

Sustainable Development and Sustainability Science 2025

Course PM



Course Abstract

The Master of Science level academic course Sustainable Development and Sustainability Science (SDSS) has been developed by the Swedish Aral Sea Society (SASS) in cooperation with Uzbek academic research colleagues and gives an overarching introduction to the Sustainable Development challenges and a scientific view on how to approach them. The development of the course was based on SASS' interest in the Aral Sea ecological situation and contacts established with Uzbek researchers in the implementation of the so called UZWATER project, sponsored by European Union and carried out 2012-2016. The course has two main parts, one lecture part and one student seminar part. The lecture part comprises 15 lectures presented by both Swedish and Uzbek teachers. The academic presentation part has short student presentations in English, each followed by student opposition of the content and presentation. Important aims of the second part are (i) to train the students in presenting academic material in English and (ii) to present a balanced opposition that illuminates strengths and weaknesses of the presentation. A special aim of the student presentation part is to train students in critical thinking regarding the sources of information and its relevance and value. In spring 2025 we will continue to organize also a distance conference between students in Uzbekistan and Sweden.

Table of Contents

Course Abstract	1
Table of Contents	2
Background	3
Course aim and objectives	4
Course aim.....	4
Course objectives.....	4
Intended learning outcomes (ILOs)	4
Course Programme	4
Lectures	5
Student Seminars.....	6
International student Conferences.....	6
Course lecture introductions, literature, and course website.....	7
Course parts	7
Participating universities and their contact persons	8
Website and Zoom links	8
Website.....	8
Zoom link	8
Others	9
Appendix 1 - Master student presentations and comments	10
Background.....	10
English language	10
Choose a subject.....	10
Outline the presentation	10
Make pictures, ppt slides.....	11
Rehearse the presentation	11
Comments to the presentation	11
Questions by the audience	11

Course PM

Sustainable Development and Sustainability Science

Spring 2025 – Distance mode, 15 weeks, English

language - 5 credits ECTS (suggested)

Background

Sustainable Development is an overarching goal of most countries in the world and was first broadly accepted after publication of the so called Brundtland report *Our Common Future* in 1987. Its famous definition of sustainable development reads “a development that meets the needs of the present without compromising the ability of future generations to meet their own needs”.

Sustainable Development is not an easy task. It has several conflicting areas both within countries and between countries. Within countries, there are often conflicts between e.g. rural and urban areas and between indigenous minorities and the main population. Between countries, we can see conflicts of interest between already rich countries and low-income countries, especially when both strive for economic growth on a limited planet. Within countries there are developments that favour the already rich and press the poor.

Today the most discussed sustainability challenge at a global level is the climate crisis, that now has reached a critical situation according to the International Panel on Climate Change (IPPC). It is not unlikely, however, that the climate crisis is only a forerunner of an even more dangerous ecological crisis, manifested by the rapid decrease in biodiversity on earth.

The course will introduce the concepts of sustainability, especially emphasizing the systems approach. The focus of the course is resource management with an understanding that all resources are finite and have to be used within their capacity to renew and within the planetary boundaries. Resources treated will include energy, physical materials, water and ecosystems. The sustainable management of water will be developed in some more detail, especially with reference to the situation in the Aral Sea basin.

Among the consequences of resource management, it will treat climate change, biodiversity, environmental protection, and global health, as well as consequences of resource management for the economy of societies, the lifestyles of people and health. This year we will include more cases of good management and policy initiatives especially with reference to the UN Sustainable Development Goals.

The course was given for the first time for 11 students at the Karakalpak State University, spring 2021. During the period 2022-2024, the course participation has gradually increased and in 2024 gathered some 40 students from in total 11 universities, of which 10 Uzbek universities and one university from Kyrgyzstan. Late in 2022, the admission rules for Uzbek students in English M.Sc. courses have become stricter and the English skills in student presentations have improved. In order to further improve the quality of the course a special Memo for participating researchers and teachers has been elaborated in preparation for the course 2025. Please take part in reading this Memo. Regarding implementation of the course, the Uzbek teacher involvement in lectures and in organizing student presentations is expected to increase compared to previous courses.

