



# SVENSKA ARALSJÖSÄLLSKAPET

Swedish Aral Sea Society



## 3. Energy

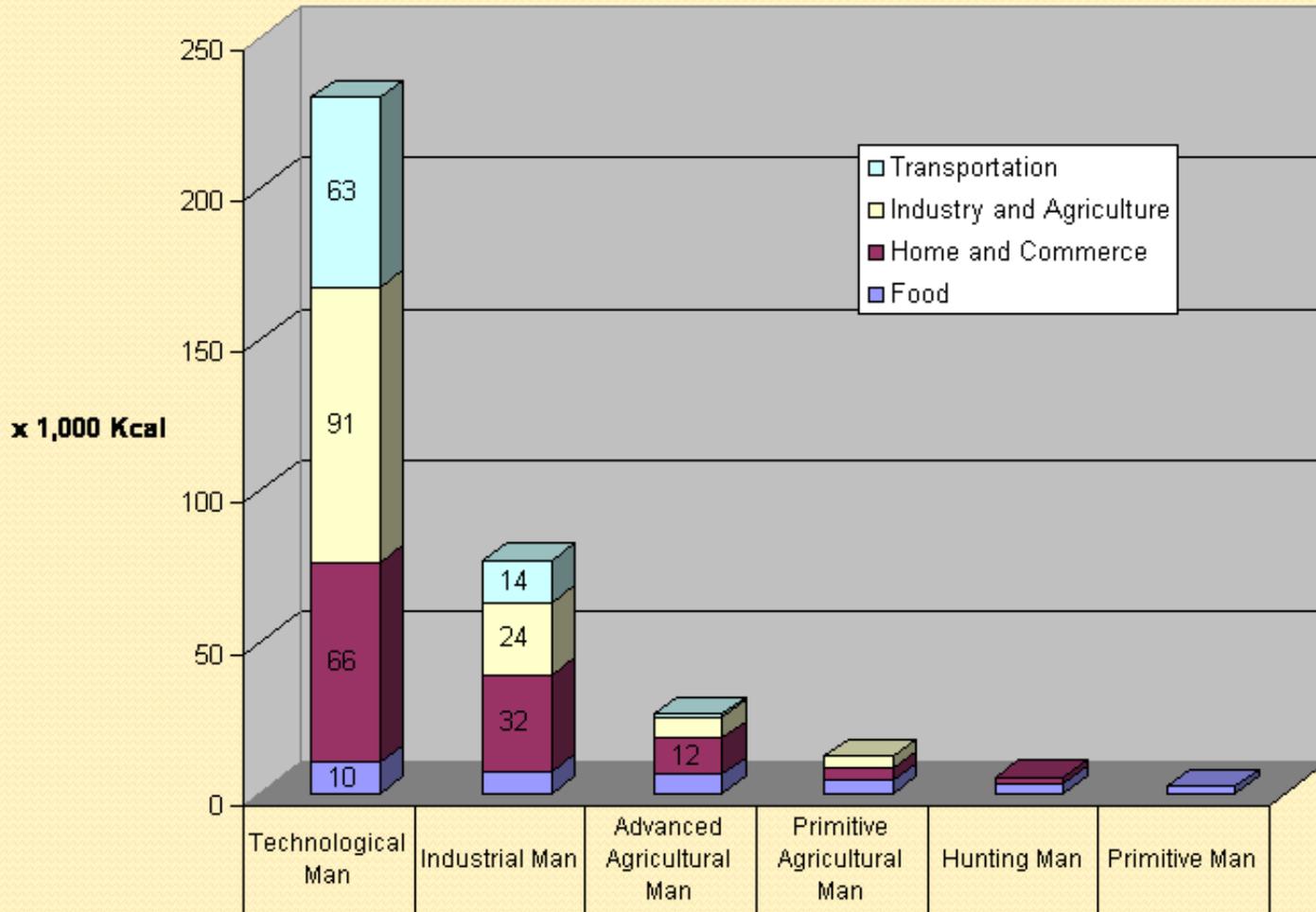
Lars Rydén  
Professor Emeritus  
Uppsala University

**Master Course on Sustainable Development and Sustainability Science  
For Uzbekistan by SASS and Karakalpak State University Spring 2025**

# Energy use per capita in different societies

- Biological 2.4 kWh/day
- Gatherers, hunters 10 kWh/day
- Agriculture 25-50 kWh/day
- Industrial society 50-100 kWh/day
- Contemporary 250 kWh/day

## Daily Consumption of Energy Per Capita



Transportation	63	14	1			
Industry and Agriculture	91	24	7	4		
Home and Commerce	66	32	12	4	2	
Food	10	7	6	4	3	2

# Two different kinds of energy

## **Non-renewable (fossil) energy resources**

- Coal
- Oil
- Gas

## **Renewable – flowing - energy resources**

- Biomass and other forms of bioenergy
- Hydropower
- Wind power
- Solar power

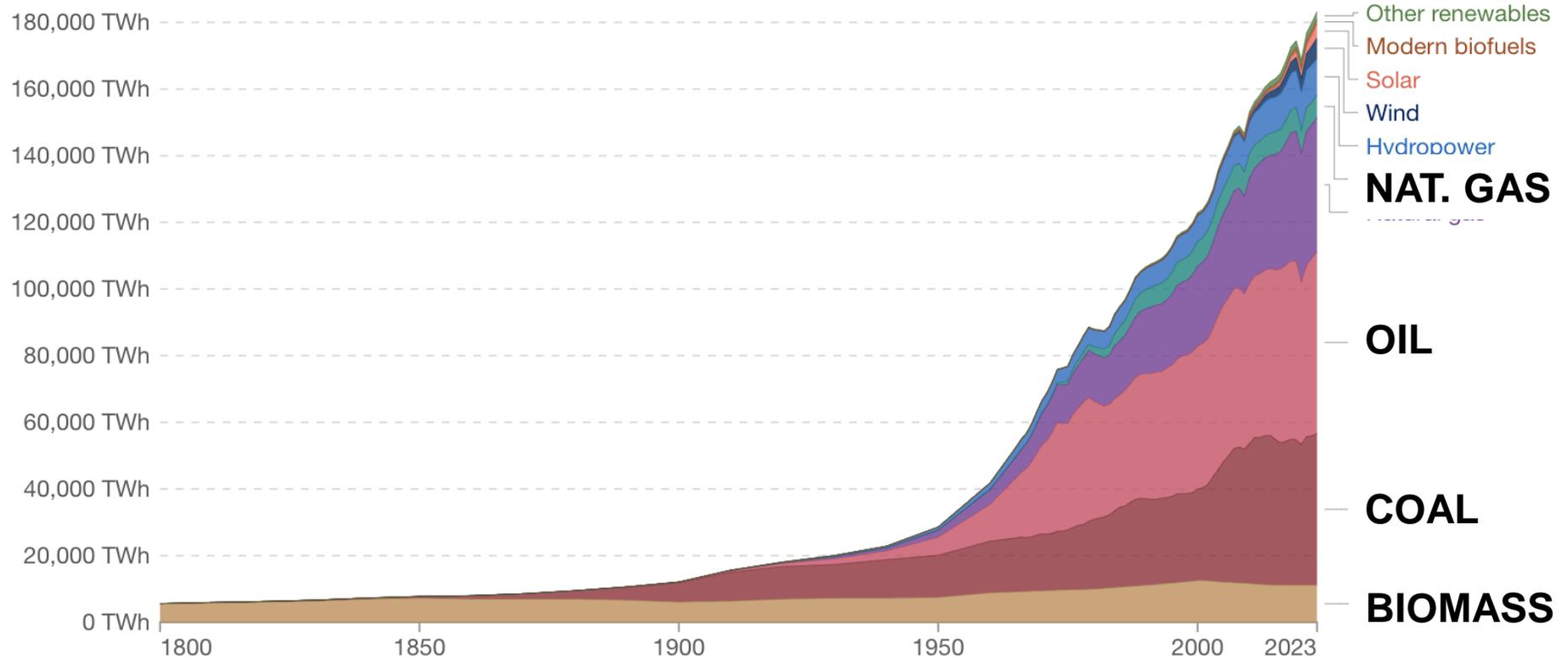
## Global primary energy consumption by source

Our World  
in Data

Primary energy is based on the [substitution method](#) and measured in [terawatt-hours](#).

