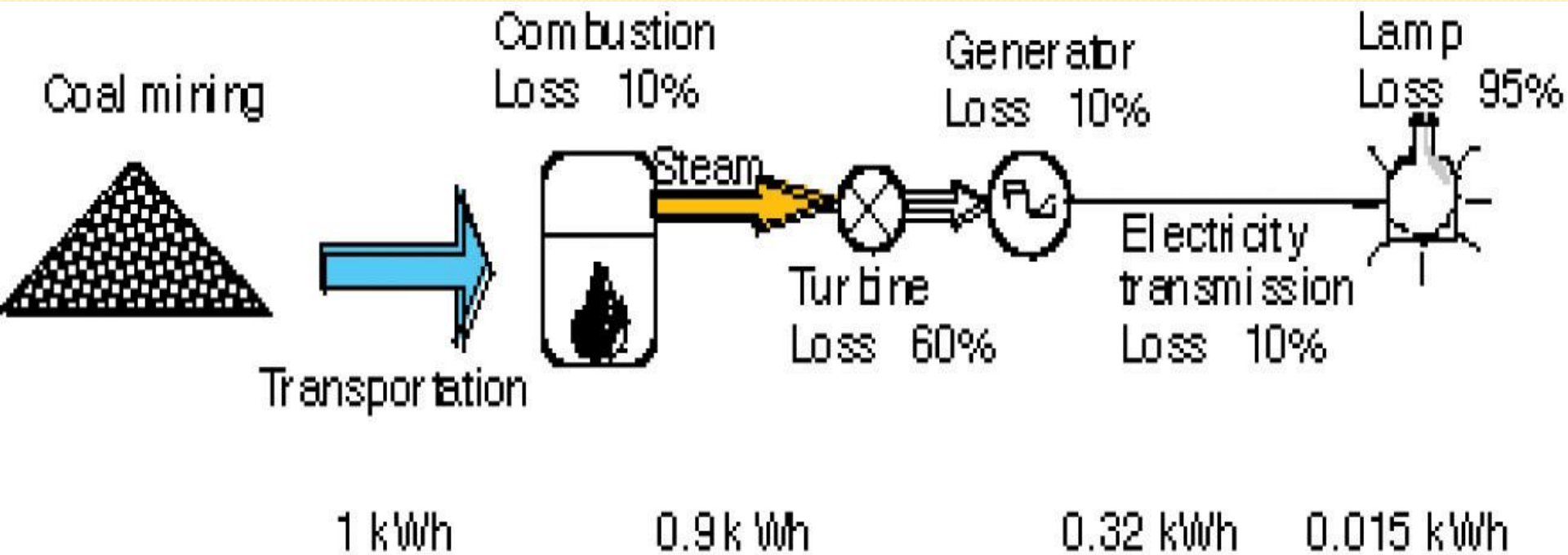


Power stations

Careful use of energy:
Combined heat and power -
cogeneration

| Energy intensity (J/h) | Activity | Happiness |
|-----------------------------------|-------------------------|-----------|
| Very low (zero) | Sex | 4,7 |
| | Socialising | 4,0 |
| | Relaxing | 3,9 |
| | Praying/meditating | 3,8 |
| | Eating | 3,8 |
| | Exercising | 3,8 |
| Use of appliances: medium high | Watching TV | 3,6 |
| | Shopping | 3,2 |
| | Preparing food | 3,2 |
| | Talking in phone | 3,1 |
| | Taking care of children | 3,0 |
| | Computer/internet | 3,0 |
| Commuting: high | Housework | 3,0 |
| | Working | 2,7 |
| | Commuting | 2,6 |

Why demand management is better than increased production



PFE - Energy Efficiency in Large Companies

Swedish Energy Authority

- 100 companies took part
- All made a complete energy use mapping
- All introduced a certified energy management system
- 1247 projects and 1.47 TWh less electricity annually
- 708 MSEK in investments
- 400 MSEK less energy costs annually
- Average return of investments 1.5 year
- Tax reductions 150 MSEK annually



1. Background
2. Photos
3. Energy efficiency proposals
4. Drawbacks of each
5. Calculations – kWh, Investments, Return on investments



52 projects during 2 years

Primary improvements

- Temperature adjustments
- Heat recovery
- New valves
- Insulation
- Changed routines
- New lighting
- Toilets

Secondary improvements

- Reduced water use
- Decreased fire risks
- Less air pollutants
- Less noise

Results after 2 years

- Accomplished 19 304 MWh /year
- Under planning 32 942 MWh /year



30 minutes

- Discuss which kind of energy you use
- Discuss which kind of energy your university uses
- Discuss how can you save energy

After 10 minutes we meet and talk together!

Increased use of renewable resources

- promoting local development
- creates new jobs
- combats climate change
- requires competence
- creates social capital
- promotes sustainable development



<https://sweden.se/work-business/business-in-sweden/swedish-companies-take-on-the-green-transition>

HYBRIT

HYBRIT – Hydrogen Breakthrough Ironmaking Technology
Using hydrogen and fossil-free electricity instead of coal –
traditionally needed for ore-based steel production –
the by-product is water instead of carbon dioxide.

In 2021, HYBRIT made its first delivery of fossil-free steel to Swedish Volvo Trucks.
By 2026, the company aims to deliver fossil-free steel to the market,
with a full-scale solution in place by 2035.

A large industrial steel mill interior. A massive ladle is being tilted, pouring bright orange molten metal. The scene is filled with complex metal structures, pipes, and scaffolding, all illuminated by the intense heat of the process.

H_2 green steel H_2

The power plant in Enköping produces heat and electricity to the town using forest rest Products.