Course aim and objectives

Course aim

The course Sustainable Development and Sustainability Science has the main aim to give the students a science-based introduction to important current sustainability challenges with a specific focus on an ecologically sustainable development. A second aim is to train the students in presenting intellectual material for an audience and to train students in presenting a balanced feed-back based on critical thinking.

Course objectives

The course objectives are the following:

1. To present the most important global ecological sustainability challenges by means of video linked lectures presented by Swedish and Central Asian internationally renowned teachers and experts;
2. To link these challenges to the situation in Central Asia through lectures presented in the same way by academic teachers and scientists from Uzbekistan and other Central Asian countries;
3. To illuminate the information presented by means of discussions between teachers and students during the lectures;
4. To train the students in preparing an English presentation, supported by information material such as slides and short videos in English;
5. To train the students in presenting intellectual material in English and in front of an audience;
6. To train the students in preparing a balanced opposition, illuminating the strong and weak parts of the student presentation and with special emphasis on fostering a critical thinking of the students.

Intended learning outcomes (ILOs)

After fulfilling the course, the following student learning outcomes are expected:

The student should be able to demonstrate:

- A basic knowledge of the most important global and Central Asian ecological sustainability challenges;
- An understanding of the main reasons behind the climate crisis and current efforts to solve it;
- An understanding of the most important mechanisms behind local and regional water crises, such as e.g. the Aral Sea shrinking;
- A basic knowledge of the (ecologic) sustainability challenges of large urban areas;
- A basic skill in preparing and presenting information in English in front of an audience and supported by presentation support in the form of e.g. slides and short videos and
- A basic skill in presenting a balanced opposition to intellectual material to develop critical thinking.

Course Programme

The course will start on 19 February 2025 and then there will follow a lecture each Wednesday until 28 May 2025, when it finishes. Lectures and student Seminars will follow the generalized and specific schedules presented in Table 1 and Table 2. In case the specific schedule will not hold, efforts will be made to hold lectures and

student presentation sessions during 2 days the following week in order to be able to finish the course at the latest 28 May.

Table 1. Principal lecture day schedule for the 15 video link lectures and student presentation sessions.

Lecture part	Time Uzbek time	Activity
1	14.30 – 15.00	Lecture part 1
2	15.00 – 15.10	Presentation of 2 discussion questions and break
3	15.10 – 15.30	Discussion of questions
4	15.30 – 16.00	Lecture part 2
5	16.00 – 17.00	Break
6	17.00 – 18.00	3 Student presentations with student opposition

Lectures

The planned specific lecture program is shown in Table 2.

Table 2. Specific schedule for the 2025 SDSS course as per 2025-03-15.

Lecture No	Title	Date	First half responsible	Second half responsible
Part 1 – Basics of Sustainability Science				
1	Intro Sustainable Development	19 Feb	Lars Rydén	
2	Resource flows	26 Feb	Björn Frostell	
3	Energy	5 March	Lars Rydén	Kamal Reymov
4	Climate change	12 March	Lars Rydén	
5	Ecosystems, land use, agriculture, forestry, biodiversity	19 March	Lars Rydén	Farkhod Akhrorov
Part 2 – Water and Sustainability				
6	Global water policies - Water and water cooperation in Central Asia	26 March	Bo Libert	Comment from Tynarbek Musabaev
7	Water use and management - Agriculture and Sanitation	9 April	Lars Hylander	Akmal Sultonov
8	Water use and management - Cleaner production	2 April	Björn Frostell	Abror Gadaev
<i>Int. student Conference</i>		7 April	Repr. Uppsala University	
9	The Aral Sea	16 April	Yusup Kamalov	Vadim Sokolov
Part 3 – Society and Sustainability				
10	Urbanization; The sustainable city	23 April	Lars Rydén	Rustam Eshniyazov
11	A culture of mobility; Means of mobility; Energy of mobility	30 April	Björn Frostell	Alijon Oripov
12	Quantification of sustainability; Measuring resource flows	7 May	Björn Frostell	Khusniddin Pardaev
13	Sustainable lifestyles and the dilemma of economic growth	14 May	Lars Rydén	Farkhod Akhrorov
14	The process of individual change	21 May	Lars Rydén	Rakhmatulla Nurimbetov
Course finalisation				
15	Discussion and Conclusion	28 May	All teachers and students	