Table Chart

Settings



1800



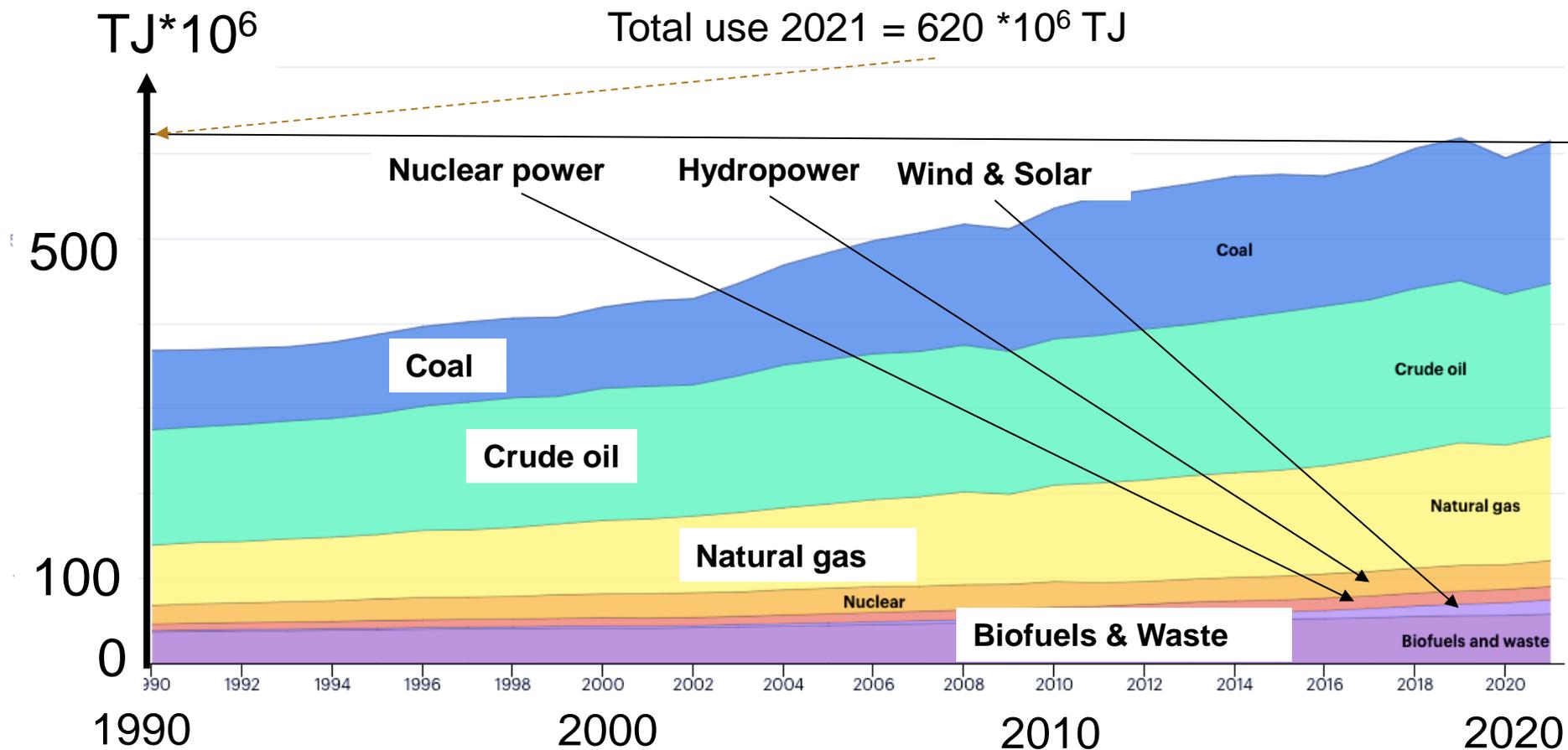
2023

**Data source:** Energy Institute - Statistical Review of World Energy (2024); Smil (2017) – [Learn more about this data](#)

**Note:** In the absence of more recent data, traditional biomass is assumed constant since 2015.

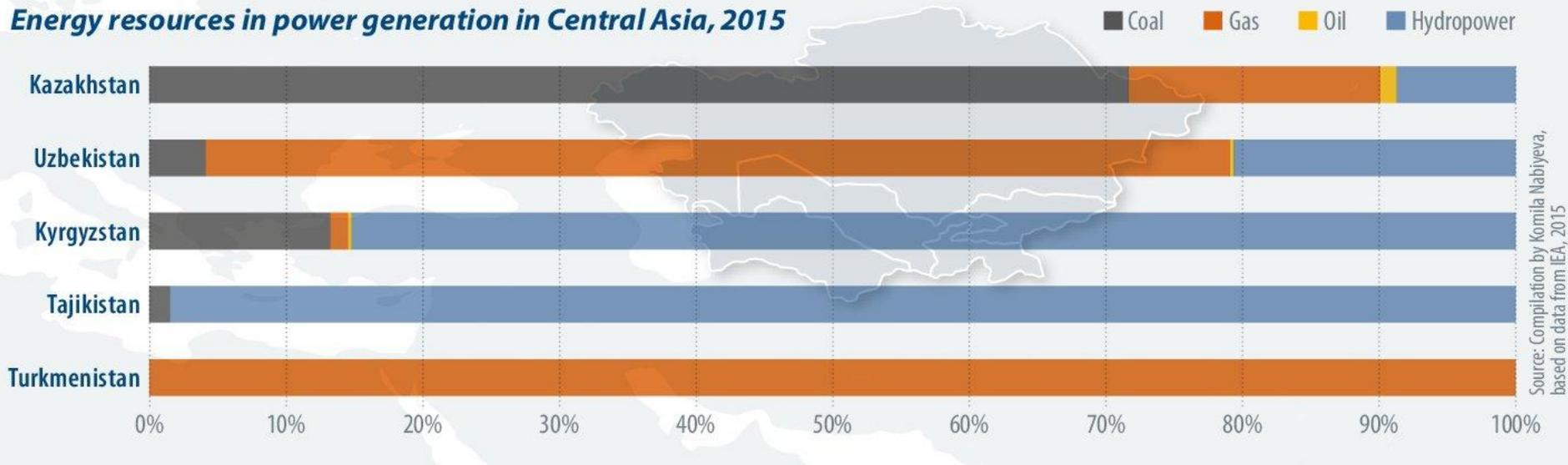


# World total Energy use 1990-2021, TJ



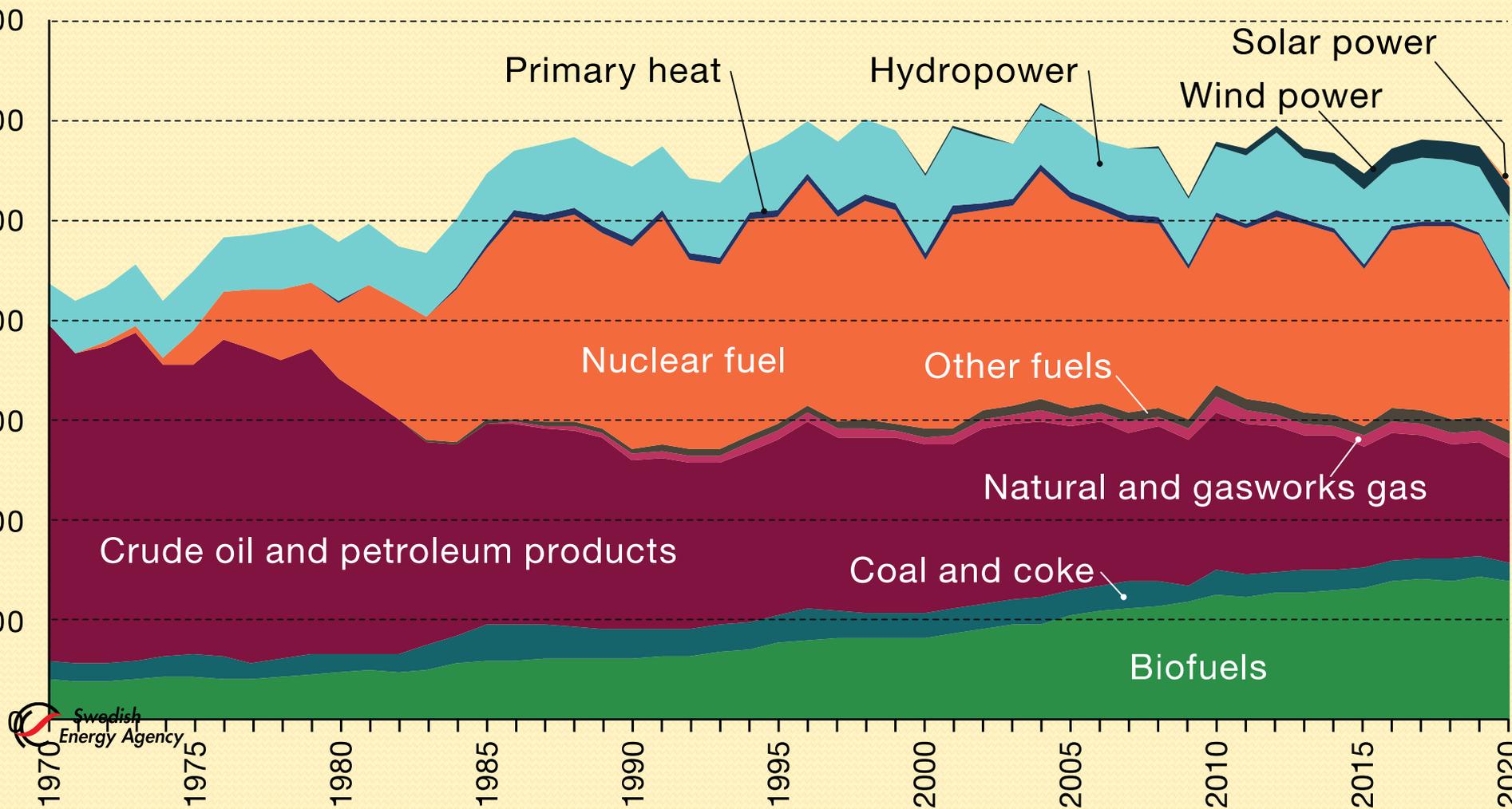
Source: International Energy Agency data browser, 2023