Yield: ca 90 %

Emissions: 2,99 g CO₂/kwh

<https://www.ena.se/>



Biofuel - waste

A photograph of the Uppsala biogas station. The image shows several large, cylindrical, silver-colored storage tanks in the background, with a large, dark, industrial building to the right. A tall, thin chimney is visible on the far right. The foreground consists of a paved area and a grassy field with some young trees. The sky is clear and blue.

Uppsala biogas station use organic waste, including food waste from households etc to produce biogas, methane.

All citybuses
in Uppsala are
running on
locally
produced
Biogas.

Similar in
many
Swedish cities.



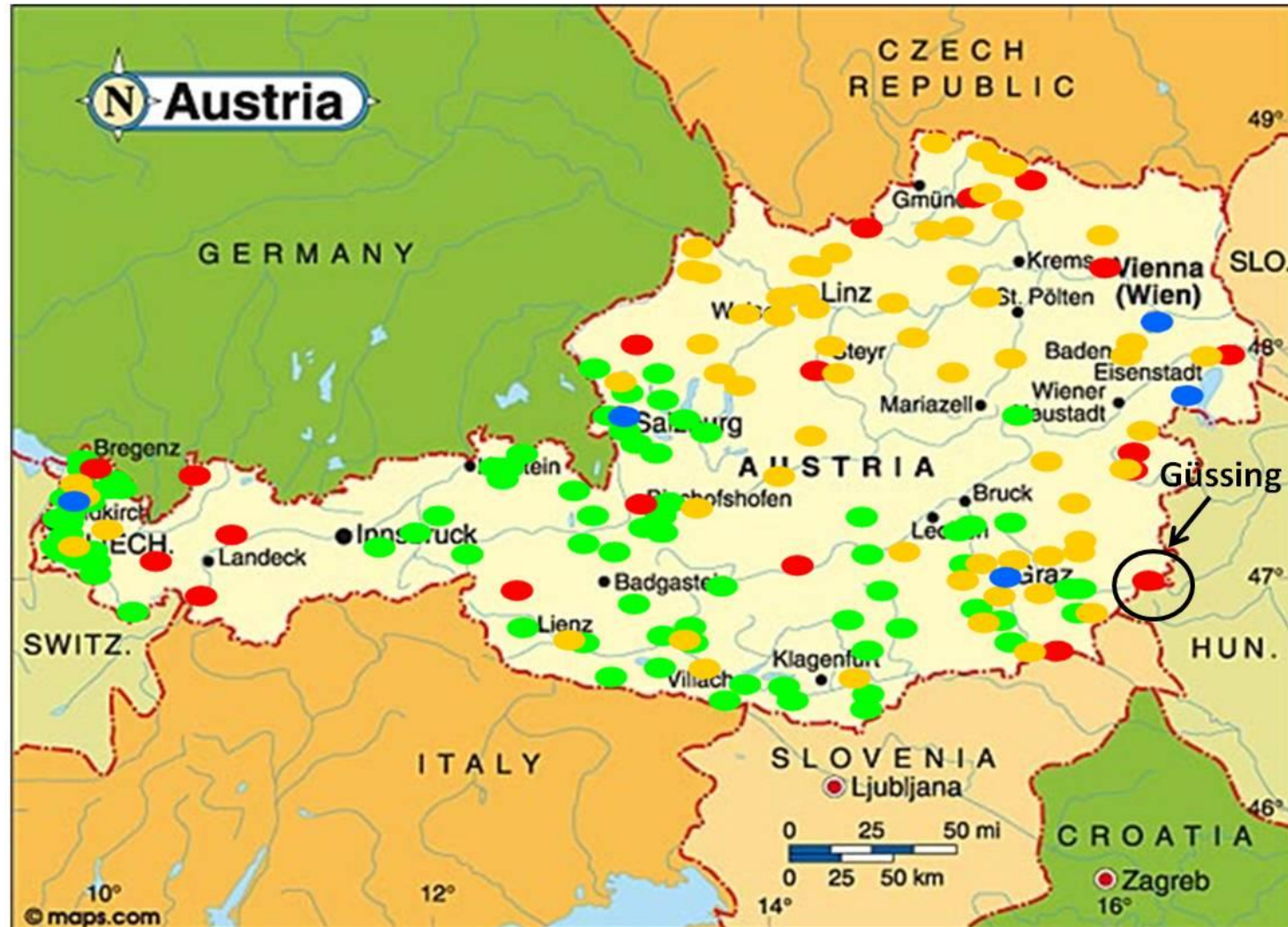
Güssing, Austria

From 1992 and in 11 years, Güssing became self-sufficient in electricity, heating, and transports. In the process 60 new companies with more than 1,500 new “green jobs” were created and commuting decreased to 40 %. On top of this Güssing now sells green energy outside the municipality to \$28 million yearly and emissions of CO₂ decreased by more than 80%.

<https://www.100-percent.org/gussing-austria/>

Energy Independence Growing on Regional Level

Regions Independent in Electricity, Heat and/or Transportation **E-Mobility Pilot Projects**
Regions with growing Energy Independence **Regions with high Energy Efficiency standards**



Networks of fossil-free municipalities in the world

- *Post carbon cities*, USA based
- *Local Renewables Initiative* run by ICLEI (local authorities for sustainability)
- *Solar Cities* network Australia
- *52 cities in Japan* develops energy autonomy
- *Transition Towns* A network for municipalities with local transition initiatives to tackle the double challenge of peak oil and climate change.
- And many more!

Thank you

- Remember the whole lecture and all slides are available and should be studied again

[https://www.aralsjon.nu/en/?view=article&id=180:lectures-and-presentations-2025&catid=86:sdssThe -2025](https://www.aralsjon.nu/en/?view=article&id=180:lectures-and-presentations-2025&catid=86:sdssThe-2025)