The course lectures and discussions have been divided into three main themes (cf. Table 2):

- Basics of Sustainability Science
- Water and Sustainability
- Society and Sustainability

Each lecture is divided into three main parts according to Table 1, where (i) the first general part is presented mainly by Swedish teachers, followed by (ii) a question formulation and discussion part and (iii) a second lecture part – mainly by Uzbek teachers or teachers from other Central Asian countries and with the aim to give a Central Asian perspective of the lecture theme.

Student Seminars

To fulfil the intended learning outcomes, it is required that each student taking the full course should prepare and present two oral contributions in the English language and supported by Power Point slides and/or short films. The Seminars will be organized in two separate Student Seminar Programs, one undertaken in cooperation between Central Asian universities and Swedish teachers, and one carried out at the individual Central Asian universities. Student seminars with Swedish teachers have to be limited to 39 students (see below under Course Admission and Examination, page 7).

Thus, the responsible teacher at each university will have to be practically responsible for (i) in cooperation between student and teacher identify and plan for one presentation per student to be presented and discussed in the main Student Seminar series and (ii) organize a local Seminar where each student is given the opportunity to prepare and present a topic according to the instructions given in Appendix 1.

Both Student Seminar Programs are carried out in English language. SASS has proposed that during the presentation and comments, a Swedish or Uzbek teacher will act as a chairman and give advice to the students both during the presentation and opposition. The Uzbek contact person is obliged to take part in all Seminars and coordinate them locally.

SASS has assumed the responsibility to organize a Zoom link for the course, both (i) for the lectures starting at 14.30 (Uzbek time) each Wednesday from 19 February to 21 May and (ii) the student presentation session starting each Wednesday from 26 February to 14 May at 17.00 hrs (Uzbek time).

International student Conferences

During spring 2025 we will arrange a distant mode discussion conference between Central Asian and Swedish students on April 7 both 13.15 – 15.00 Swedish summer time (16.15 – 18.00 Uzbek time). The participating students are free to choose the topic of discussions themselves. The language used will be English. The seminars are non-compulsory parts of the course. They will be moderated by a representative from Uppsala University.

Course lecture introductions, literature, and course website

Each lecture will have a suggested literature list that will be distributed in a separate lecture list that will contain:

- Title of lecture;
- Short introduction to the lecture content (8-10 lines);
- Participating teachers and a short presentation of them (5-6 lines);
- Suggested readings - literature.

The literature of the course will all be available on the Internet and consists of book chapters and reports from research projects. To this will be added the Power Point pictures from the lectures. All material will be added to the course website.

Course parts

Lectures: 15 x 1,5 hrs =22,5 hrs

Seminars: 13x1 h = 13 hrs per student plus individual preparation time for presentation and opposition

Examination: According to rules at participating Uzbek universities.

Course admission and examination

Admission to the first course part (lectures and discussion) is free, it is anticipated that it will be possible to have a large number of participating students and interested teachers in the on-line lectures. Here, especially B.Sc. students are welcome to participate besides accepted M.Sc. students. This part would typically be valued with two academic credits ECTS in the European academic system (ECTS=European Credit Transfer System).

Admission to the student seminar part with student presentations and student opposition will have to be restricted to a maximum of 39 students. This number is based on the following practical circumstances: There are 13 occasions when Student Seminars are organized with participation from both Central Asian and Swedish experienced teachers and each Student Seminar will be organized with 3 presentations/opposition, discussion, each with a duration of 20 minutes.