## Energy resources in power generation in Central Asia, 2015

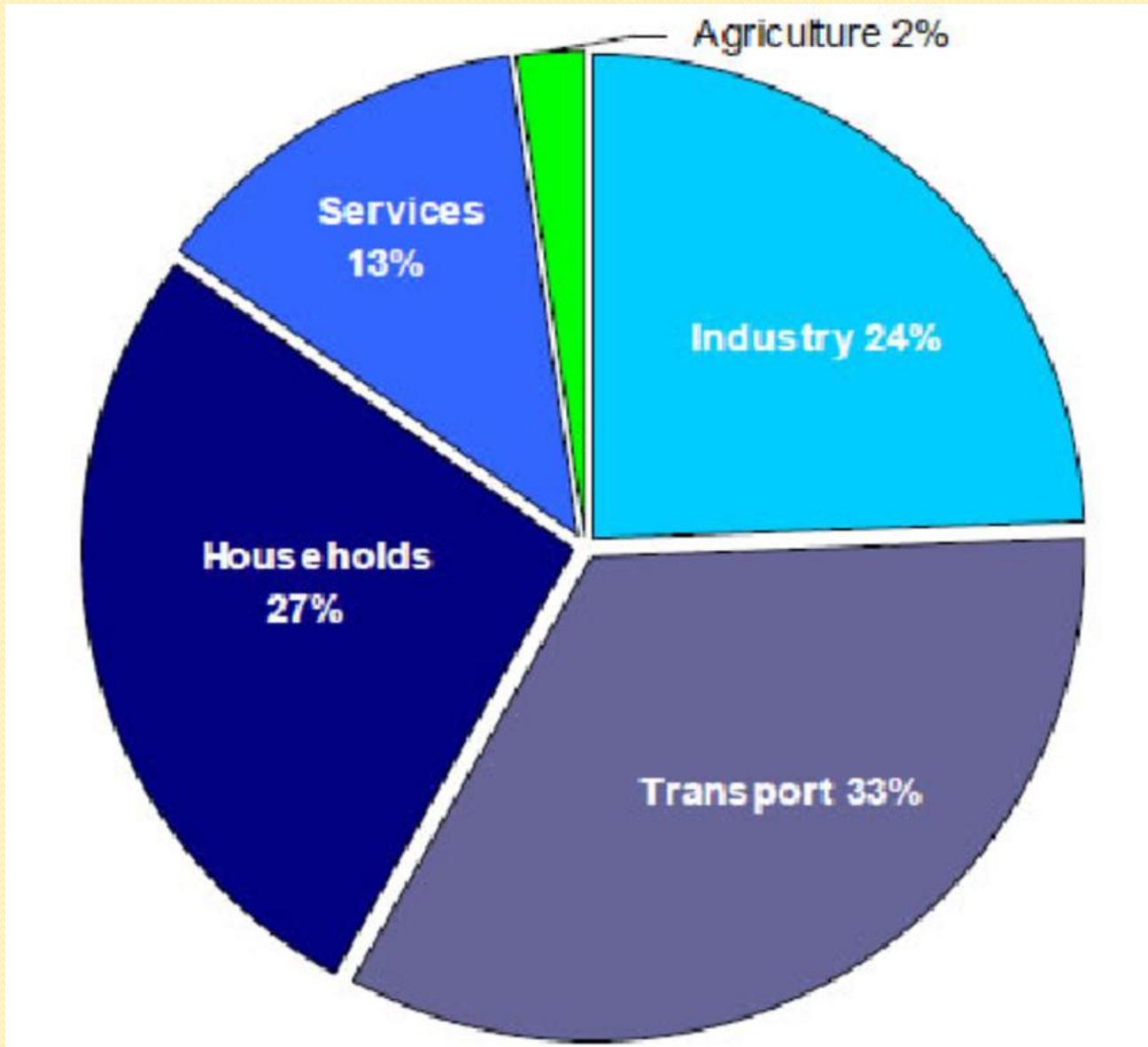


<https://energytransition.org/2018/06/central-asias-green-horizons/>

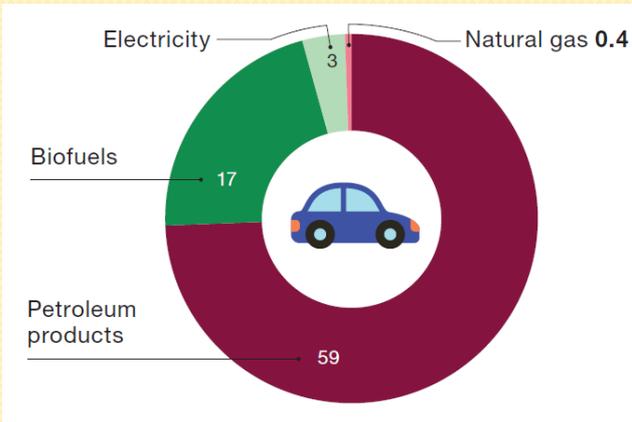
# Sweden - Total supplied energy 1970–2020, TWh



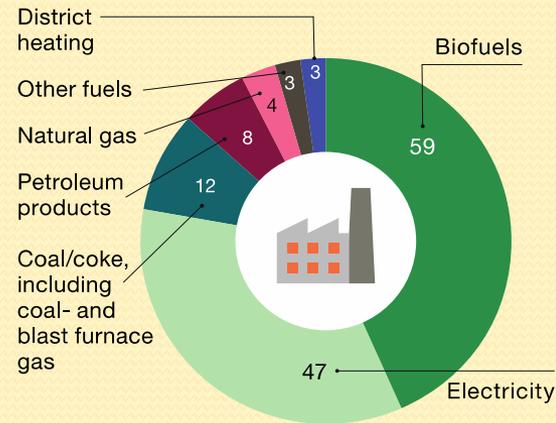
# Energy use



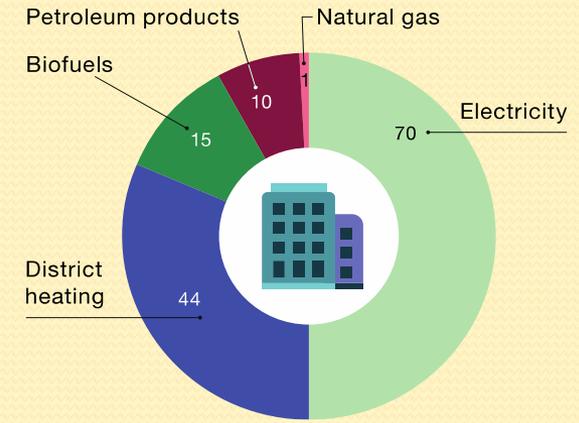
# Final energy use in the different sectors 2020, TWh



Transport



Industry

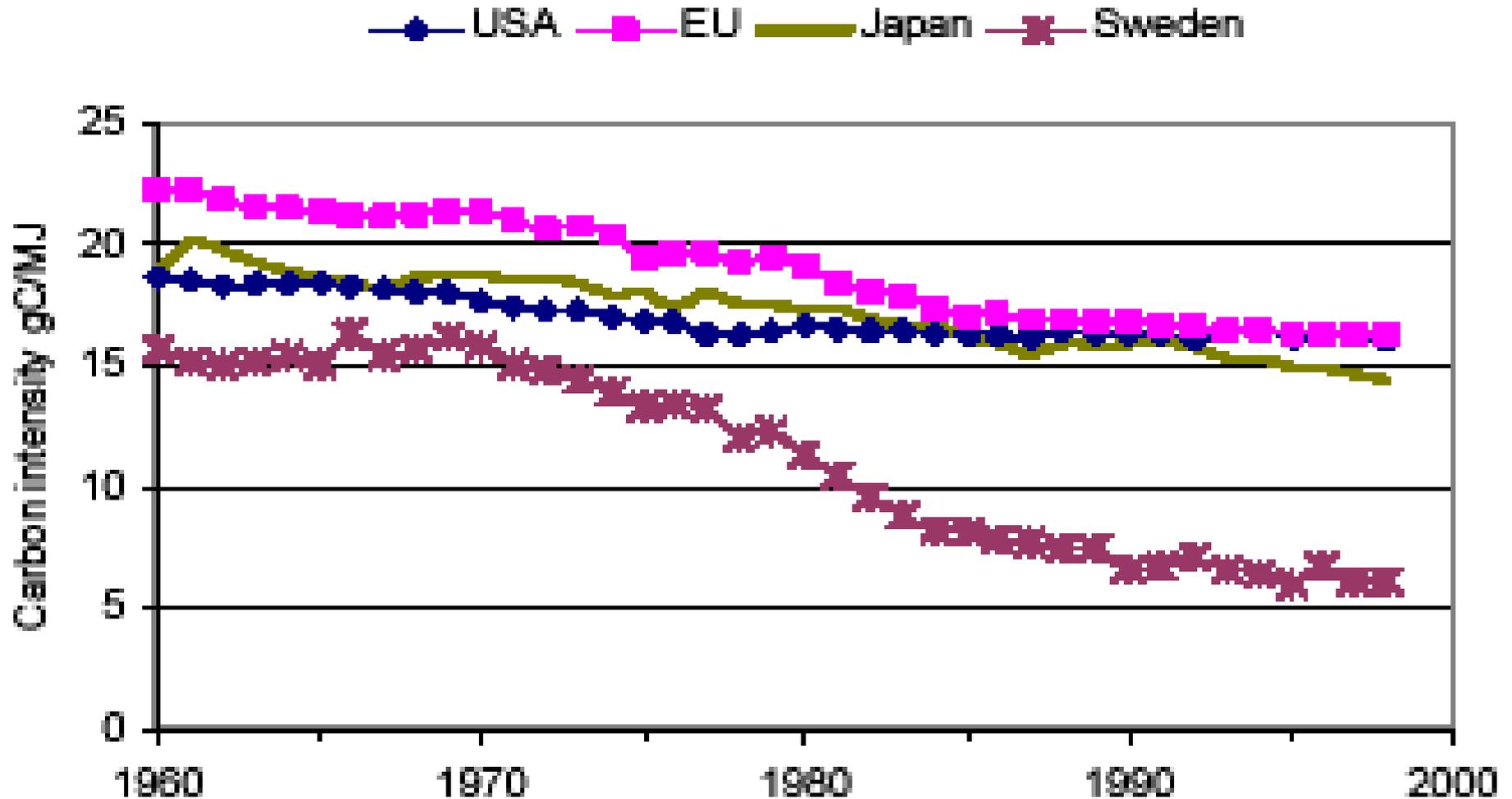


Households and business

# **Renewable Energy supply and use**

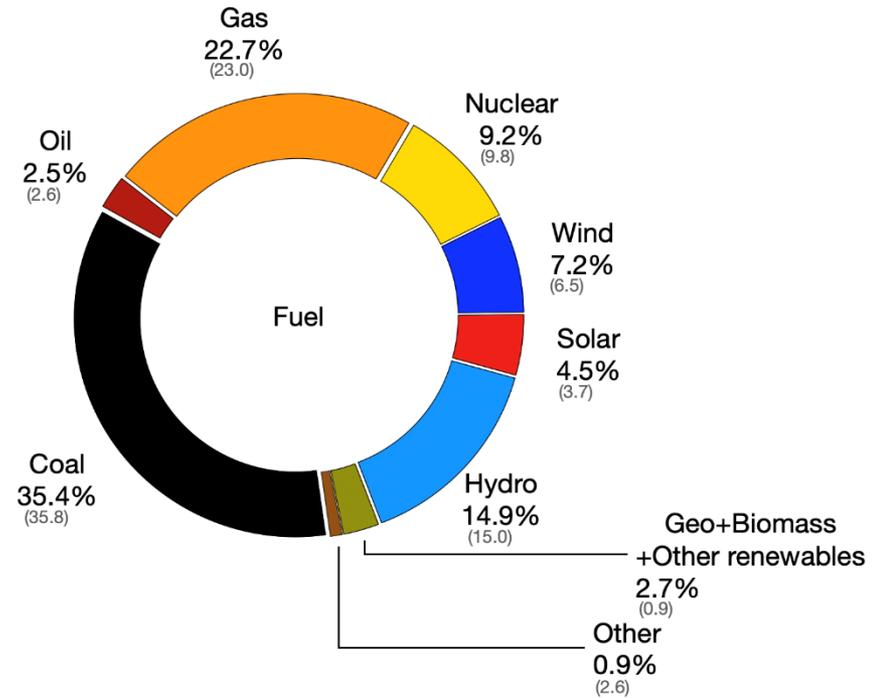
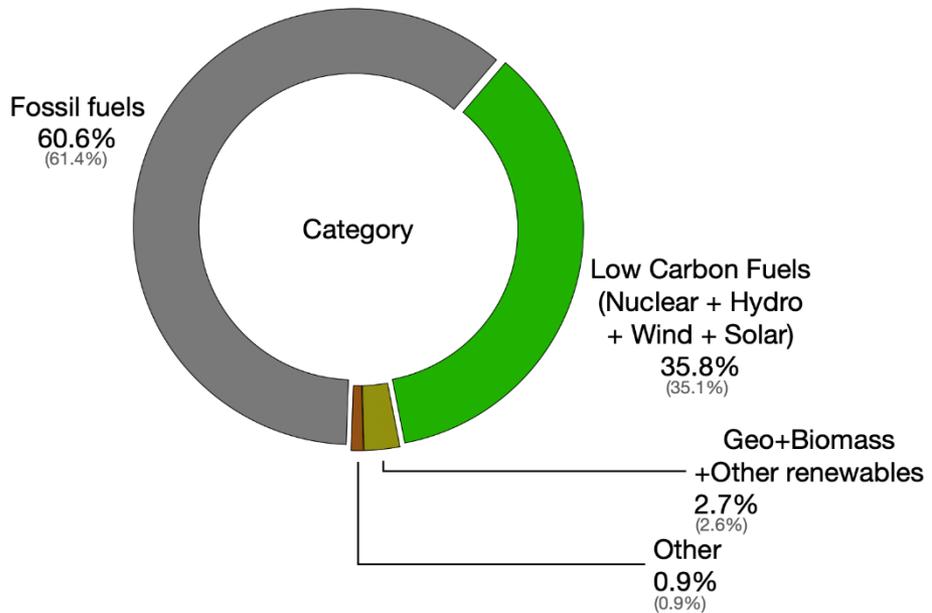
# Carbon content of energy

From *Decoupling*, Azar, Holmberg and Karlsson, Chalmers University of Technology, 2002 based on IEA statistics



# World Electricity Generation 2022

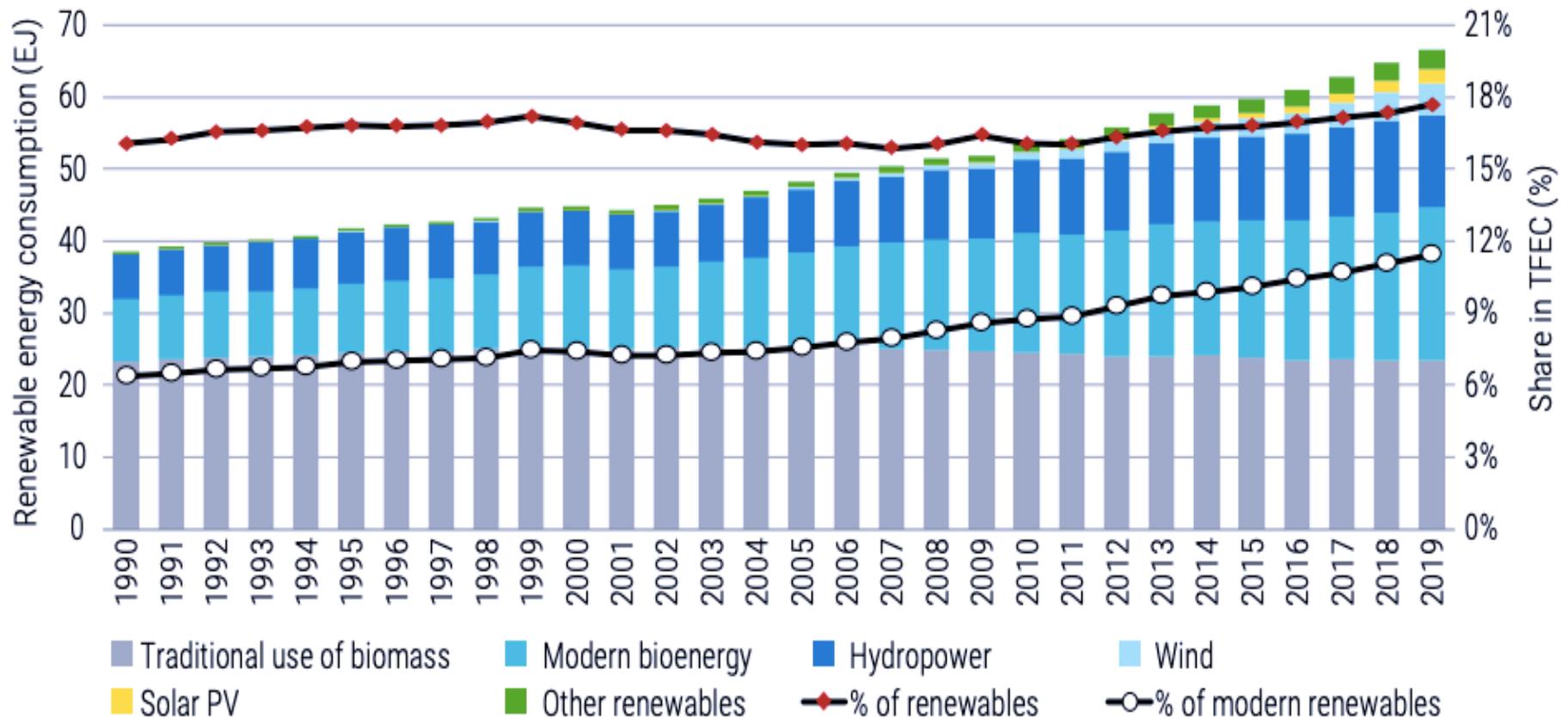
World Electricity Generation 2022  
Grey values shown in brackets are 2021 values