In order to match the ECTS credit requirements for the course, this part would typically be valued to 3 credits ECTS in the European academic system. The reason why the student Seminars are valued higher than the lectures is that it is expected to require more work for the students.

Examination and course credits valuation will be the responsibility of the participating Uzbek and Kyrgyz universities and according to requirements in their academic systems. The suggested 5 credits ECTS, with 2 credits for the lecture part and 3 credits for the Seminar part is only provided as an information about how this course could be valued in the European academic system and in line with the so-called Bologna process for course valuation, where 1 week's work is valued with 1,5 ECTS credits.

At this moment, these admission and examination rules are only suggestions, considering SASS' academic experience from Sweden and will have to be discussed and decided upon before decision.

Participating universities and contact persons

The participating universities and their contact persons and contact information are listed in Table 3.

Table 3. Participating universities, contact persons and contact E-mail in the course Sustainable Development and Sustainability Science.

Participating University	Name of contact person	e-mail
1. Karakalpak State University	Dr Rustam Eshniyazov	esh-rustam@yandex.ru
2. Samarkand State Architectural and Civil Engineering Institute	Dr Abror Gadaev	gadayev.abror@samdaqu.edu.uz
3. Samarkand Branch of the Tashkent Economic University	Dr Farkhod Akhrorov	fahrorov@yahoo.com
4. Jizzakh Politechnical Institute	Dr Akmal Sultonov	sultonovakmal19@mail.ru
5. Samarkand Institute of agro innovations and research	Dr Khusnuddin Pardayev Dr Fotima Saydullayeva	pardayev@yahoo.com fsaydullayeva@yahoo.com
6. Urgench State University	Dr. Mansur Rajabov Prof. Sherzod Kurambaev	m.radjabov04041972@gmail.com sherzod.k@urdu.uz
7. Kyrgyz State Technical University named after I. Razzakov	Dr Nazira kyzzy Baigazy	nbaygazykyzy@bk.ru
8. International Agriculture University in Tashkent	Dr Umar Muhammad	muhammadumar.aslam@rau.ac.uk
9. National University of Uzbekistan	Dr Raima Shirinova	r.shirinova@nuu.uz
10. Nordic University	Dr Maskhurbek Maksudov	m.maksudov@nordicuniversity.org
11. Only B Sc students: Nukus Branch of the Samarkand State University of Veterinary Medicine, Livestock and Biotechnologies	Xojalepesov Polat	polatxojalepesov65@g99mail.com
12. Only B Sc students: Nukus Innovation University	Dr Durdonabektosheva	durdonabektosheva0@gmail.com

Website and Zoom links

Website

The SASS main website address is:

<http://www.aralsjon.nu/en/>

where there is a link to the course homepage.

Zoom link

The main common Zoom link that will be used for the lectures and student seminars is:

<https://uu-se.zoom.us/j/62466977712>

Please make sure to connect to the link in question a few minutes before the meeting – the link will be open from 10 minutes before meeting start.

Others

The distribution of responsibilities between the SASS and the Uzbek universities are according to the following:

- Course responsibility (including course programme, course PM, course lectures and enrolling Swedish lecturers, setting up video links for lectures and student Seminars, leadership of student Seminars, management of Internet course home page) – SASS, Lars Rydén, Bo Libert, Björn Frostell, Christian Andersson and Mattias Vesterlund;
- Coordination of Uzbek partners and necessary course administration in Uzbekistan – Karakalpak State University, Rustam Eshniyazov and a suggested Uzbek coordination group;
- Coordination and administration at participating Uzbek universities including enrolment of students, support to students in preparation of student Seminars – Contact persons at participating universities according to Table 3 above;
- Examination of students, including preparation of examination questions, exam correction and grading – Participating Uzbek and Kyrgyz universities.

2025-03-15/ prepared by Björn Frostell, Rustam Eshniyazov, Lars Rydén, and Bo Libert.