<https://www.worldenergydata.org/world-electricity-generation/>

# Renewable Energy in the world

**FIGURE ES.5** • Renewable energy consumption by technology and share in total energy consumption, 1990-2019

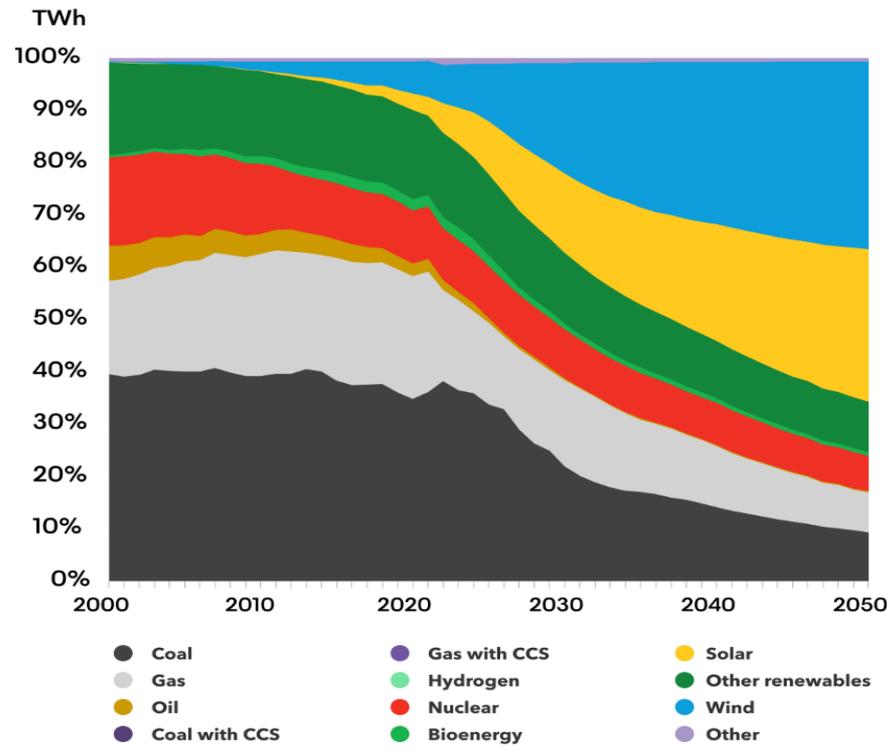


Source: IEA 2021a and UNSD 2021.

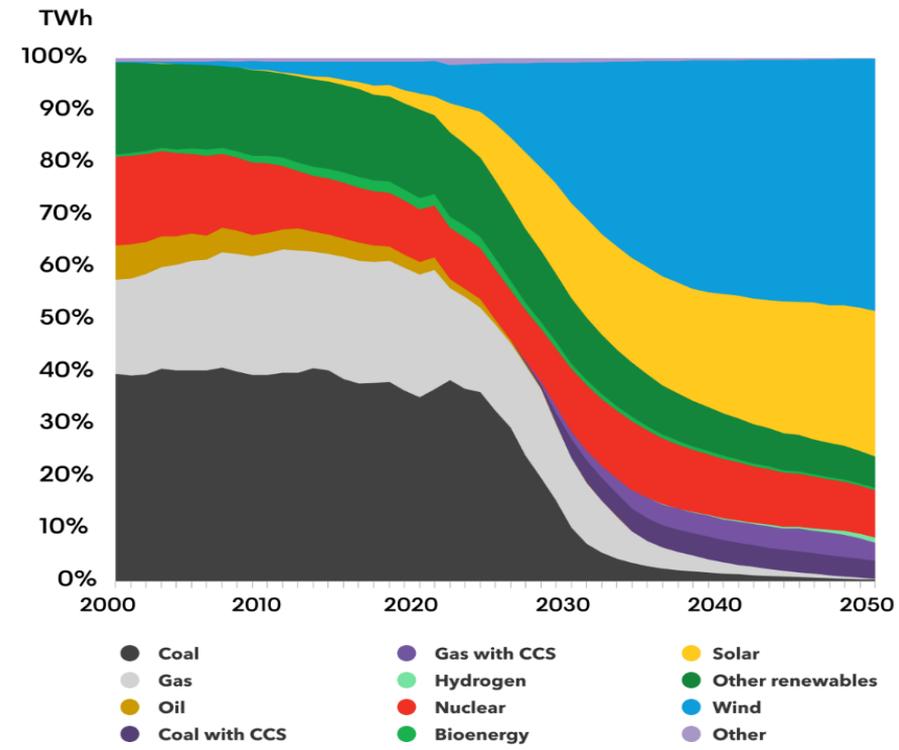
# Sun and wind power dominates investments today, and will dominate in the future

## Electricity generation by technology, by scenario

### Economic Transition Scenario

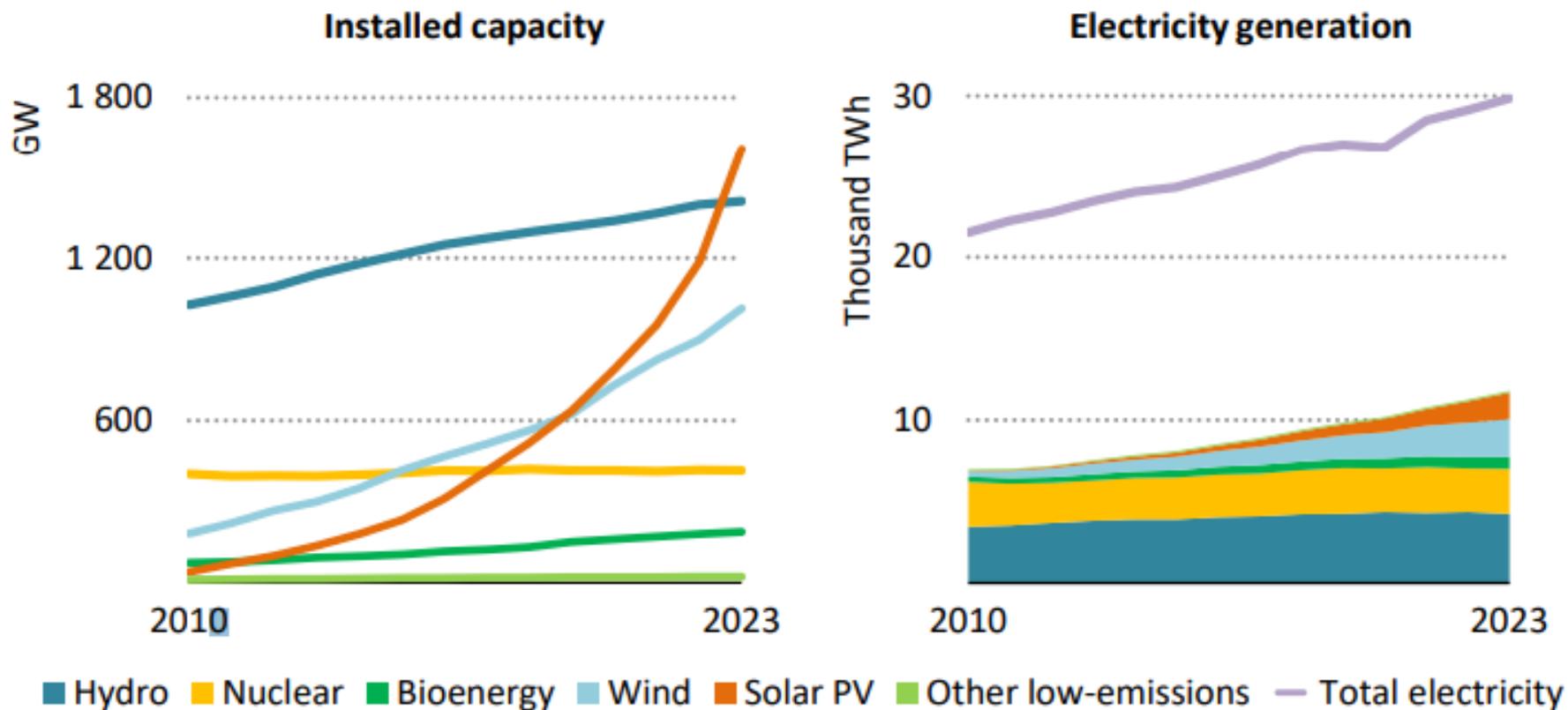


### Net Zero Scenario



Source: The [2022 New Energy Outlook](#) (NEO) Bloomberg New Energy Finance

**Figure 1.14** ▶ Global installed clean power capacity and electricity generation, 2010-2023



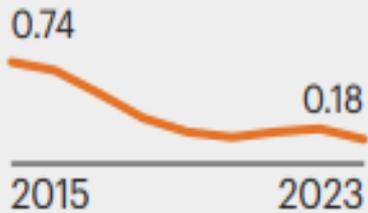
IEA. CC BY 4.0.

# Falling clean energy prices

Recent years have seen large overall price reductions for many clean energy technologies.

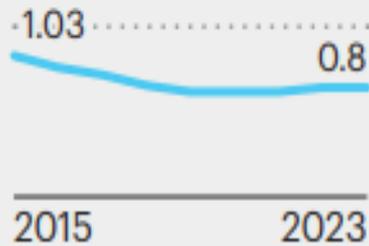
## Solar panels

Million USD per MW



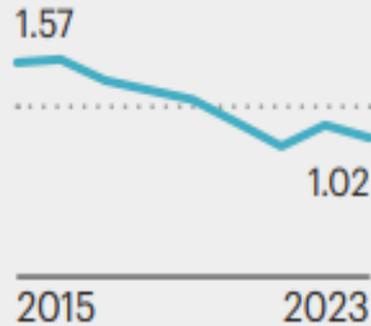
## Wind turbines

Million USD per MW



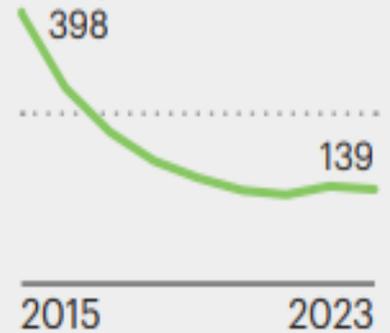
## Battery storage

Million USD per MW



## EV batteries

USD per kWh



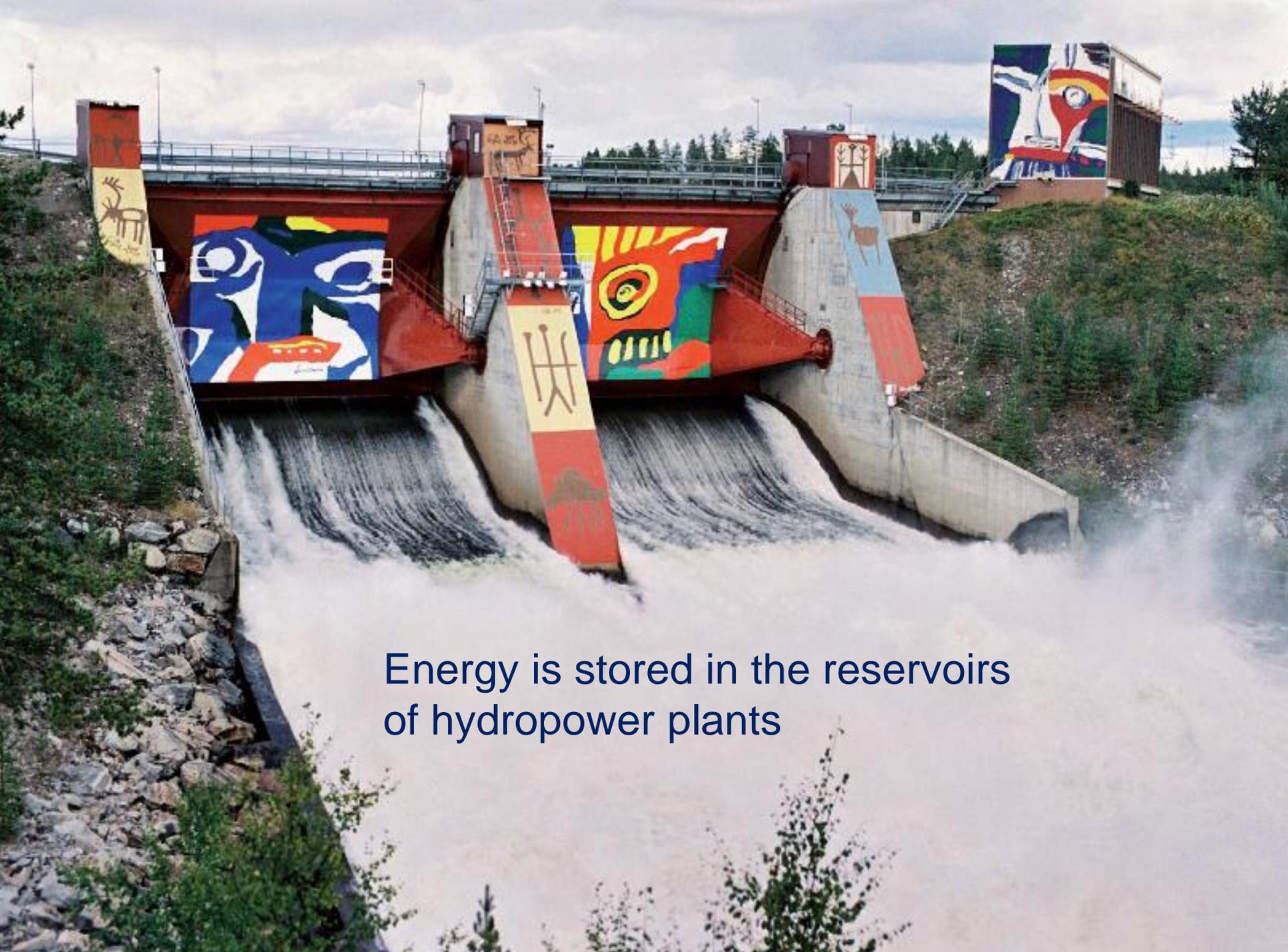
# Storage of energy



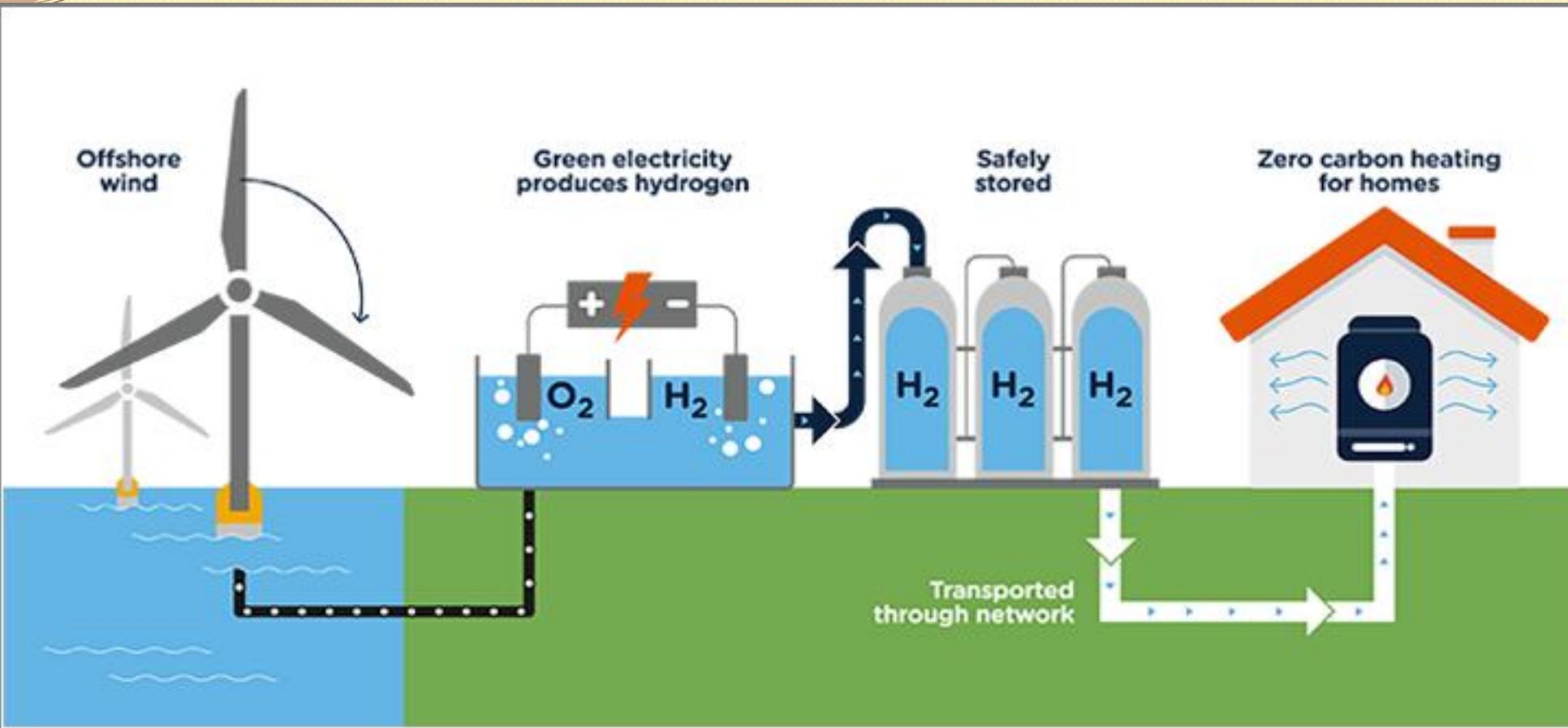
Enormous amounts of energy is stored in biomass



How can we best harvest the biomass?