Appendix 1 - Master student presentations and comments

Last revised 2024-02-08

Background

Master students at universities around the world need to develop their skills in writing papers and make presentations. All students have to do this when making their diploma work, but it is common to request both small papers and presentations already during the master studies. It is important to develop this competence. During working life, presentation skills are requested repeatedly, at least for the better positions in companies and authorities.

English language

English language is since the end of WWII the world-wide common language for science, as well as for all international communication, e.g. in air traffic, in business, in culture and in negotiations. As science and engineering is an international undertaking, it is essential for all university students to be able to use the language, to understand spoken and written English as well as to speak and write English. A presentation is a very good tool to develop these skills.

A note: There are some 6000 languages used around the world. If we want to talk to each other we need to have one common language, so-called *lingua franca*. This is particularly important in science since the knowledge of science should be general, valid everywhere and thus we need to share it. In old times the lingua franca of science was Latin. Today it is English, for the better or worse.

Choose a subject

For small presentations, around 5 minutes, the student needs to choose a subject which can be treated in a few minutes. The subject should be chosen well in advance of the Seminar and in dialogue with the local teacher/advisor. Thus, pick a very limited question, such as what happened at a particular site, in a particular process or with a particular substance. Then learn enough about the topic, much more than is possible to include in the presentation. Search information in books, on the Internet or in research publications. This allows you to develop your own understanding and opinions on the topic. If it is at a nearby site take photos and show as part of the presentation. An obvious possibility is to choose a part of the future diploma work.

A Seminar schedule

We need a list (schedule) of the presentations. The idea is to start creating a living document and gradually fill in student seminars, beginning already at the start of the course. This living document should be updated regularly and at least one week in advance, next week's program should be ready. The living document should contain the following information: Topic, title, student name, name of local teacher/advisor and finally name of student discussant. Responsible for the living student seminar document is Rustam Eshniyazov (esh-rustam@yandex.ru).

Outline the presentation

Make an outline of the presentation. Note that you need to make it understandable for your fellow students who know very little about the topic. Thus introduction, description of the situation or problem which you want to address, and finally what could be done to improve or develop the topic.

Make pictures, ppt slides

For a small presentation there is room for no more than say 5-8 pictures, or even less. Then there is about 1/2 to 1 minute for each slide. During this time everyone in the audience should be able to read the text and understand the picture. There is thus room for only a few words, a line or two or three. For each fact or piece of information you have found somewhere and cite, you must give the source, i.e. a reference or a link. It is simply illegal not to do that. On the first slide you should always include a title of your presentation, your own name and affiliation (where you belong). It is customary to include a “thank you” on the last slide.

Rehearse the presentation

When you are done you have to rehearse the presentation to yourself, or even better to a student friend, so you know for sure what you want to say for each slide, how to read the words and what is the main message of the presentation.

Comments to the presentation

To give the audience a better chance to understand the subject presented, it is customary in academic discussions to have a so-called discussant. A discussant's task is to closely examine what is presented. In student seminars this opposition may be named “Comments” instead of “Opposition” and this term is used in the Sustainable Development and Sustainability Science course. The discussant's part is expected to be prepared by a fellow student who preferably is getting access to the presentation beforehand and has the chance to read it carefully and prepare comments on it. These comments should highlight the strong and weak aspects of the student presentation in a fair and objective way.

A very important aspect of such comments is to foster the development of a critical thinking among the Seminar participants, i.e. the presenting student, the discussant, and the audience. As a support for the discussant, a simple so-called SWOT analysis could be a useful tool. A SWOT analysis (Strengths, Weaknesses, Opportunities, Threats) aims at identifying and listing specific strengths, weaknesses, opportunities and threats to a successful implementation of the results or the arguments of the presentation.

Questions by the audience

The last part of a student presentation session including comments is to allow the audience to raise questions. Typically, a student presentation, student opposition and following questions part in the course will require 20 minutes in total.