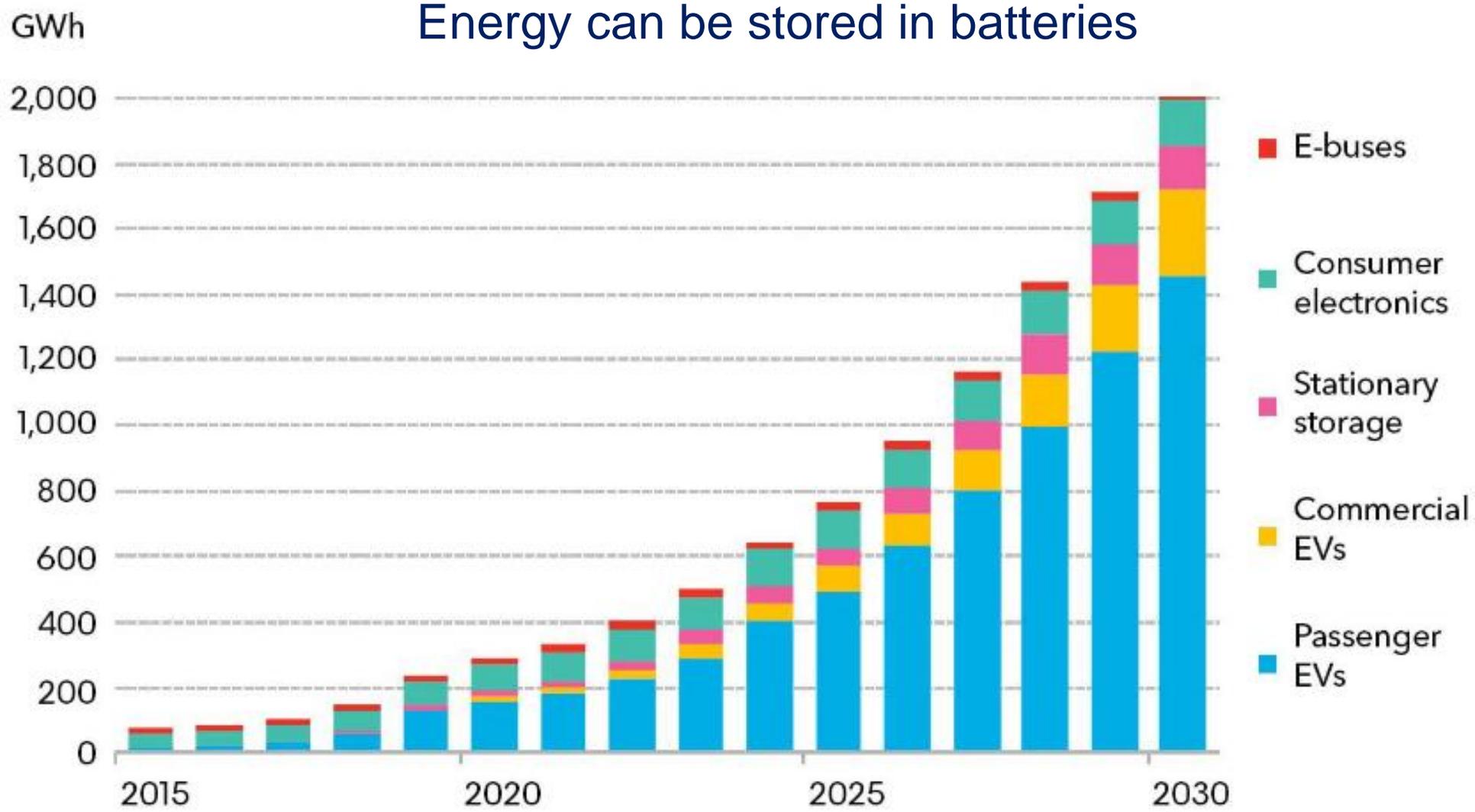
Energy is stored in the reservoirs  
of hydropower plants



Energy can be stored as hydrogen gas

# Annual lithium-ion battery demand

Energy can be stored in batteries



Source: Bloomberg NEF 2019 Electric Vehicle Outlook

# Energy efficiency

**Energy conservation:  
Insulation of pipes and  
covers on containers**



# Building a passive energy house





A passive energy house

# Improved technology

Torraca, Italy, has  
LED for all street lights

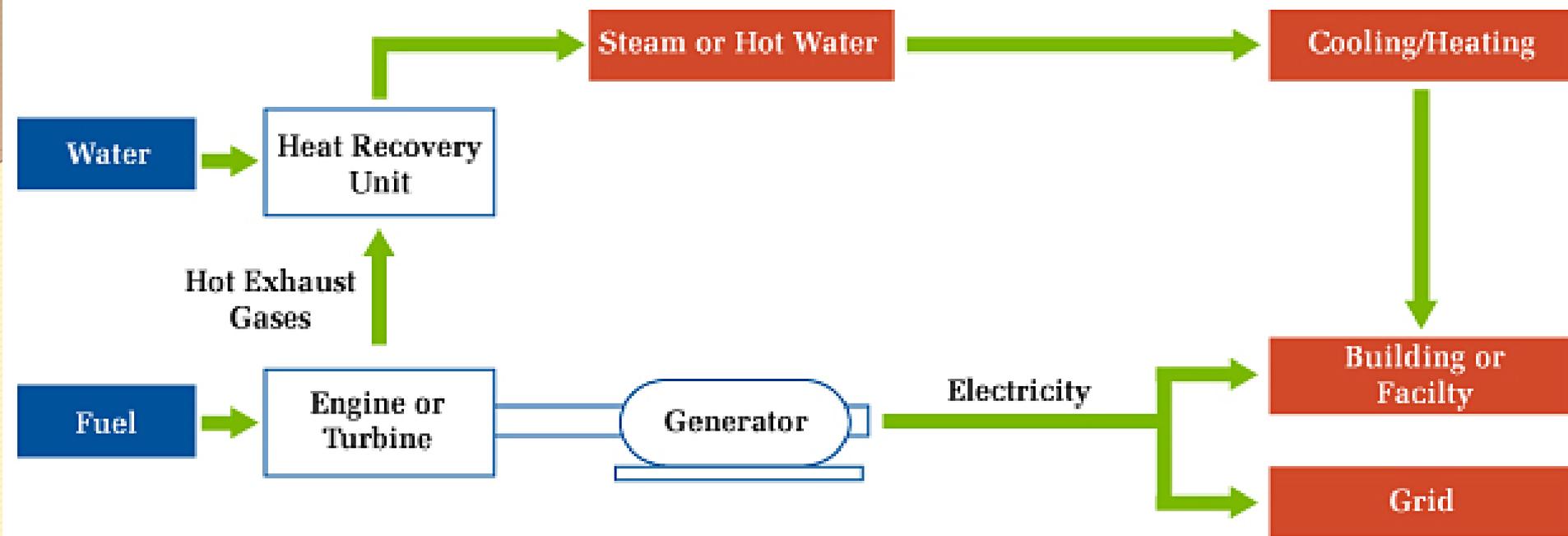




**Improved  
technology**

## **Electric cars**

**Combustion engine: 15 % of energy comes to the wheels  
Electric engine: 90 % of the energy comes to the wheels**

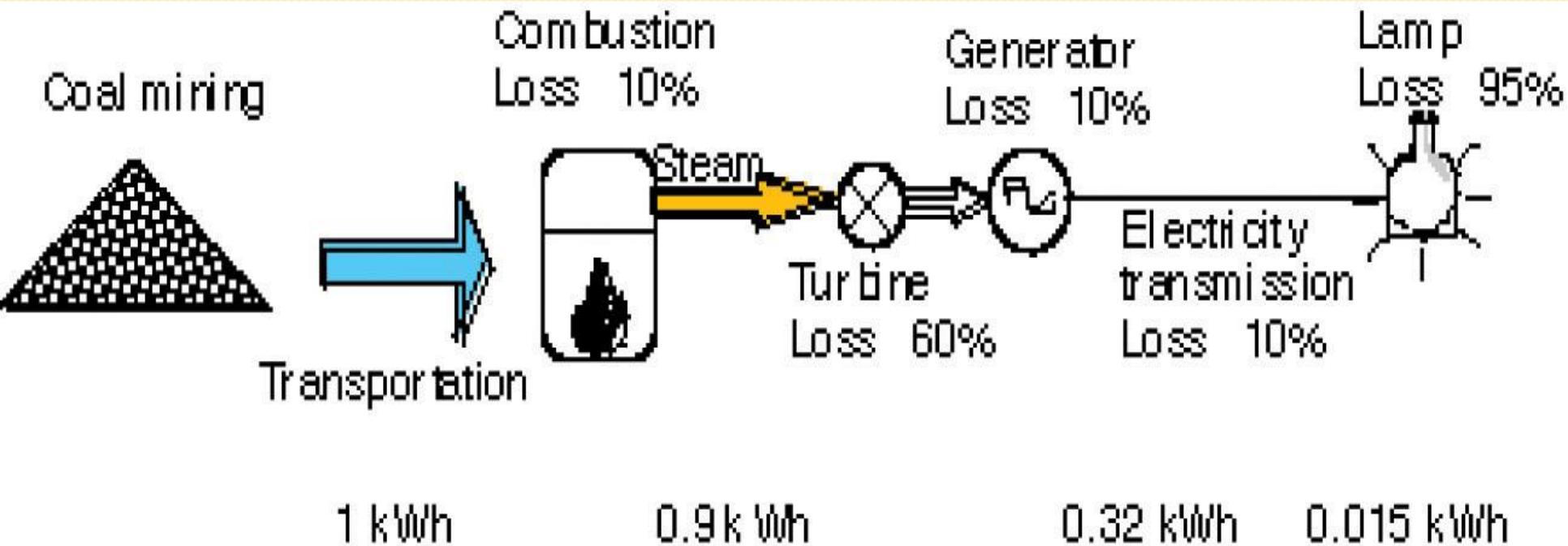


## Power stations

Careful use of energy:  
Combined heat and power -  
cogeneration

Energy intensity (J/h)	Activity	Happiness
Very low (zero)	Sex	4,7
	Socialising	4,0
	Relaxing	3,9
	Praying/meditating	3,8
	Eating	3,8
	Exercising	3,8
	Watching TV	3,6
Use of appliances: medium high	Shopping	3,2
	Preparing food	3,2
	Talking in phone	3,1
	Taking care of children	3,0
	Computer/internet	3,0
Commuting: high	Housework	3,0
	Working	2,7
	Commuting	2,6

# Why demand management is better than increased production



# PFE - Energy Efficiency in Large Companies

## Swedish Energy Authority

- 100 companies took part
- All made a complete energy use mapping
- All introduced a certified energy management system
- 1247 projects and 1.47 TWh less electricity annually
- 708 MSEK in investments
- 400 MSEK less energy costs annually
- Average return of investments 1.5 year
- Tax reductions 150 MSEK annually





# 52 projects during 2 years

## Primary improvements

- Temperature adjustments
- Heat recovery
- New valves
- Insulation
- Changed routines
- New lighting
- Toilets

## Secondary improvements

- Reduced water use
- Decreased fire risks
- Less air pollutants
- Less noise

## Results after 2 years

- Accomplished 19 304 MWh /year
- Under planning 32 942 MWh /year



# 30 minutes

- Discuss which kind of energy you use
- Discuss which kind of energy your university uses
- Discuss how can you save energy

**After 10 minutes we meet and talk together!**

# Increased use of renewable resources

- promoting local development
- creates new jobs
- combats climate change
- requires competence
- creates social capital
- promotes sustainable development



<https://sweden.se/work-business/business-in-sweden/swedish-companies-take-on-the-green-transition>

## HYBRIT

HYBRIT – Hydrogen Breakthrough Ironmaking Technology  
Using hydrogen and fossil-free electricity instead of coal – traditionally needed for ore-based steel production – the by-product is water instead of carbon dioxide.

In 2021, HYBRIT made its first delivery of fossil-free steel to Swedish Volvo Trucks. By 2026, the company aims to deliver fossil-free steel to the market, with a full-scale solution in place by 2035.

H<sub>2</sub> green steel

H<sub>2</sub>



**The power plant in Enköping produces heat and electricity to the town using forest rest Products.**

Yield: ca 90 %

Emissions: 2,99 g CO<sub>2</sub>/kwh

<https://www.ena.se/>



# Biofuel - waste

A photograph of the Uppsala biogas station. The image shows several large, cylindrical, corrugated metal storage tanks in the foreground, with a large industrial building in the background. The sky is clear and blue. There are some young trees and a paved area in the foreground.

Uppsala biogas station use organic waste, including food waste from households etc to produce biogas, methane.

All citybuses  
in Uppsala are  
running on  
locally  
produced  
Biogas.

Similar in  
many  
Swedish cities.



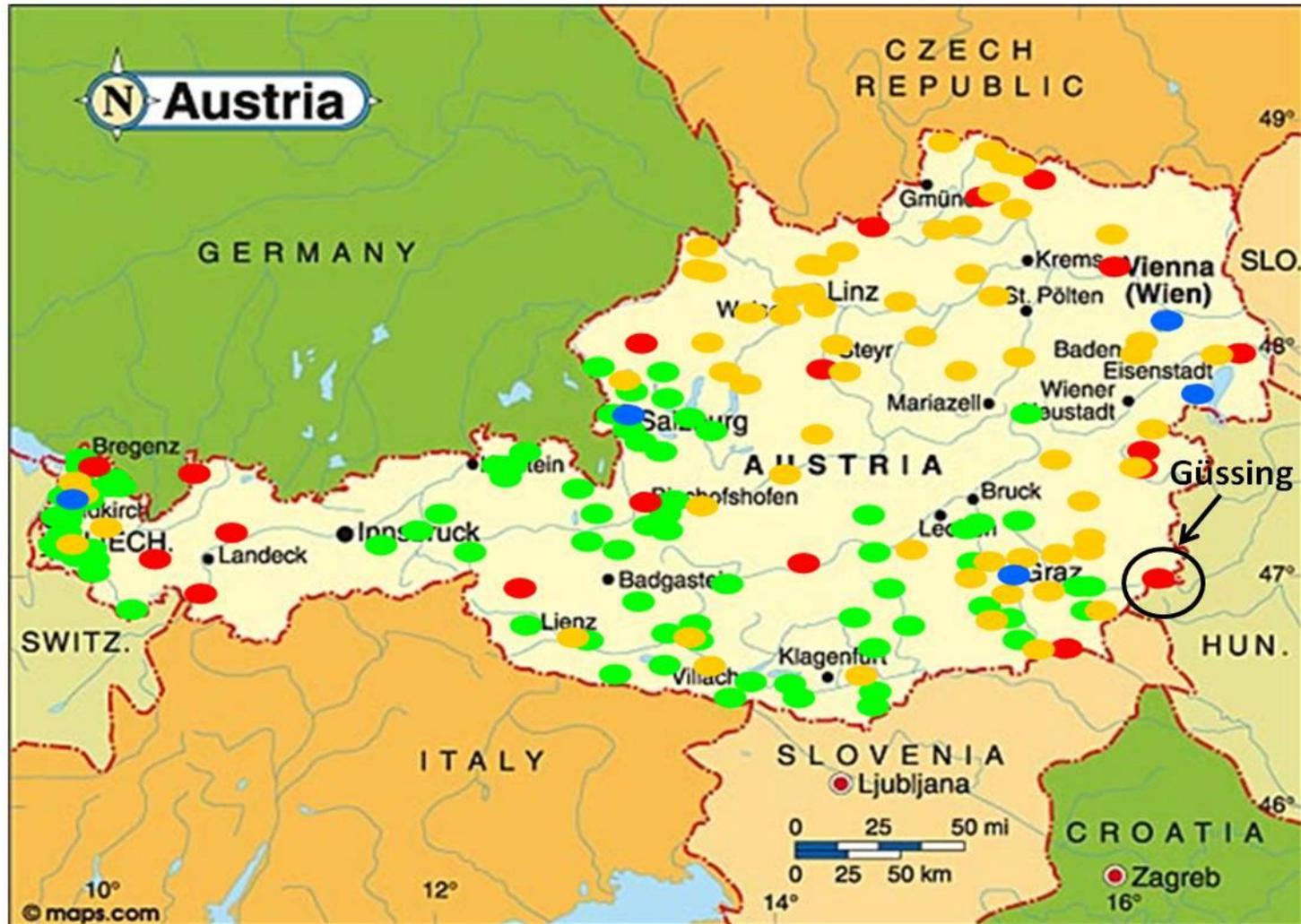
# Güssing, Austria

From 1992 and in 11 years, Güssing became self-sufficient in electricity, heating, and transports. In the process 60 new companies with more than 1,500 new “green jobs” were created and commuting decreased to 40 %. On top of this Güssing now sells green energy outside the municipality to \$28 million yearly and emissions of CO<sub>2</sub> decreased by more than 80%.

<https://www.100-percent.org/gussing-austria/>

# Energy Independence Growing on Regional Level

Regions Independent in Electricity, Heat and/or Transportation E-Mobility Pilot Projects  
Regions with growing Energy Independence Regions with high Energy Efficiency standards



# Networks of fossil-free municipalities in the world

- *Post carbon cities*, USA based
- *Local Renewables Initiative* run by ICLEI (local authorities for sustainability)
- *Solar Cities* network Australia
- *52 cities in Japan* develops energy autonomy
- *Transition Towns* A network for municipalities with local transition initiatives to tackle the double challenge of peak oil and climate change.
- And many more!

# Thank you

- Remember the whole lecture and all slides are available and should be studied again

[https://www.aralsjon.nu/en/?view=article&id=180:lectures-and-presentations-2025&catid=86:sdssThe -2025](https://www.aralsjon.nu/en/?view=article&id=180:lectures-and-presentations-2025&catid=86:sdssThe-2025)